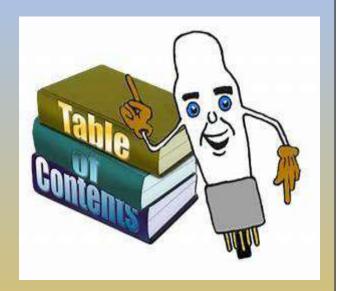


# PODAR INTERNATIONAL SCHOOL (CAMBRIDGE INTERNATIONAL), Kalyan

**Bi-Annual e-Magazine** 



- **Editorial Column**
- ➤ Director's Message
- > Principal's Message
- > Precis
- > Art Corner
- > Activities
- **≻ Media Coverage**
- **Achievements**
- **Class Photos**
- **► Links to Follow**





#### **EDITORIAL COLUMN**

Welcome to the 15th edition of the annual magazine of Podar International School (Cambridge International), Kalyan. we are really proud and exuberant to acclaim that we are ready with all new hopes and hues to bring out this issue, which is going to surely unfold the unraveled world of the most unforgettable and precious moments of the school.

The "HARVEST" is to be viewed as a launch pad for the children's creative urges to blossom naturally. As the saying goes, mind like parachute works best when opened. This humble initiative is to set the budding minds free allowing them to roam free in the realm of imagination and experience to create a world of beauty in words.

The enthusiastic write ups of our young writers are indubitably sufficient to hold the interest and admiration of the readers. This souvenir is indeed a pious attempt to make our budding talents give shape to their creativity and learn the art of being aware because I believe that or success depends upon our power to perceive, the power to observe and the power to explore. We are sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our young buddies will surely stir the mind of the readers and take them to the surreal world of unalloyed joy and pleasure. We have put in relentless efforts to bring excellence to this treasure trove.

It gives me immense pleasure to ensure that this magazine has successfully accomplished its objective. The reflection of the students' creativity and achievements is the epitome of the magazine. Students have put forth their ideas and thoughts that are too deep to be expressed and too strong to be suppressed.

I wish you all a fascinating journey through the "HARVEST".



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### **Director's Message**

It is my utmost pleasure to address all students through this school magazine. Today, I want to share with you my thoughts on having a vision.

We all have dreams and aspirations, but without a clear vision, they remain just that - dreams. A vision is a clear, concise picture of where you want to be in the future.



A young girl named Radhika loved plants and would spend her time in her little garden. One day her mother asked her "Do you have a vision for what you want to be? What kind of impact do you want to make in the world? What makes you happy?

She thought for a while and told her that she would love to be with plants and help to grow healthier plants without any diseases.

Once the roadmap was clear, she started researching on opportunities in plant sciences, and ultimately became an agricultural scientist specialising in plant genetics.

Her roadmap guided her towards her goals and helped her stay on track, even when the going was getting tougher.

Having a vision is not just about setting goals; it is about finding purpose and meaning in your life. It is about finding something that you are truly passionate about and dedicating yourself to it with all your heart.

So, my dear students, I urge you to start thinking about your vision today. Dream big and believe in yourself. With hard work, dedication, and a clear vision, you can achieve anything you set your mind to.

Best wishes for a bright and successful future!

Dr. (Mrs) Vandana Lulla
Director Principal
Podar International School

Santacruz



### Principal's Message

The whole purpose of education is to turn mirrors into windows." –

Harris Sydney



A wonderful term has started and students have settled in well.

While we cross the milestone of several wonderful years in Cambridge International, we are really proud to continue offering a spectrum of education to our students claiming the fact that we have not only been educating the minds of our youth, but also their hearts. Students become the subject of teacher's actions, target of teacher's thoughts and complement of teacher's endeavors. Hence, we strongly support interdisciplinary research and development for the benefit of our students and society at large. We aim to not just impart knowledge to the students, but also to inculcate in them - wisdom, compassion and a humanitarian spirit. It was Margaret Mead who said "Children must be taught how to think, not what to think," and to enable this, our motto of Knowledge, Imagination and Innovation is encouraged through a holistic approach. "To motivate the weak, To address the average and To challenge the gifted" is the educating vision of our school.

In terms of teaching & learning, the school continues to sharpen the disciplinary focus on each subject and that the focus is on preparing our students for the IGCSE and beyond. It is not only about the marks and grades but also the skills and values that one should have in facing the challenging world of tomorrow. In terms of non-academic areas, our school is also pushing in many different directions. We are providing more opportunities for developing student leaders at all levels and increasing exposure of our students in competitions and benchmarking of other students in various international sports and academic competitions besides this, we at Podar CIE spotlight on Character Building. In an already packed school day, finding time for character education can be a challenge but it's an important facet of education because we believe that Character is the tree and habits are the seeds you sow to reap it. If you invest in good habits, you will reap good character and if you invest in good character you will reap a successful destiny.

We are indeed grateful to the parents for reposing year after year, such complete confidence and entrusting their children to us to mould them into worthy citizens of the society.

Last but not the least I would like all my Podarites to follow some inspirational lines well said by the Swami Vivekananda - Take up one idea. Make that one idea you're life-think of it, dream of it, and live on that idea. Let the brain, muscles, nerves, every part of your body, be full of that idea. This is the way to success. But keep in mind always that you should never try to become a person of success, but rather try to become a person of value."

Mr. Sanjay Nandi

**Principal** 





### The scary night ride

Scrolling through my phone gallery I found a picture of one of our best trips. So, it was the month of December I was at a hotel in Manali with my friends. It was around 5 pm and the temperature was 0°C with cold wind breezes. We were on our ride from Maharashtra to Manali on bikes. We were packing our bags on the bike and all the luggage we carried. It was really cold so we kept our jackets, raincoats, and wind sheeters ready with all the riding gear. We decided to have a cup of tea before leaving. Just then, the waiter arrived and told us to leave the next morning because it was already 6 pm and we were going to go from the Rohtang pass route which is extremely dangerous.

It is been said that we should not travel from that route at night because the people who go there never come back. We made fun of the waiter and we did not listen to him. We thought of experiencing it once because there must not be smoke without fire. We finally began our ride at 6.30 pm and it was almost dark. We were shivering during the ride in the mountain as it was super chilled. There were single-lane roads with big chunks of glaciers beside us with black ice on the road which made it slippery. We finally reached the foothill of Rohtang pass at 9.30. It was fully dark and even a single light passed around. It was just the headlight of our bike from which we were able to see. Our hearts were racing. We looked at each other and just started the bikes. Suddenly it started snowing and we were not able to sit and ride so we had to push our bikes while we walk. After some time a truck came behind us. We went to ask for help but there was no one in the driver's seat. That was seriously scary. After a few meters, we saw a dead cow beside the road. The eyes were wide open and the tongue was outside. Even the white snow got red due to blood.

We were really frightened and our legs were shivering due to the cold. All of a sudden it started raining very heavily and it was very hard for us to push the bikes we regretted not listening to the waiter. While we were going we heard a twinkling voice from the grass and a white blanket has fallen. No one spoke to anyone and it was a creepy silence. As soon as we reached the top we saw a boy sitting on a rock with a blanket on him. We did not take the risk to stop thought. When we started moving down the slope we saw a military base camp. We discussed it amongst ourselves and decided to spend our night there. We parked our bikes and went inside. We did not see anyone so we slept. It was 6 am when we woke up. When we went outside, we were down the mountain and we were surprised. This was creepy.

#### Aarya Sawant Grade 9





#### **Trip to the States**

This trip started on 29<sup>th</sup> April 2022. It was a sunny day and I boarded the plane with a plethora of emotions. I was feeling sad because I was leaving India- My home country for 2 and half months but I was eager to see what the United States of America had to offer. The plane rides were true breezes flight attendants were kinder than ever and the amenities were present abundantly.

After my flight, we haunted in Paris for approximately seven hours. The fresh and posh ambiance of the airport made it stick out from the others. After a tiring time, we boarded our second plane to Atlanta, I cannot express in words how I felt when I saw my aunt and cousins after six whole years. Tears sprung out from my already watery eyes. It felt magical to meet someone who is so close to you but lives tremendously far away.

The next few hours were well spent catching up with all the interesting stories everyone shared. I felt ecstatic and the feeling of hesitation instantly left my heart. The next two months went by quicker than a gush of wind. As we explored the country, new memories were made, new people came into our lives and most importantly, we reunited with the people we love.

Leaving the place was the most difficult part. Watching all the faces which were once filled to the brim with happiness, now weary and sad to see us leave was heartbreaking. At the end, I would die to go there again, but won't be the same.

#### Sumedha Zope Grade 9







#### **Jokes**

- 1. Why everybody wants to be a friend with mushroom? Because he was a fun guy (Fungi)
- 2. What will you call Wi-Fi if it looses one of it sticks? Wi-4
- What will you call a cute door?
   A-door-able (Adorable)
- 4. What will you call a witch who lives on a beach? Sandwich
- 5. Why Physics Sir divorced Biology Ma'am?
  Because there was no Chemistry in them
- 6. Who is the boss of Ducks?
  Frog because he is Main Duck
- 7. What will a Duck boss tell to its employes?
  Quack-Quack kaam karo
- 8. What is the difference between a bird and a fly?
  A bird can fly but a fly can't bird
- What do you call a famous fish? Star fish
- 10. How will Harry Potter order at a South Indian restaurant? Wingardium- LeviDosa

#### Deshna Wadhwani Grade 7





### My Experience while making VOB Car

So, I choose to make a car voice, obstacle and Bluetooth car. Firstly I needed to buy the parts for it like 1. Hrdiuno 2. Motor driver 3. Sensor 4. Bluetooth Module 5. TT motor and wheels 6 Chasis and Batteries

So, these were some parts that I bought to make the car. These parts cost me around 3000 Rs on 1<sup>st</sup> Jan. I started making them first I joined chasis and wheels. On 7<sup>th</sup> Jan I sticked all the parts to car chasis. On 12<sup>th</sup> Jan I did all the circuit work and then did soldering of it so that they should not come. On 16 Jan I did the final work which was to put the codes in it. But unfortunately, I was not successful. I showed my car to our robotics teacher, but he said that the codes were wrong, he sent me codes which manually written, but I was not able to forward in Hrdiuno because Manifesta was on the same day.

So, this my journey of making a car, even though I was unsuccessful but sir said "you tried, and you can do better". On 5<sup>th</sup> Feb our principal sir asked some students to make an innovative electric project. I am working on it. I am making a door safety lock, which opens the door when we show the correct code. I hope I will complete it.

## **Dhruv Waghode Grade 7**





#### The End

The sun is shining bright. It's Sunday I woke up late in the morning. My mom makes me breakfast. My dad was getting ready to go to his office. Then suddenly the day was turning dark. Suddenly I saw the moon at 12.00 clock at noon. The TV was on and my dad turned on the news. In the news, they were telling that the moon is coming towards them as this news was everywhere. I freaked out. This was the same thing that came into my dream. Then suddenly I heard the news people saying that there's a rocket that will take us out of this planet. But there is a problem well it is in Bangalore. It's in the opposite direction. As we were talking the moon came closer. At the same time, many places started to get destroyed near the coast. Because of the moon's gravity, the places near the coast are flooding as the water is rising on high. Then on news, they showed the map of the earth and there I saw that there's a night on both sides so that means that is not the moon it's an Asteroid! Then I started packing bags same did my mom and dad and everyone in my family. All my neighbors sat in their cars and went. Then from behind the asteroid came a huge ship. It was 10 times the titanic. That's what the news people said. On my mom and dad's mobile phone, there were all these phone calls from my aunts, uncle, and even unknown people asking if you want the ticket to the rocket. I said yes then it said the rocket is going to take off in one hour like what my dad said it takes us one hour just to reach thane so how can we reach Bangalore. Now the asteroid and the spaceship were so close. Now I was thinking that If the rocket takes off it will crash into the asteroid. I packed all the stuff that I needed. The same did my parents. We all got in our car and got out. Then suddenly booooom the asteroid crashed behind me just in India it was all over the world in minutes entire earth was under alien rule. The big building-like structure came on earth and aliens told us to go in our military was defending but even they were forced to go in. But I was looking towards revenge as most of my family was dead. I went to the military room and there.

Aksh Panvelkar Grade 6





### **The Pompiee city!**

Once upon a time, there was a beautiful city called pompiee and it\_was full of greenery all\_were good but an incident take place There were many houses near it and there was a waterfall and many volcanoes, and gardens too. One day an incident took place where the mountain called mount views it was just for 5 sec but many people lost their lives and also many waterfall plants got destroyed and a boy was in his room chocked in a room and died there were many amphitheatres, bathtubs many more at that time there was. It was a very very rich and many people come and enjoy the amphitheatre and the volcano was very dangerous all died no one was left in the pompiee city and the volcano was so dangerous from it the many trees got destroyed and now pompie started and now it is beautiful and too good.

Viha Singhvi Grade 6





#### **The Black holes**

Outer space is full of 'mysteries' and Questions about what will be there out of the solar system. It can be anything but one of the scariest things in outer space is the black hole. The Black hole's gravity is so dense that not even light can pass through them. They suck every plant that comes in their gravitational force. One day a very powerful telescope. The Hubble space telescope took a picture of where it was looking dark and the scariest of all but there was something strange in the picture there was coming from; the black hole it looking like the computer generate picture but no one knows that where is that light, coming from and why is that black hole so weird. There are alternate black holes that are called white holes. They are believed they are more powerful and have more gravitational force than any other black hole and there is a saying that whichever thing goes into the black hole comes out of the white hole.

Darshil Chavan
Grade 6





### **Visiting Amsterdam**

Amsterdam is a city and port of western Netherlands which is connected to the North sea. It is the capital of the Netherlands Amsterdam is a historical attraction for its collection of great art. Amsterdam is a year-round destination. However, the peak to-visit season is between May and August when the weather is at its best There is a monthly break of Amsterdam's climatic conditions so you can plan when to go from May to August, Amsterdam enjoys pleasant weather from May to August.

The whole Amsterdam is famous by Willem Drees, he was a Dutch politician of SDAP Co-founder of Puda, and prime minister of the Netherlands from 1948 to 1958. Amsterdam is relatively small, and the city cozy vibe. Many places are easy to reach by public transportation or bike.

Aditya Yadav Grade 6



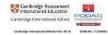
### The Hospital

I opened my eyes & found myself sitting lying on a bed in I.C.U. I was surrounded by machines, monitoring me 24/7. When I looked around, I saw my hand & my leg covered with bandages & plaster. The last thing I remember? was that I was sitting in my car and another car clashed in our car. There were no nurses around nor were my parents. When I looked in the clock, I realized that it was 3 am. There was a wheelchair just beside me. I somehow sat in the wheelchair and went out of my room. I was alone in the dark halls of the hospital. No nurses, no peons, no doctor, just me! I was terrified by the loneliness & quietness of the place. Suddenly I heard a "Clap!" sound behind me, closer to my ears. I turned back and found no one. Suddenly, somebody pushed me down from the wheelchair. When I looked back to see who did it, I saw a dark figure!

That figure grabbed my leg & dragged me towards a place where I don't belong! "Tring! Tring! my alarm started ringing and I realized that it was all a nightmare. "Gosh, the worst nightmare I've ever had!" I will never watch horror before going to bed!"

Urja Gupta Grade 6





### **A Review Summary**

This a review with a picture drawn by me of me playing with an upside goggles toy

Day 1: One Sunday morning I woke up brushed my tooth and get dressed up I came downstairs and mum covered up my eyes and boom! Dad surprised me!

Day 2: It was Monday, after school dad and I thought of playing with goggles we were playing hide and seek. I was trying my best to find dad as I could dad I could only see the floor.

Day 3: The best day was in the pool on Friday that's why I had to mention it me and mum was racing in the with those googles on I know it sounds weird but it was the best I could only see the ground of the pool and mum's legs upside down. I had lots of fun I suggest you buy these fun game from summer break.

Iqra Shaikh Grade 6





#### **The Holy Place**

#### Place to explore

The world's biggest temple is Mayapur in Kolkata. It's the place where the divine culture of spirituality is under the supreme godhead 'KRISHNA'. All the devotees there chant the holy name of 'KRISHNA'. People there perform a lot of aartis. Starting with the very first aarti the 'MANGAL AARTI' followed by DARSHAN AARTI and followed by many more aartis. Each aarti has its benefits like MANGAL AARTI improves your mind and sharpens it. There are a lot of activities you can do such as swimming bhajans and dome show these activities could make your story more interesting. Traveling to EKCHAKRA village is a must it is a little far from the temple but the aura there is just so spiritual. EKCHAKRA village is the birthplace of LORD NITHYANDA. Do visit the Prabhupada samadhi. It is the spiritual life of PRABHUPADA. You also can visit the dome theatre. The most attractive place in Mayapur is the VEDIC PLANETARIUM which is said to be made by 2025. On the way visit Rajapur. Gita Bhavan is the place where you get to eat nice prasadam. You should go to Ganga and deposit all your sins. You must enjoy the bhajan's sitting on the boat with relaxing sunset followed by Ganga aarti. How can you reach there? You can travel to Kolkata via flight which would take 3 hours or via train which would take 30 hours. After reaching the Kolkata airport it would take another 3 hours to reach the final destination.

Mayapur is the headquarter of Iskcon. There is an assumption made 500 years ago that the headquarter of Iskcon will be situated in Mayapur Kolkata.

# Anshika Singh Grade 6





#### The Change in seasons

Changes in seasons are very common throughout the world. It is where the weather changes and causes different conditions. The beauty of nature is the changes in seasons, this means every season gives a different look to Nature.

#### **ABOUT IT**

Seasons are all different, in different places, you will find different seasons, with different effects. The seasons are not constant ever and the period of time it slags can also change. The most common seasons are summer, where the climate is hot, the temperature increases, winter where the climate is cold, the temperature decreases, and rainy, where it is total wet around, followed by spring, autumn, etc.

#### SEASONS IN INDIA

Seasons in India are summer, Rainy, winter, and spring. From mid-March to June-mid it's summer from mid-June to mid or end of September it's rainy from winter and mid or end of January is winter and Feb march is spring, Different seasons in India bring different and beautiful traditions and festivals. This is the beauty of different seasons in India.

#### MORE ABOUT IT

Different seasons have their own different beauty, and each of them has another effect on nature. The beauty of seasons implies peacefulness and happiness while enjoying nature.

This is not only what seasons are, they do help in different work of nature like farming. The best time for this is throughout the year, as it is a process-divided period of time. Not only this even different seasons have their own amazingness to visit different places, like in winter the best thing to see is snowfalls which makes enjoyment for Christmas.

Even these changes in climates are important for the environment to keep it balanced throughout the year.

#### **Geet Karwa**

#### Grade 6





#### **Lionel Messi The legend**

Lionel Messi is 35 years old, and has won every football trophy in the world! When he was born, he had football written on his face. As soon as he was 7 years old, his family knew that he will be a footballer. He was doing never-before-seen skills and was dribbling the ball like eating a piece of cake! He was playing for his home Argentina's youth club. His family kept supporting him, especially his grand mom she would take Messi to football matches and be doing everything to make him a pro. At the age of II, Messi found out that he had a growth defect, which didn't allow his body to grow. It would take thousands of dollars for its treatment, but Messi's family was very poor and couldn't afford it. Messi was heartbroken inside, but his inner self told him don't stop chasing his dream. And that's what he did, he never left football. He showed amazing skills, His grandma took a video and it went viral, It ever reached the big club Barcelona (Spanish football club)! He signed a contract with Barcelona at the age of 13! He continued to shock the world with his skills and he invented his skill called the "Messi faint" When he scored the fans would say "How?" But then everyone has their bad times. He lost to Germany in the 2014 world cup in the final but won it in the 2022 world cup final. Then he lost to Chile in the Copa America final in 2016 But won it in 2021 Copa America. He played for his national team Argentina in all national competitions. But, after those drawbacks in 2014 to 2016. He was still improving at Barcelona. He won multiple leagues. But in 2021, Barcelona was having financial issues. He had to leave the club after he spent 2 decades at the club, but he had to move on. So he joined the French club Psg and moved on. He had some issues at the start but he started to score goals again and become the best again. Let's not forget his 4 champion's leagues 7 balls on doors, multiple La Liga titles, and many more. In short, He is the greatest of all time (GOAT)

#### Havyn Balani Grade 6





### **Facts about Animals**

Crocodiles cannot stick their tongue out.

Starfish do not have brain.

Only female mosquitoes bite

Elephant only mammal on earth that can't jump

A shrimp's heart is in head.

Sharks lay thee biggest eggs in the world.

Bats have thumbs.

Abubakr Moulvi Grade 3





### **My Mother**

My mother is the best

She never ever rest,

She works hard day and night

To make my future very bright

She teaches new things everyday

And there is always time to play

She is like a teacher to me

That is why I am not afraid to be me.

One day when I grow up

I would like to thank her

I love my mother very much

And she also loves me very much

#### Atharv Pawar Grade 4





#### **The Tenth Man**

There were 10 men, they went to a river for having a bath. They were grabbing their hand then when they came outside that time they left the hand they count each other the senior men said they were nine men outside the river but they were very confused then they called a person who came from mental hospital then they ask the person that how many are there? Then he said "we are only 5". Then they left from there and then they move ahead they ask a small boy that how many are they. He said 9 but they thought that he is a kid so they leave ahead then they saw a cap vendor who was selling caps the man ask him about how many are they? The cap vendor gave them one cap to each and then said to wear it and then he counted the nine of them and he counted himself also with them and then he said that we are 10 then the senior men agreed and went to home after a while the tenth man met the cap vendor and said that the cap vendor saw nine persons like him, he sell a cap to him also and said to go at his home because the nine of them went to home and the cap vendor had a profit because of that tenth men and the cap vendor was so happy.

Dhriyansh jain Grade 7





#### Dare to dream.

Close your eyes and let your imagination fly away.

See a picture of where you wish to be one day.

Let the colors of your heart take command To paint the picture of your dream and place it in your hand.

Hold on tightly and nurture it,

but allow it room to go.

When you reach your dream, open your hand and let it go.

Close your eyes and search for another, caring for it as before.

Never stop searching achieving and letting go, since that's what dream are for.

#### Dishita Bhanage Grade 9





#### **Moon Child**

Yes, she was the child of the moon wondering aimlessly in the dark; with irk in her head and stubbornness throughout. Withal, bringing light to everyone around, like a firefly ceaselessly through the hours of darkness, so merge yet so lambent. Not everyone around her knows the void she holds within, all she does it cast her silver spell, on the way to her journey she graciously falls apart, inching everyday towards eternal dark, and preaches; this too, shall, pass.....

Gunika Bahrani Grade 9





### **Try Try Again**

T Is a lesson you should heed, If at first you don't succeed, Try , try again Then your courage should appear, For if you will persevere, You will conquer, never fear Try try again; Once or twice though you should fail If you would at last prevail, Try try again If you try never fear Your courage will appear, Try, try again Its ok to fail You will at last prevail, Try, try again.

Jiya Tulsani Grade 8





#### **Different mudras of Yoga**

Yoga is a part of exercise which focuses on bringing harmony between mind and body.

Yoga makes our body fit and flexible. It refresh our mind and distracts from laziness.

Keeping the palm close after the meal for 15 mins to aid digestion.

By doing the mudras it cures cancer diseases.

Mudra balance the elements of space, air, fire water and earth in our body.

Mudra can be done anywhere.

Yoga is derived from Sanskrit word "yuy" means join main aim of yoga is to control over the mind.

Different mudras of yoga are as follows:

Gyan Mudra

Arham Mudra

Vayu Mudra

Chin Mudra

Back Mudra

Prithvi Mudra

Gyan Mudra: Thumb and index finger are touched.

Rest fingers are straight improves concentration.

Arhan Mudra: Mudra of knowledge.

Bend the index finger and put the thumb on index finger rest fingers are straight self-confidence.

Vayu Mudra: Vayu mudra means wind.

It supports breathing.

It directs breath to the chest, side ribs and upper back, mudra of air.

Chin Mudra:

Chin means consciousness relieves stress and calms the mind.

It sharp your memory.

Back Mudra: it is for back ache. It reduces muscle cramping sever back pain can be reduced.

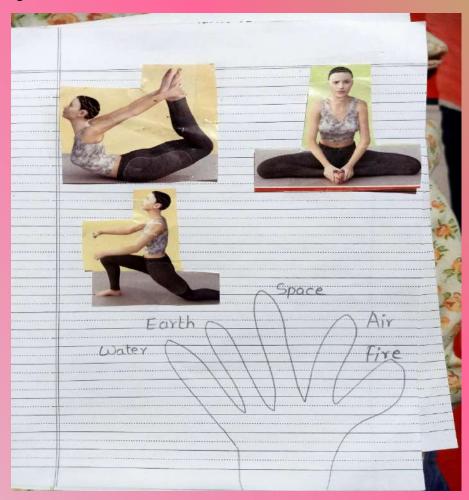
Prithvi Mudra: Do it for 20 mins.

Thumb and the ring finger is touched with little pressure.

It reduces diabetes.

It reduces hair loss.

It makes the skin glow.



#### Mihan Bafna

Grade 1





#### **The Prize**

Thundering through the field, she could feel the tingling taste of blood creeping up her throat. With her heart racing wildly, Kaylee tried to put as much distance between her and the condemned house as she could-anything to avoid being caught.

After it felt as if she had been running for hours, Kaylee collapsed in a spluttering heap. Trying to make sense of what she had just done-the heinous crime she had just committed- she shakily stood up. In the distance, a spiral of smoke had risen above the treetops. The challenge...the match...the first spark, and worst of all: the way the flames had engulfed the house immediately, silencing the screams of those inside. She had done that, Kaylee thought. She had murdered innocent people. The very thought sent he back to the ground. With rattling, panicky breaths, Kaylee forced herself to understand why she had done this; it was the only way to get the prize.

Rumoured to be worth five million dollars, she and her family desperately needed it to provide them with sustenance. So, when playing the game had become a trend, she had jumped at the chance to join. The rules were simple: there were one hundred tasks and whoever completed them first would win. But, there was a sinister twist- the tasks would get harder and harder each time, to test their morality. The first task had been to give someone a sweet. However, Kaylee's ninety-ninth task had been to commit arson. Now, she only had one task left.

Sighing, Kaylee took out her battered phone. Almost immediately, it buzzed. Her last task. Finally. With bated breath, she tapped the notification. Looking at it, her heart dropped to her stomach. No...no-it couldn't be. She couldn't do that-she wouldn't! But within seconds, the thought of her family had resigned her to the fact she had to. She would commit murder.

The next morning, Kaylee woke with her mouth set determinedly. She knew exactly what to do. A couple of years back, her grandfather had passed away and he had left his soldier's rifle in her family's possession. Despite their poverty, they had never sold it, even through the worst of times. It was the sole memory better days that had passed. And it was perfect for what Kaylee had to do. Pulling it on her shoulder, she began walking to school.

Once Kaylee arrived, every eye turned to look at the gun slung at the back. Fear flitted through the crowd, mirrored on the faces of many as they wondered why the classmate they knew to be quiet and kind was wielding a gun. Ignoring them, Kaylee slowly turned the barrel so it was glaring at the

face of her childhood bully. Ah, at last, revenge was hers- and it was sweet. She pulled the trigger in cold blood.

BANG! All of a sudden the crowd rang out in screams, cries for help reverberating around the air. She had actually done it, Kaylee thought numbly; she had completed all hundred tasks. The prize was hers. But before she could utter a single would, two arms found their way through the haze of blood and mist, wrapped themselves around Kaylee and swept her away like the wind.

Waking up from a strangely dreamless sleep, Kaylee found herself in an unfamiliar room. A blinding white gleamed on the walls, the floor and even the clothes she wore. Suddenly, a wall slid open, revealing a woman in a lab coat. Despite the emotionless mask the woman wore, an expression of hatred haunted the shadows on her face. It was all Kaylee needed to tell her this wasn't good, but still, she persevered.

"My prize..." she stuttered, "I completed all the tasks."

"Ah. Well you see, there is no prize. The game, was a government experiment to test how desperate people were for money. How far they would go for money, you could say. And you were the only person who thought money was worth more than innocent lives," replied the woman, barely disguising the undertone of disgust in her voice. Her words broke Kaylee. There was no prize. There was just her- a girl that was push the limits of the law, rip apart lives and families, for a cash prize. She was a monster.

#### Misha Sirnani

#### **Grade 9**





#### **Future Empires**

In future, Technology will make travel safer, more sustainable, and more efficient than ever before. Our cars will be electric and autonomous. Some of them would not even have steering wheels! They will coordinate will the help of sensors, radars and cameras. One can socialise through animated holographic screens built right into the car dashboards. Future public transports will be sleek, smooth and sustainable! They will run on high-performance batteries and will be built out of light weight materials.

Through sensors embedded in roadways and street lights, real time transit and traffic can be managed by artificial intelligence to reduce travel time in long distances and fuel inefficiencies. All objects will be as smart as our phone. House robots will overcome navigation, direction, and object detection issues, enabling them to carry out tasks more efficiently.

# Naman Gayatre Grade 8





# PREPARATION OF SOAPS

### Apparatus Required :

15g NaOH
50ml water
200ml water + 15g NaCl
(common salt)
60ml coconut oil
3-4 beakers
Spoon
Moulds
Soap colour and essential
oil (if necessary)

# Steps:

1. Take a beaker and add 15g NaOH + 50ml water and stir it. 2. Take a beaker and add 15g NaCl+ 200ml water and stir it. 3. Add 60ml oil in the NaOH solution and heat it for 10-12 minutes. 4. Add NaCl solution in the NaOH mixture. 5. Switch off the burner/ gas and let the mixture rest for 2-3 hours. 6. Put the mixture in the mould - you may add soap colour and essential oil to decorate the soap. 7. Let it rest for 1-2 days.

These soaps are Eco friendly and do not harm the environment in any way!!

### SIISTAINABLE DEVELOPMENT GOALS :















Palak Mankani

Grade 9





#### **POEM**

I know it's cliché but if colors were people you would be yellow

A living metaphor of the sun but still manage to put sunshine to shame

All your presence does is nourish

You make water look like poison

It just doesn't fuel the way you do

And I know it's cliché but if colors were people you would be yellow

Not pink or purple or blue yellow

Because you always knew exactly how to ignite even the darkest parts of me.

Prisha Abwani Grade 9





### **Are we living life?**

Today, We have reduced ourselves to reacting, to life, we are not living life. We need to understand how to live life. Not just reacting to circumstances. We are reacting to each other, we are reacting to our needs, and desires and life have become one big reaction. We need to bring back that objectivity, where we understand that this is what we need to do and this is what I am going to do rather than just reacting to circumstances.

Mind is like a computer, the way a computer works is everything is based on the input, whatever is fed in the computer, The output is based on that, so in the same way, if I've fed in Positivity in my mind then the outcome will be positive if I've fed in the negativity of course outcome will be negativity. Sometimes logically we understand this is the right thing to do, but being creatures of habit we tend, to react in a particular manner. We know it's not right but we still react in that manner. Cos that is the input that has taken place over some time. So unless we don't change that and unless we don't put positivity into ourselves and we get into the objective state of mind we will still react based on the input.

#### Pushkar khattar

#### Grade 10





### NUMBERS....NUMBERS.....

- Numbers are fun.
- Numbers help me learn.
- I wake up with numbers on my clock.
- Numbers are what my dad talks.
- I count numbers in school at noon.
- Numbers helped us to go to moon.
- Mom relays on numbers to measure, weight and track.
- So, she teaches me to add and to subtract.
- There are numbers in all my games.
- Numbers helps me count mu friends names.
- Numbers are fun!
- Numbers helps our life run!

#### Renit Goplani

#### Grade 1





#### **The Unexpected Invention**

Icy fingers gripped his arms in the darkness. It was almost midnight and everyone was asleep. The weather out there was freezing. It was snowing heavily, and it was to continue all night. He went to the kitchen to grab some snacks. Looking ahead, he saw a cup of hot chocolate. It looked really tempting, luscious even. Without thinking twice, Paxton grabbed the cup and gulped it down. While returning back to his room, Paxton realised that he was not authorised to drink chocolaty drinks from childhood. It was a huge mistake. However, Paxton did not worry much and carried on with his night. Realising it was four in the morning so he fell asleep.

Next morning as Paxton woke up, he wasn't able to speak. He did think that this could happen due to the chocolate drink. He researched about these problems but this was unheard of. He went up to his mom, giving a letter related to the problem. As soon as her mom read she understood that he drank the hot chocolate and now his throat was blocked. Now it was one week, still he wasn't able to speak. Both of them visited various doctors and surgeons but everyone was unaware about this kind of problem. Coming to a conclusion, they all decided to visit the world's best surgeon Mr. Benjamin William, the well-known doctor for throat infections. The next day they booked an appointment by six in the evening. After the check up Mr. Benjamin was stupefied with such a different case coming up. He asked them to wait for few days. Benjamin researched a lot about the disease. Coming to a conclusion, surprisingly it was a new discovery but it had not solution yet. Mr. Benjamin stated that this was a new discovery and a huge achievement but Paxton has only few days left for his life. His family was really terrified and sorrow. They all returned back home with a disappointing expression. Hence after few weeks Paxton was coughing continuously and during that situation he wasn't able to breathe. After few minutes he lost his life. The doctor knew that he wasn't going to live for long. Although he got a new invention; now he focused how to cure it. He tried and tested many medicines, injections but nothing worked. This was something out of the box. He also got in touch with many well known scientists. They also weren't able to find out what's the measure for it.

It had been a month, still there was no answer to the infection. Benjamin was quite confused that where did Paxton get this disease from. Benjamin decided to visit Paxton's house once. He went there and looked through this room. Deep inside in the cupboard he found a chain with the name

on the pendant "WISH". The problem was he didn't know what it does. Looking deeper, he found some lockets with different names on it. He collected all of them and took it to his laboratory. He wore the first chain. As soon as he wore the first chain with the locket "Wish" on it; a plate full of sweets appeared. He understood that whatever u think of appears in front of the one after wearing the neck piece

The locket indicates the function of the chain. Then he wished for a solution for the bacteria. A green solution in a bottle appeared. He took the solution to his testing area and tested the whole thing. He got the idea of what to make exactly. Finally he got the solution for the disease. Now he was a famous doctor I. He returned the chains to his family as he was an honest one and didn't want to steal them. His family got to know about chains and they also used it without anyone knowing about them.

Revati Lalwani Grade 9





## **The Voice In the Woods**

One night, when I was returning from my friend's birthday party, it was almost 2am. The night was pitch black that, I was unable to see anything. I removed my cell phone, turned the flashlight on, and continued walking on my way home. To reach home early I took a shortcut through woods.

In a while I came near an old crooked house, It is believed that this house id haunted, as few year ago, there was a murder which took place here. That is why it is told that the spirit is still in that house. However I never believed in spirits or ghosts but there was something in this house that gave me chills.

I passed the house and went down the woods, all of a sudden I heard a creepy voice calling me out loud. I stopped and turned behind, but couldn't find anyone out there. I thought it must be some mishearing, so I started to move on my way back, again after few minutes I heard the same voice and it was even louder. I followed the sound and it brought me to the haunted house. I got terrified, however I wanted to know from where the voice was coming.

I unlatched the door, it made a creaking voice. I went inside the house, the dry leaves under my feet made a crunchy sound which was scary. Suddenly, black creepy bats swooped over my head, my heart stopped beating for few seconds. I went on the first floor and checked each and every room but found nothing. My blood was curdling, two place were left to check, one was the backyard and another were the wooden fences which were surrounding the house.

First, I went to the backyard, I was shivering. The air surrounding me was cold, above me, not a star could be seen. My curiosity lead me closer and I soon found myself in the backyard. It

seemed very spooky. I couldn't find anyone or anything that could make that sound. The only place left were the wooden fences.

I went near the fences and checked every wooden fence, but couldn't find anything. I couldn't think anymore where the voice could come from. So I continued my way back through the woods.

The voice followed me, until I crossed the woods. It was the most scariest and unforgettable night for me.

Saachi Shah





## A dream but life

Jack, went down the hill whistling a beautiful song, he had his friends along him, continuing and signing the song along him. A sudden landslide occurred, Jacked was saved by his luck, but unfortunately his friends died in the incident. He was in a serious situation for months in the hospital, Jack was too sad, as he didn't have family, he was all alone. These people were whole would to him. Jack was discharged from hospital after few months. He rented an apartment near the hill, in his memorial towards his friends. The dream was broken, I was the child seeing the dream, it seems awkward, but I can control my dreams, can decide what genre it should be. These dreams gives a good and fabulous content, when I write my stories. When I think of sad genre before sleeping, the same genre dream I see in the sleep. These ideas were totally fresh which no one could think about. This one of my dreams. Jack opened his eyes in the morning, seeing his apartment lonely. He left his friends beside him, it was the saddest moment when everyone left your life, you are all alone, a moment which would bring you to an emotional human. Fortunately I wasn't one of them. I felt that story like a suspense. I was imagining myself on Jacks place. He was an Army officer on a mission for finding out the enemies bus are called outpost. He felt that his friends did not die they were upturned, as I was also saved from landslide, how would they die. And even not their body's were found new incident place. I knew something was fishy, the doctors were telling a lie, they dint knew that actually their friends died or were missing. I started investigating at the incident place, after few days I got few samples of RDX, which is a bomb powder packet, which are used to blast bomb, they have very high frequency of damage. These were used to cause the landslide, I knew something was not right. I started investigating from where the RDX was imported to use. The Government officers got to know, that there were a rumour that 4 kg RDX was imported in India few months back. I went to my apartments and started investigating about the use. I got to know that the enemies were writing us to come their so, they could capture us all. I was lucky that I felt under a rock, it made me injured, but now I will destroy them all. I went on the place, I found out some of the messengers roaming around. Sensing from their moves, I felt that they sensed me around, they all scattered. I already called the force, they all are under custody of army. One of them said that the RDX was used to occur the landslide and capture the soldiers nearby. I reached out but my dream was broken I woke up from sleep. The suspense remained the mystery, what Jack did to release his friends. Every dream has a starting but no one knows what was the end will be it leaves us to brainstorm on our own to think what the end will be, everyone has their own perspective, of accordingly the end will be different.....

#### **Shardul Rawool**



## The old days

The old days,
oh how they seem to wither away,
so fresh in memory,
in a limitless bay.

Nothing to lose, nothing to fret, living life without a regret.

Our minds bloomed endlessly.
in this silver in gold filmset.

Before, we lived for ourselves.

no matter what they thought.

Now every step is calculated, even if that's not what we want.

Back then happiness was within, we were content with ourselves.

Now we search for it everywhere, for several hours, bound in a spell.

Oh, the old days,
so pure and true,
I wish we find a shred of joy,
from the times we once knew.

Srujan Salian Grade 9





## Social Media and Free Speech

Freedom of speech has been a conundrum since the beginning of time. Free speech is being able to say what you want without the fear of any limitations. With social media and the rising generations, the opinions never end. People are empowered by their freedom of speech because they can express their needs and wants confidently to those around them. It can help tackle issues in our community or even nationally. It is imperative for social media platforms to be non-aligned with any ideology and to adopt a formulaic, fact-based approach to what free speech means, to promote openness.

Social media can help free speech because it is a very powerful community. With so many different platforms, it isn't a problem to find a place where people accept your opinions and yourself for you are. Studies have shown that many individuals, especially teenagers in this generation have been accepted online rather than offline. Sometimes, people are stuck with a one sided view of a problem but when we hear other people's opinions it can help us see a different perspective which enables us to better understand the problem and find a solution. Anonymity is a choice you can choose when going on social media. This can be helpful if you want to express opinions about the legislature of your country where any comments on the government are not advised and due to which, the user can be put behind bars. Also, social media is usually free unless you pay for premium services which isn't very common. Hence, it is a cheap and easy way to connect with people around the globe allowing people to share ideas and create or conclude something. However if there is a chance that a political leader or any influential personality comes across your post and either gets you banned or temporarily suspended.

Despite the fact that users may express negative opinions online, it would still be considered a free speech act. Sometimes, freedom of speech can be used to fool users online and spread false information without fact-checking like clickbait. Even though freedom of speech is accomplished online, it has also created a loophole for users to spread false information. If anyone expresses something online which is false or misinformation, they will surely receive hate. It can come in many forms like critiques and sometimes inappropriate comments. This can affect many people's mental

health and it has led to suicide. Due to the allowance of free speech, users get too comfortable on the internet and eventually overshare or publish inappropriate texts or photos on the internet which

totally contradicts the aim of the rule in the first place. Even though there are many rules and regulations in the majority of social media sites, it is impossible to make sure everyone is following them. Due to anonymity, there have been multiple successful and unsuccessful attempts at bullying, stalking and harassing individuals online and covering up the fact by the reason that it was "freedom of speech"

In conclusion, social media is like a double-edged knife, cutting into the minds of today's generation. It can hinder free speech simply because of a mistake or misunderstanding but can also be done deliberately to harm people. With all this negativity, it is also important to remember that social media has helped many individuals find their place in the world by communicating with others on this vast collection of platforms, affecting the mental health of struggling people positively. The future of free speech on social media is unpredictable but everyone hopes that it will eventually lead to a better cause.

# Sumedha Zope Grade 9





## **The Haunted Museum**

On 2<sup>nd</sup> June 2022, there was an exhibition of paintings in the Louvre Museum, which is in the city of France; Paris. There was a girl named Nia she had a smaller brother named Rohan. Nia was a very good artist, and she was keen to see new paintings and learn from them. That night, Nia and Rohan when to the exhibition, it was late night, the wind was dancing. Nia and Rohan were twins, and so they had common friends. One of those friends was Siddhartha, whom they used to call Sid. On that exhibition they saw Sid and they enjoyed with him. Soon it was time to close the Museum and so all of them left. Sid went to the Restroom that time, as the guards were unaware of Sid being inside, they closed the museum. Sid came out and was finding the way out.

In the exhibition there were various types of paintings, like for example – paintings of animals, nature, eyes, and etc. The visitors loved the different paintings. Sid also loved those paintings. Sid was a very calm and soft-heartened person and was loyal also. The paintings were Marvellous, but this was not the case for Sid. When he was locked in the museum, he felt that the painting of eye was following him, while walking down the way, finding a way out. At that moment he felt terrified and suddenly recalled of an incident happen to him, he was kidnapped. And he remembered the torture and fear his family and he faced. That was truly a very bad faze of their life.

He felt the same fear being alone there, and feeling like the painting was following him. Since, Nia and Rohan were busy chit-chatting they reached home, without realising that they left Sid behind. They tried calling him, but his phone was switched-off, actually he threw the phone down there in fear. Few moments later, he hear noises of some footsteps coming closer. And suddenly he heard "Sid get up, its time for you school" rather than the laughing noises. "Get up Sid, otherwise you'll be late for school today", said Sid's Mom. Fortunately this was a dream, he felt relieved, after knowing it was just a very bad dream, nothing else.

#### Mukti Gurbani





## **POEM**

Life is like a painting

You cannot satisfy

Every viewer.

Some will say

It is abstract

And for someone else

It will be collage.

Some may say

It's a Cubism art

Or impressionism

But no one would

Say it's absurd.

Life is like a painter

Who paints beautiful picture

Of our environment very

Clean and clear rivers

Hoping that, one day

This could be correct

Only a painting could

Describe a life of a person

Want's, Colourful, Very bright, Abstract or

Simple

Ranveer Chakraborty
Grdae 9





## Riddles

1. What English Word has three consecutive letters? Answer: Bookkeeper

2. I have cities, but not houses. I have mountains, but no trees. I have coasts, but no sand. What am I?

**Answer: A Map** 

3. A girl has as many brothers as sisters, but each brother has only half as many brothers as sisters. How many brothers and sisters are there in the family?

Answer: Four sisters and three brothers

4. If an electric train is moving north at 55mph and the winds blowing east at 70 mph, which way does the smoke blow? Answer: An Electric Train doesn't emit smoke.

Made By Side

Sidessh Gwalani





# When was the periodic table of elements last updated?

In 2016, four new elements were added to the periodic table.

Those four elements are numbered 113, 115, 117 and 118. The research groups that discovered them were from Japan, Russia, and the United States. Remember how we said elements could be named after a place? Well, three of these elements were named after the places where they were discovered. Their names are .

Nihonium, Moscovium and Tennessine. The fourth element is named Oganesson. It was named after a Russian nuclear physicist named Yuri Oganessian

Meet the Elements			
Atomic Number	Name	Atomic Symbol	Named for:
113	Nihonium The cor	Nh	e for Japan (日本 nihon)
115	Moscovium	Mc The region of	Russia around Moscow
117	Tennessine	Ts The state of Tenne	ssee in the United States
118	Oganesson	<b>Og</b> The Russian nuclear pl	hysicist Yuri Oganessian

All four of the newest elements are highly unstable super heavy metals. **Heavy elements** are those that have an atomic number larger than 92. **Super heavy elements** usually have atomic numbers larger than 112. Super heavy elements are also more **radioactive** and **unstable** than <u>other elements</u>.

Super heavy elements do not occur in nature. The new elements were created in laboratories. Scientists use machines called **particle accelerators** to make **ions** (a charged element) of one element crash into the ions of another element. Ions are charged atoms. When the nuclei crash together, they may join together. If the nuclei join, a new element is created. But these artificially created elements only exist for a fraction of a second before they decay into other elements.

Ms. Pooja Singh
Chemistry Faculty





## **Why Being A Good Person Matters**

Your actions and behaviours help build your reputation. Some people may be known as selfish, money-hungry, or a menace. Others may be seen as kind, generous and faithful friends. Your reputation, among other factors, will help to create the opportunities you encounter in life.

Life choices, have a way of following us for years, sometimes throughout our whole life. Below, we'll discuss how our choices and reputations affect our lives, and why being a good person matters.

#### Good, Bad, And Relationships

Without a doubt, our behaviour (whether good or bad) will impact our relationships with others. Practicing bad habits or acting poorly will eventually make people doubt our sincerity and trustworthiness. On the other hand, having a giving attitude and being honest and selfless are characteristics that people seek when building a long-term friendship or intimate relationship. It's a matter of feeling safe. Relationships are an investment, and people who want healthy relationships will seek out people who make them feel safe, rather than those who leave them feeling uneasy or questioning their worth.

Being good is a personal decision. No matter how much education we receive on the positive and negative effects our behaviour has on ourselves and others, no one can force another to be a genuinely good person. Consider the benefits of being a good person and how good behaviour can impact your life for years to come.

Ms Madhavi Shinde Science Faculty.





## **Listen For Someone Wants to Speak...**

It may seem everything is perfect at face value but you could still make out that something is amiss in your friend or your colleague.

This strange feeling doesn't crop up just like that. It happens because you have been seeing this person since long and you exactly know his/her behaviour is, when everything is normal and when something is not going the right way.

We all believe in giving space to people and not enquiring about something that is happening to them in their personal life. My question is "How much of space should one give?" At times we in the pretext of giving space, completely ignore about what emotional turmoil the person might be facing. This definitely does not mean that we got to poke our nose into other people's affairs.

We can certainly ask gently, once in a while how he/she is feeling. May be someone is waiting to be asked, waiting to open up their heart and speak their mind out. Remember they are not asking for sympathy, they just want to give vent to their feelings which can make them feel better. There are many instances where people have not found someone to open up to and have got into depression or have taken disastrous steps in their lives.

Friends, let's spare some time for people who are around us. Lend an ear to listen and make them feel better. To advise when asked for or just be there to assure them that they are not alone. Finally, let us also respect their privacy and not leak the information which someone has shared trusting you completely. We need to understand, we can make this place a better one by just being kind and loving unconditionally.

Ms. Renuka Alphonso English Faculty





## A Reminder to Self

Lift your head up high,

Right there in the roaring sky!

Those who want to put you down,

Choose to ignore them with a frown!

It takes courage to be 'You',

Never let anyone fade the real 'you'!

Follow your paths and love your dream,

Keep your chaos like a silent sream!

Ms. Monica Poptani English Faculty





## **Jeet**

Main jeet usse nahi kahunga
Jo kisi race ya competition mein hoti hai.

Main jeet usse nahi kahunga
Jo aapko daulat aur shaurat dilati hai

Main jeet usse nahi kahunga
Jo aapko ghamand ka ghut pilati hai

Aur Main jeet usse nahi kahunga
Jo naa milne par aatmadosh ki wajah ban jati hai.

Jeet toh tab hai

Jab apke soch vichar

Karya mein tabdil ho jaay

Jeet toh tab hai

Jab aap pratyogita ko chod

Khudko behtar banane mein lag jaay

Jeet toh tab hai

Jab aap kisi ki kalakari ki

Jas se bhi waqif ho jaay

Jeet toh tab hai

Jab woh kalakari

Kisi ke dil ko chuu jaay

Sahi kaha na maine?

Par kya ye jeet nahi

Jab aapko aapke zimedariyo ka aihsas hojay

Kya ye jeet nahi



# Jab unn budhe maa baap ka Aapke khoon pasine ki kamayi se unka khayal rakha jaay Kya ye jeet nahi

Jab woh maa baap baccho ki sari icchay poori karne ki koshish mein lag jaay

Kya ye jeet nahi

Ek maa bina baap ke bacche ko apne bacche ko bada kar Zindagi ke liye tayar kar jaay

Ya wahi ek anath baccha apni sawar paay

Kya ye jeet nahi

Jab ek gareeb mushkil halaato mein bhi apne pariwar keliyw 2 niwale laa paay

Aur kya ye jeet nahi

Jab ek seema pe khada sainik

Humari rakhaha keliye

Goli khaane se bhi naa katary.

Ab Bas sabse mera ek sawal hai

Agar ye jeet nahi

toh woh jeet kaise

Aur agar woh jeet hai

Toh ye jeet kyu nahi?

Mr. Sarvesh mystri Dance Faculty.





## **SEL (Social and Emotional Learning)**

Why SEL is a Vital part of life?

"If children live with acceptance, they learn to love. If children live with security, they learn to have faith in themselves and others. If children live with friendliness, they learn the world is a nice place in which to live." This is the gist of the poem by Dorothy Low Nolte.

Along with the academics it's our responsibility as parents and teachers to bring up well functioning child. Social Emotional Learning Skills sessions (SEL) are the best way to instil the right values and attitudes within them. These skills as a parent at home and as a teacher at school to be inculcated plays a crucial role in making them able to identify their own emotions, triggers, to make them able to respond to them in a socially acceptable manner and to learn the core human values.

At elementary school level children should have the vocabulary to express themselves. They need words to say how they feel. With the Social emotional Learning skills modules conductions in the school, children are explained "My Emotions wheel" where the children get to know with the basic vocabulary for the feelings. With the various scenarios given they might be asked to label their Feelings. Also, they are taught the classroom rules with fun activities.

Going a level further, Children are taught advance vocabulary for feelings in order to make them able to express themselves in more effective manner. To manage their emotions in an effective manner they need to know the trigger and the appropriate way to express negative feelings like anger and frustration. With various insightful activities to make them practice in school setting like breathing, mindfulness, they are taught to manage these negative emotions. Other topics in SEL sessions like Impulse control, increasing frustration tolerance, respecting others, conflict management, resilience, Gratitude are also handled.



After 2 years of pandemic and online schooling children need to know the changes in socialization and various ways of socialization being possible after pandemic. Making them bring back in the offline school mode it has been a challenging task for them to become organised, Some behaviour and emotional difficulties are also observed. To cope with such issues SEL sessions are playing important role.

As a counsellor, I express my gratitude to play an active role in delivering interesting and insightful modules designed by Inclusive Education Cell (IEC) PIS in our school. It helped me to connect with the children in order to connect to them even after 2 years of huge gap of online schooling.

SEL plays important role not only in the lives of children but, it is an ongoing learning process throughout life. "

"The more you make mistakes more you learn, the more you learn the more you grow."

Mrs. Harshada Phadke.

Wellness Teacher and Special Educator

Podar International School (Cambridge International), Kalyan.































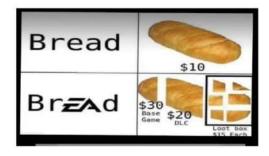
**SEL ACTIVITY** 

When you're playing a horror game and the music starts getting louder



When u tell a whole story and forget to unmute your mic







When you start having fun playing an EA game





Aditya Bhise Grade 8





## Oh Drohi!

Your love was just a delayed ache
Now I realise that you're gone
Recently I dived down the ocean of
Memories
I found you in my heart is where you shall
Always belong

Long Forgotten are your promises

Of holding our hands and growing old

But you turned out to be fabler

For you left me walking the bridge of

Marigold

Now I shall cherish your pictures
Yes, The ones behind the glowing candles
But how do i fathom why
The deep blue sea in my eyes becomes the
Streaming Ganges

You told me, the world wasn't capable
Enough to make a wall separating us
But perhaps was it the play destiny?
Now that your lies have unsurfaced
Alas, tis the candles that separate us



O Ouranos, thou imprisoned by the ropes

Of horizons

Oh Poseidon, confined are you by the

Coasts of sea

Perhaps tis beyond thy power, oh mightiest

Of mighty gods

To imagine my eternal suffering without him,

Oh drohi!

Oh why do I feel your soft lotus hands?
caressing my forehead?
Why do I feel your warm embrace during
my sleepless nights

Why did you have to leave me so soon, oh cruel lover

Did you so love me to only leave me cold heartedly oh drohi?

### Vedika Pal Grade 10





## **Family**

I waited patiently one month for this day, a day in which I would have to leave all my old toys, my old friends, my school, my city, and my country. I have been preparing myself for this task but each time I thought about it, it seems impossible to shift to another place with new people, new language, new culture etc. The feeling of leaving your home is not pleasant. Even when a person is away from his/her home and to their families.

Home is a place where a person doesn't need to hide themselves or be afraid of as it is the safest place for a person. While I was thinking about this father entered my room asking me if I was ready to go and I answered with a non-convincing yes and I asked to give me more 10 minutes.I wanted to relive all the memories of mine that were with the house.

Days and time fly by so fast. Every day in our life is not alike. If we think about our past days, it is not easy for us to remember every past day. There are some days we cannot forget easily and it becomes an everlasting memory for us.

I want to share with you the memories of a day that I can never forget in my life. I really wish it did not happen with anyone. It was a normal day like other in my routine. I woke up early in the morning and was ready to go to school. My classes were over and after spending some time with my friends I returned home. I did not go to the coaching classes on that day as I was a little tired and was not feeling well.

In the evening, I was having tea-time with my family. When suddenly someone knocked on my door. She was an aunt in my neighbourhood. She told me that one of my friends in school had committed suicide. I was really tensed and frightened. I was like a few hours ago I was happily playing with him and he was looking fit and fine. That day I was just sitting in my room and thinking about my friend. I was totally blank about what was happening around.

I would be missing my family at the time. I spent time with them. The amount of love I got from them and all the fun parts with my friends.

Reet Singhvi Grade 9









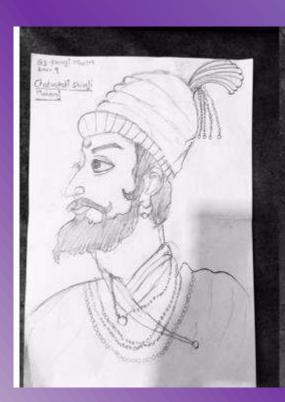














Kanayi Mahtre Grade 3

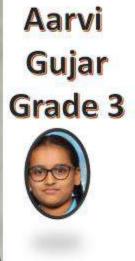




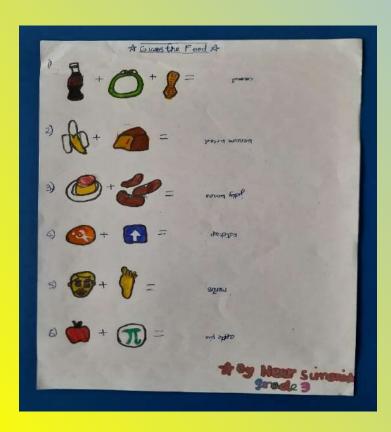






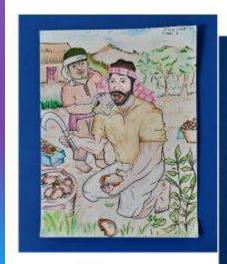


















Shlok Ghop Grade 6







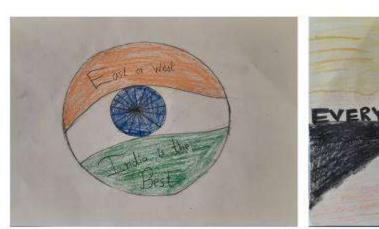








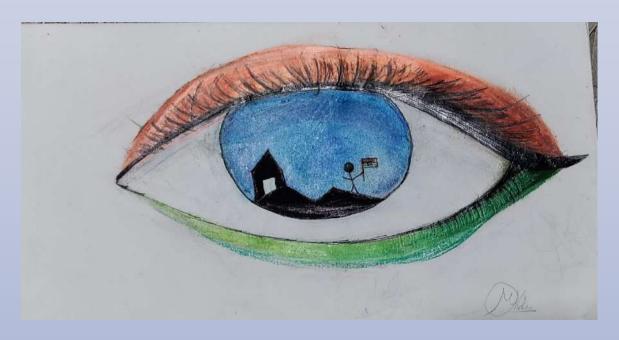






Kritika Gayatre Grade 6





Mahek Kale Grade 7





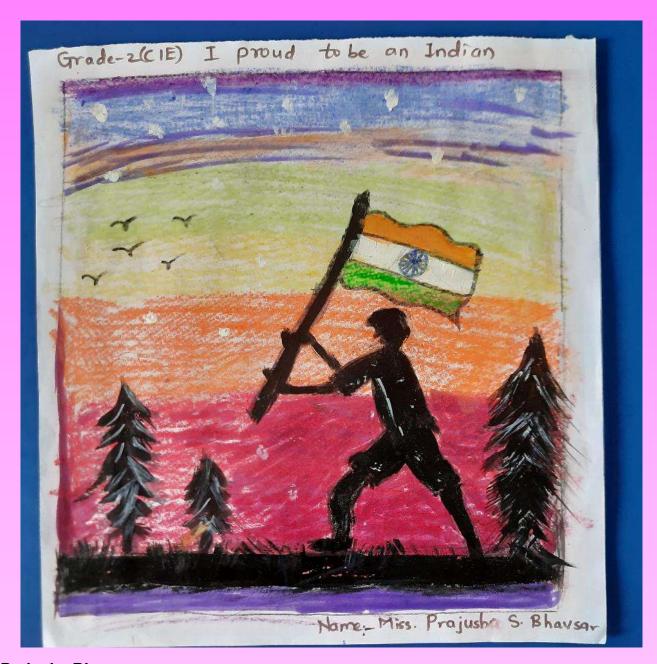
## Manthan Jain Grade 4





Mysha Haseja Grade 2





Prajusha Bhavsar Grade 2





Soham Nandurkar Grade 4







Stuti Madwaikar Grade 4





**Pannash Chellani** 

Grade 1

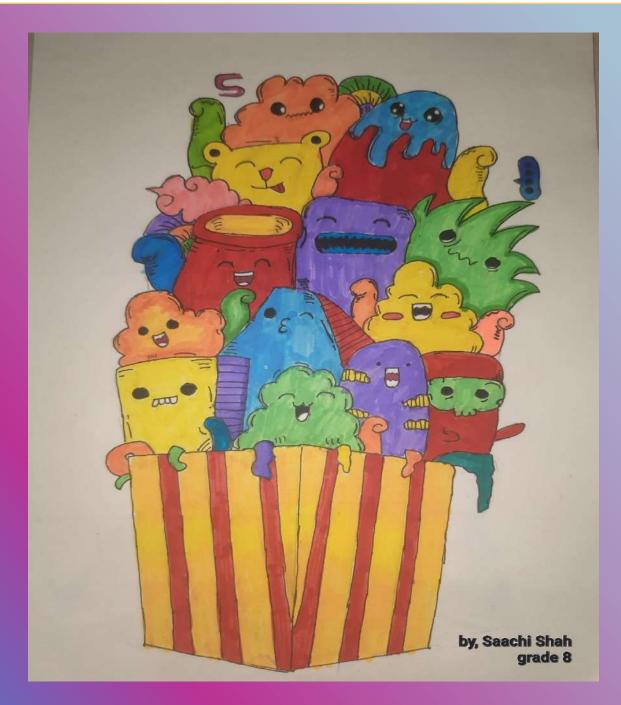




Aaradhya Gurav

Grade 2



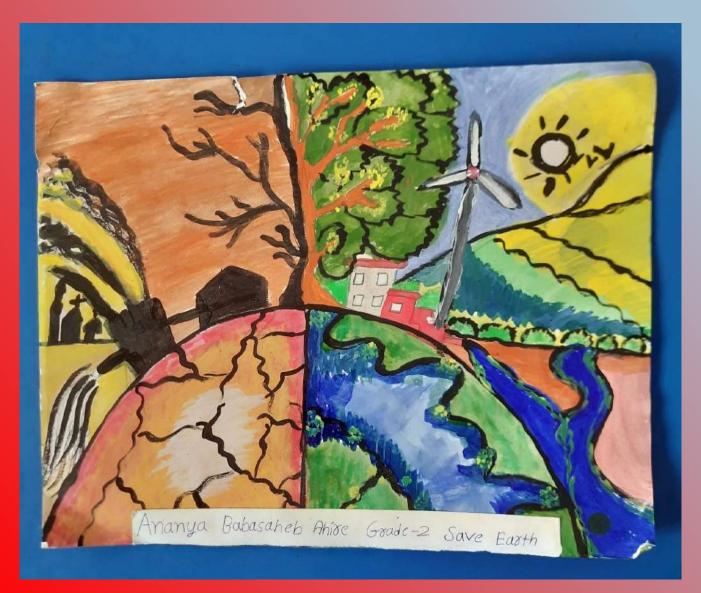






#### Samruddhi Kedkar





Ananya Ahire Grade 2







Anaya vadaje **Grade 2** 





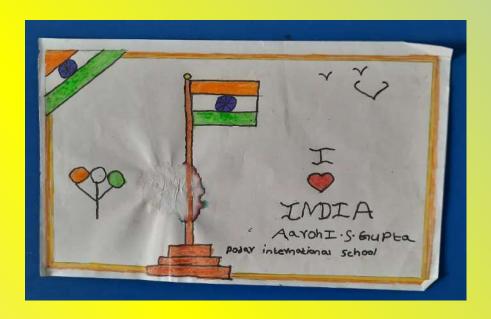
Bani Thakkar Grade 4





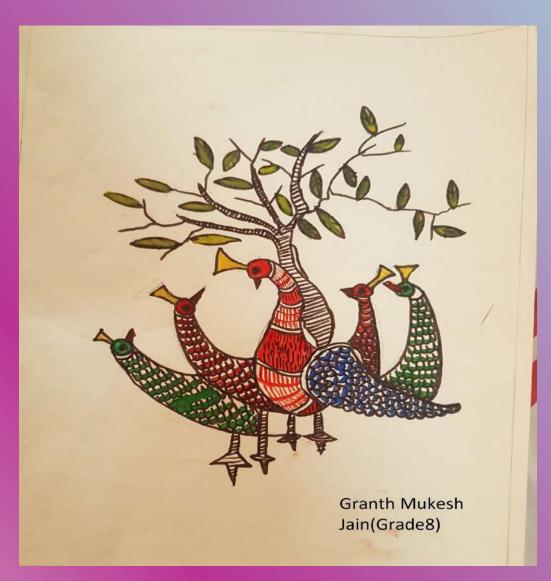
Manushri Thakur Grade 4





Aarohi Gupta Grade 2





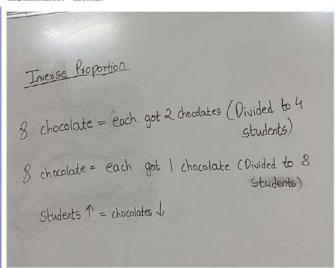
Granth Jain Grade 8



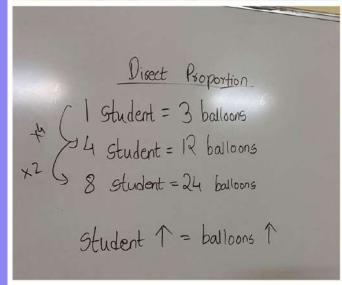
ISSUE-15



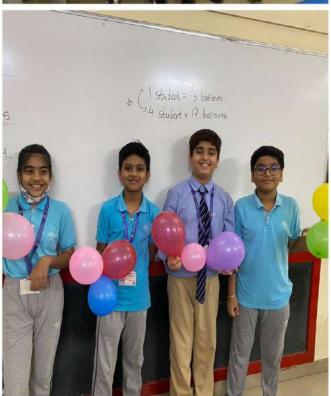












#### **GRADE 5 MATH ACTIVITY ON PROPORTION**





# GRADE 9 ICT ACTIVITY ON SYSTEM LIFE CYCLE





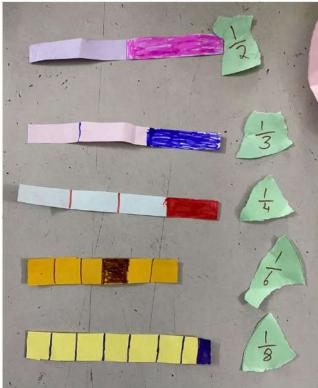
#### **GRADE 1 MATH ACTIVITY ON 3D SHAPES**

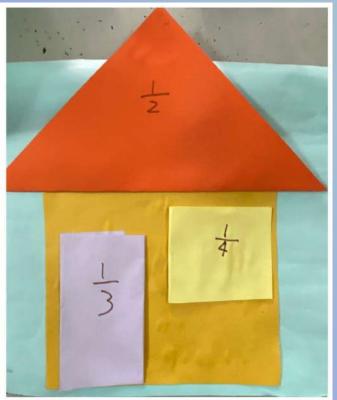


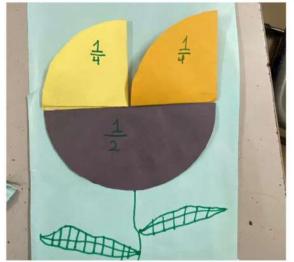


# GRADE 8 CHEMISTRY ACTIVITY PREPARATION OF COPPER SULPHATE SALT

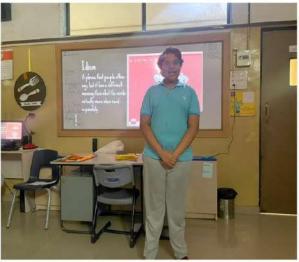




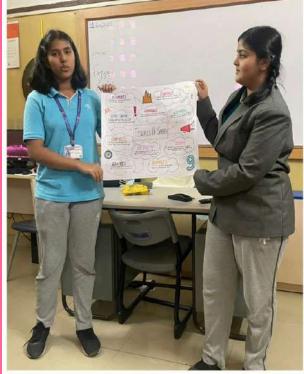


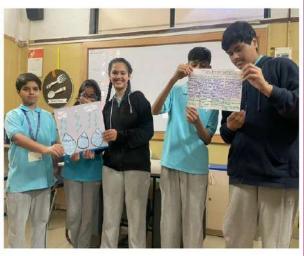


**GRADE 3 MATH ACTIVITY ON FRACTIONS** 







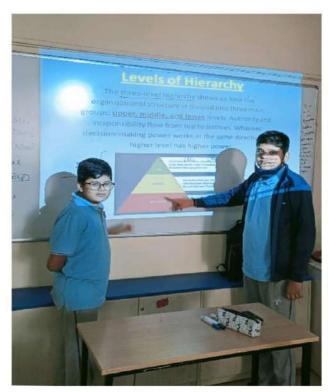


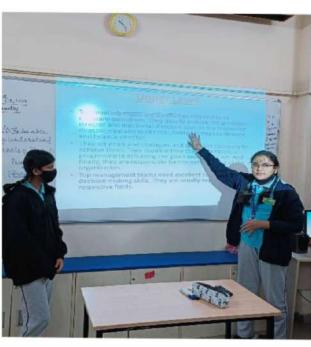
# GRADE 7 ENGLISH ACTIVITY ON FIGURES OF SPEECH



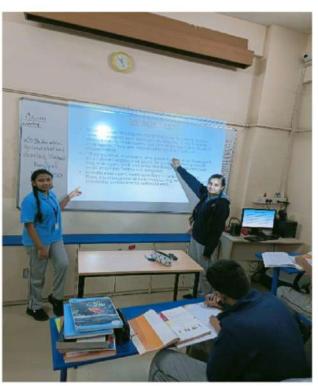


#### **GRADE 3 FRENCH ACTIVITY ON EMOTIONS**









**GRADE 8 BST ON LEVELS OF HIERARCHY** 





## GRADE 9 BUSINESS STUDIES ON CAPITAL AND INCOME STATEMENT





















# GRADE 4 SCIENCE ACTIVITY ON PARTS OF FLOWER



GRADE 4 SCIENCE ACTIVITY ON FLOWERING AND NON FLOWERING PLANTS



















#### GRADE 3 SCIENCE ACTIVITY ON MAGNETIC AND NON MAGNETIC SUBSTANCES





GRADE 5 SCIENCE COLLABORATIVE ACTIVITY ON PHASES OF MOON





**GRADE 5 SCIENCE ACTIVITY ON PERISCOPE** 





GRADE 6 CHEMISTRY ACTIVITY ON SOLUBILITY
OF DIFFERENT SUBSTANCES





#### **GRADE 2 FRENCH ACTIVITY ON NUMBERS**



GRADE 2 HUMANITIES ACTIVITY ON EARLY CIVILISATION





**GRADE 1 DICTIONARY ACTIVITY** 





GRADE 5 ROLE PLAY ON HOW ROBOTS REPLACE HUMANS





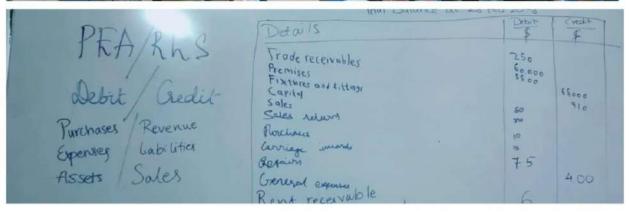
GRADE 3 HUMANITIES ACTIVITY ON HISTORY OF COMMUNICATION TIMELINE











#### GRADE 9 ACCOUNTS ACTIVITY ON TRAIL BALANCE





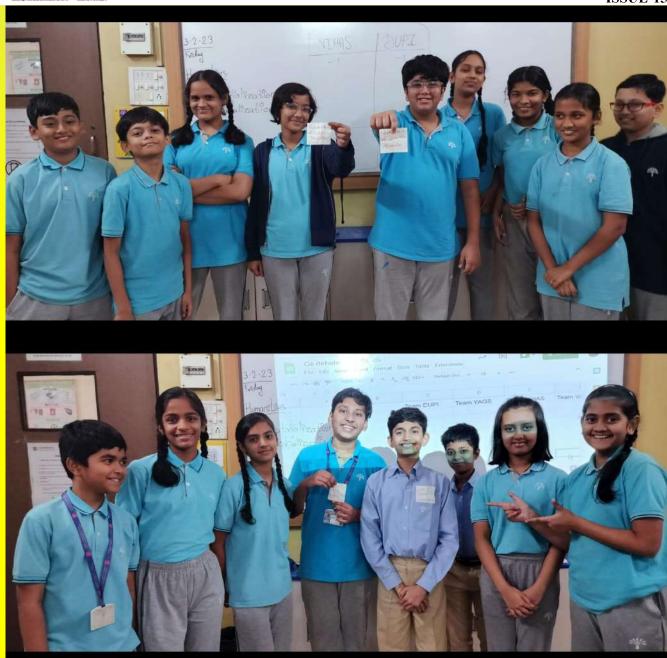






**GRADE 8 ACCOUNTS ROLE PLAY ACTIVITY ON SCRIPT DISCUSSION** 





### GRADE 6 DEBATE ON INDUSTRIALISATION AND GLOBALISATION





GRADE 7 ENGLISH ACTIVITY ON WHETHER ANIMALS SHOULD BE USED FOR ENTERTAINMENT





**GRADE 3 HUMANITIES CLAY TABLET ACTIVITY** 



### GRADE 2 HUMANITIES ACTIVITY ON EARLY CIVILISATION





### GRADE 9 ECONOMICS ACTIVITY ON IMPACT OF UNEMPLOYMENT





GRADE 1 HUMANITIES ACTIVITY ON STONE AGE MAN





**ED TALK ON BASIC FIRST AID** 





GRADE 7 REACTION OF COPPER SULPHATE WITH IRON





### GRADE 2 ENGLISH ACTIVITY IDENTIFY NOUN OR VERB ACTIVITY





#### GRADE 6 FRENCH QUALITATIVE ADJECTIVES ACTIVITY





**GRADE 1 FRENCH ACTIVITY ON NUMBERS** 



GRADE 8 BIOLOGY ACTIVITY ON CARBOHYDRATES, PROTINES, FATS





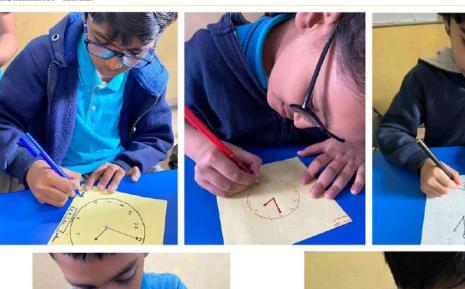
# GRADE 3 ENGLISH ACTIVITY ON FRAMING SENTENCES





GRADE 5 ACTIVITY ON SORTING MACHINE MODEL

- CODING ACTIVITY



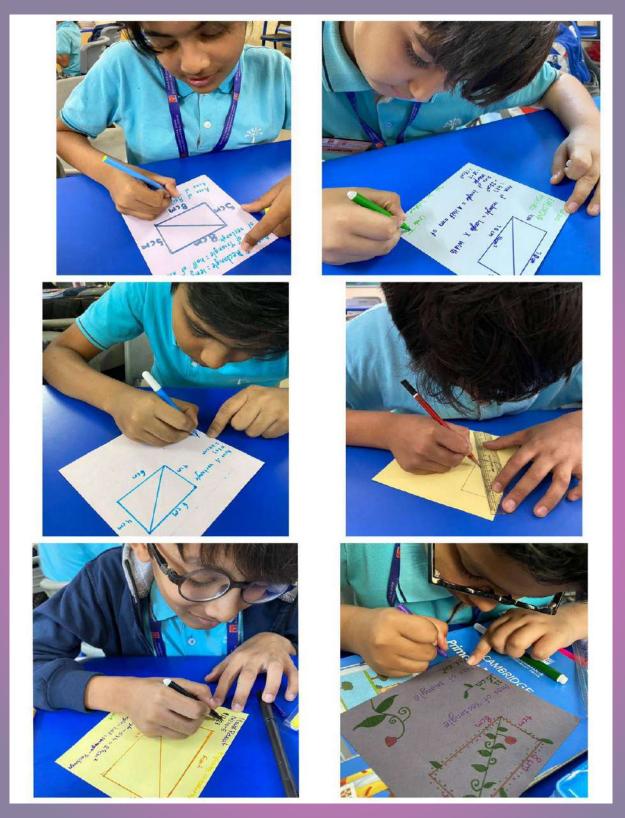








GRADE 3 MATH ACTIVITY ON USING ANALOG AND DIGITAL CLOCKS



GRADE 5 MATH ACTIVITY TO FIND AREA OF TRAINGLE

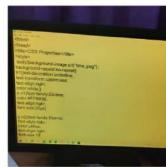


# Creating codes





















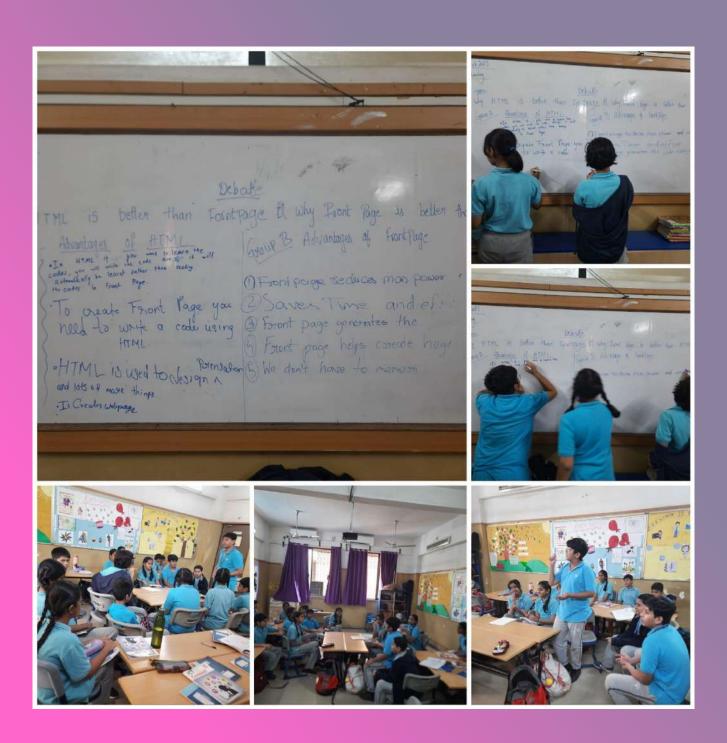
**GRADE 6 ICT ACTIVITY ON HTML CODES** 





# GRADE 6 ENGLISH ACTIVITY ON FRAMING QUESTIONS FOR CHECKPOINT





**GRADE 6 ICT DEBATE ON HTML CODES** 



GRADE 7 ROLE PLAY ON INITED NATIONS ORGANISATION





### GRADE 7 CHEMISTRY ACTIVITY ON EXTRACTION OF COPPER





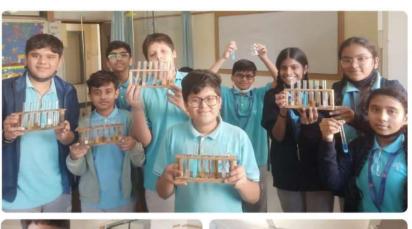
### GARDE 8 CHEMISTRY ACTIVITY ON IDENTIFICATION OF CAUTIOUS BY FLAME TEST





#### **GRADE 3 ICT ACTIVITY ON SCRATCH**

















GRADE 8 CHEMISTRY ACTIVITY ON IDENTIFICATION OF COMMON METAL IONS AND AMMONIUM ION





GRADE 6 ACTIVITY ON PLANNING AN INVESTIGATION



**GRDAE 6 ACTIVITY ON MICROSCOPE** 

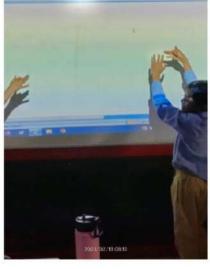














**GRADE 2 SCIENCE ACTIVITY ON SHADOW** 



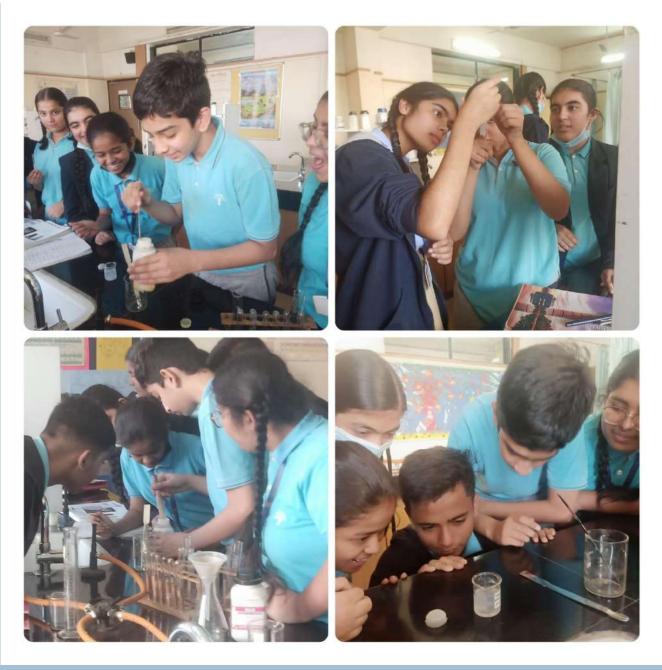








**GRADE 8 B St ACTIVITY ON LEADERSHIP STYLES** 

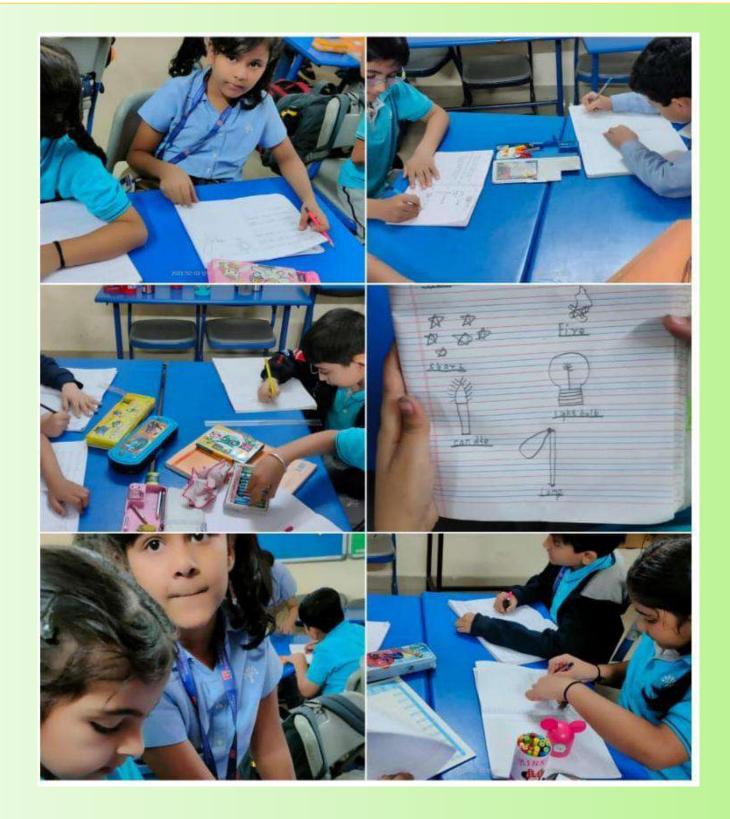


GRADE 9 CHEMISTRY ACTIVITY ON REACTIVITY
OF METALS

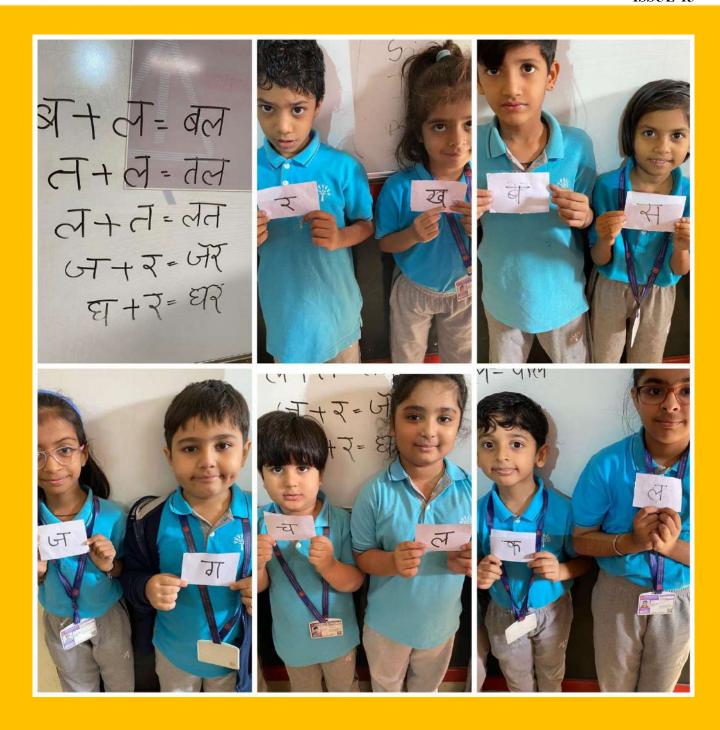


GRADE 1 SCIENCE ACTIVITY ON SENSORY ORGANS





GRADE 2 SCIENCE ACTIVITY ON SOURCE OF LIGHT



GRADE 1 HINDI ACTIVITY ON DO VARN WALE SHABAD





GRADE 9 CHEMISTRY ACTIVITY EXTRACTION OF COPPER FROM COPPER OXIDE



**GRADE 6 BIOLOGY ACTIVITY ON RESPIRATION** 



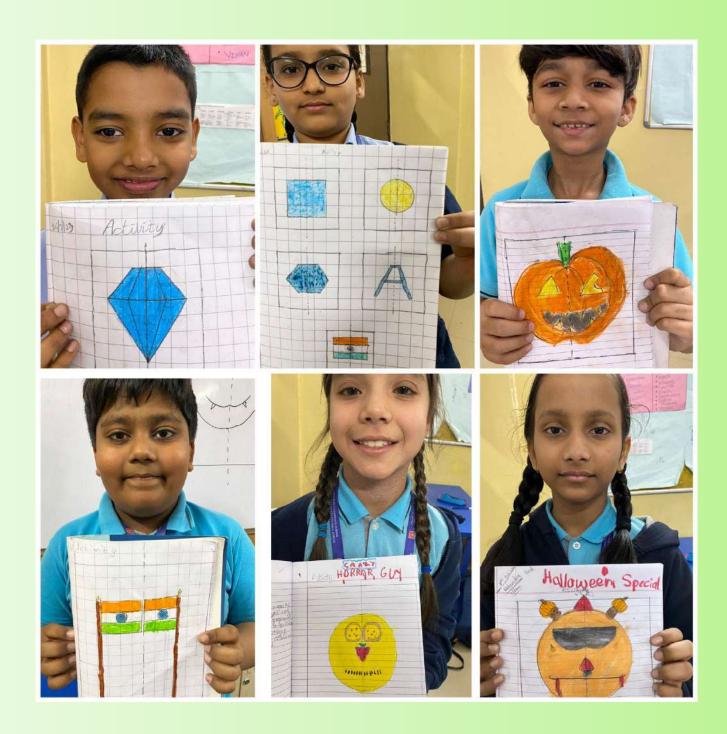
GRADE 2 SCIENCE ACTIVITY ON OPAQUE, TRANSPARENT AND TRANSLUCENT OBJECTS





GRADE 7 CHEMISTRY ACTIVITY ON MAKING SALT ZINC SULPHATE





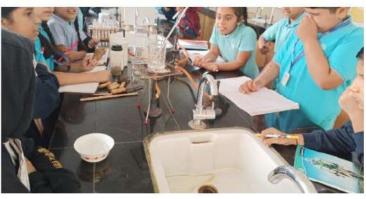
**GRADE 3 MATH ACTIVITY ON SYMMETRY** 











GRADE 4 SCIENCE ACTIVITY ON PROPERTIES AND STATES OF MATTER



























GRADE 3 SCIENCE ACTIVITY ON EARTH, MOON, SUN













GRADE 5 SCIENCE ACTIVITY ON REFLECTION OF LIGHT



# GRADE 5 SCIENCE ACTIVITY ON FORCES AND GRAVITY









# GRADE 9 BIOLOGY ACTIVITY ON DIVISION MITOSIS AND MEIOSIS





GRADE 7 CHEMISTRY ACTIVITY ON PREPARATION OF SALTS



**GRADE 2 SCIENCE ACTIVITY ON SHADOWS** 





GRADE 3 MATH ACTIVITY ON CREATING PATTERNS

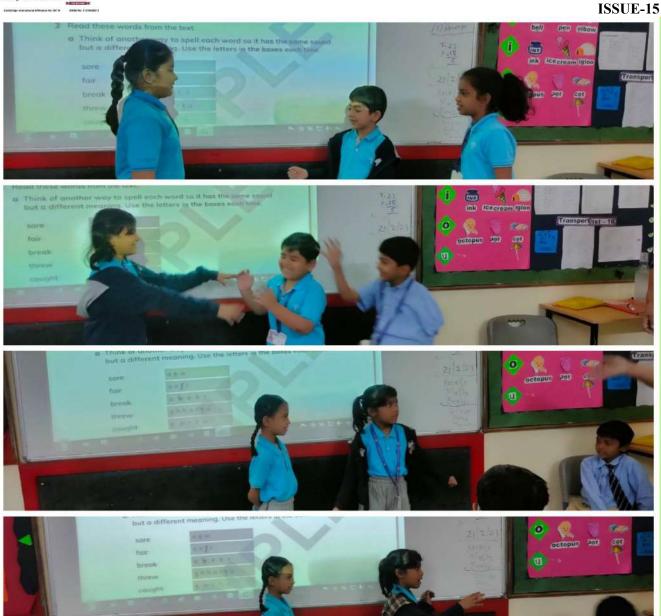


# GRADE 2 FRENCH ACTIVITY ON DAYS OF WEEK AND MONTH



GRADE 7 LISTENING TO SOUND WAVES REINFORCING

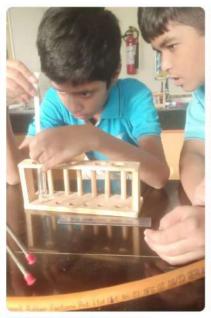




**GRADE 2 ENGLISH ROLE PLAY ACTIVITY** 













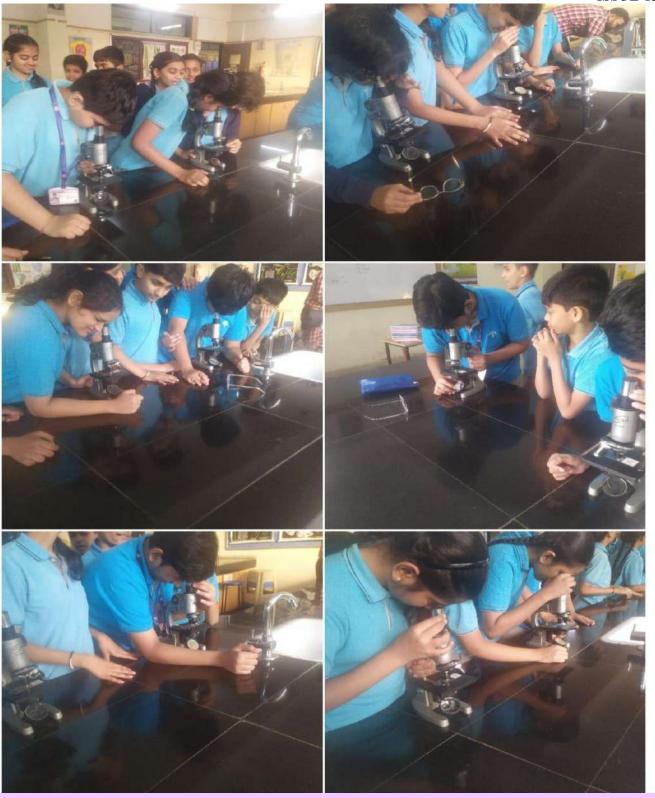


## GRADE 6 ACTIVITY ON PAPER CHROMATOGRAPHY

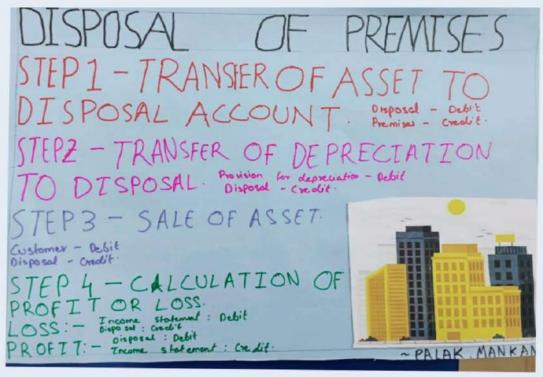


**GRADE 1 SCIENCE ACTIVITY ON HEALTHY FOOD** 

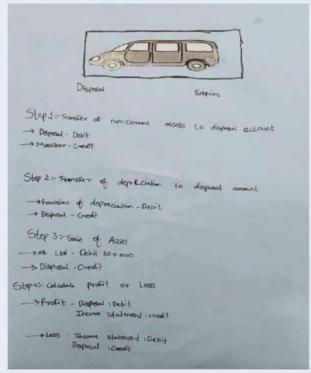




GRADE 6 BIOLOGY ACTIVITY ON COMPONENTS OF BLOOD







## GRADE 9 ACCOUNTS ACTIVITY ON DISPOSAL OF NON CURRENT ASSETS





## GRADE 3 SCIENCE ACTIVITY ON PHASES OF MOON





## GRADE 5 SCIENCE ACTIVITY ON CIRCUIT DIAGRAM





**GRADE 4 SCIENCE ACTIVITY ON SOUNDS** 



**GRADE 8 MATH ACTIVITY – PIE CHART** 



**Trip to Bird Sanctuary** 



Trip to IMAGICA











Happy Republic Shappy

Happy

Republic Day

The people of India celebrate Republic Day every year with a great sense of patriotism and pride. We celebrated this joyful event at Podar International School Kalyan, with all three boards taking part with great pomp and enthusiasm presenting their talent in a fun-filled event. The event commenced by escorting the honoured guests to their respective places. Our national flag, the tiranga, is the first thing people relate with India; it was a gratifying moment to see our symbol of honour, patriotism and freedom gently waving to us due to the light breeze. Soon after, we witnessed a memorable march past parade by the students of CBSE.

Our beloved principal from CIE, Mr. Sanjay Nandi, parted great wisdom to us in the form of a short speech. To pay a tribute to this auspicious day, Misha Sirnani, a grade 9 student from CIE, spoke on the importance and history of republic day. Then started the spontaneous events, starting with a music performance by the students of ICSE. It was soon followed by a spectacular skating dance by the students of CIE. There was then a incredible and interactive Karate/Taekwando dance by the students of CBSE. Followed by this, their melodious music performance by the music band consisting of CIE students. After that, there was an informative speech in Hindi by a student of CBSE. We then listened to a glamourous medley of 5 songs by the students of CBSE. There was then an impetuous dance of Lezim by the students of ICSE, which was followed by a dance by CBSE. The event ended with our glorious national song, Vande Mataram, followed by the distribution of sweets.

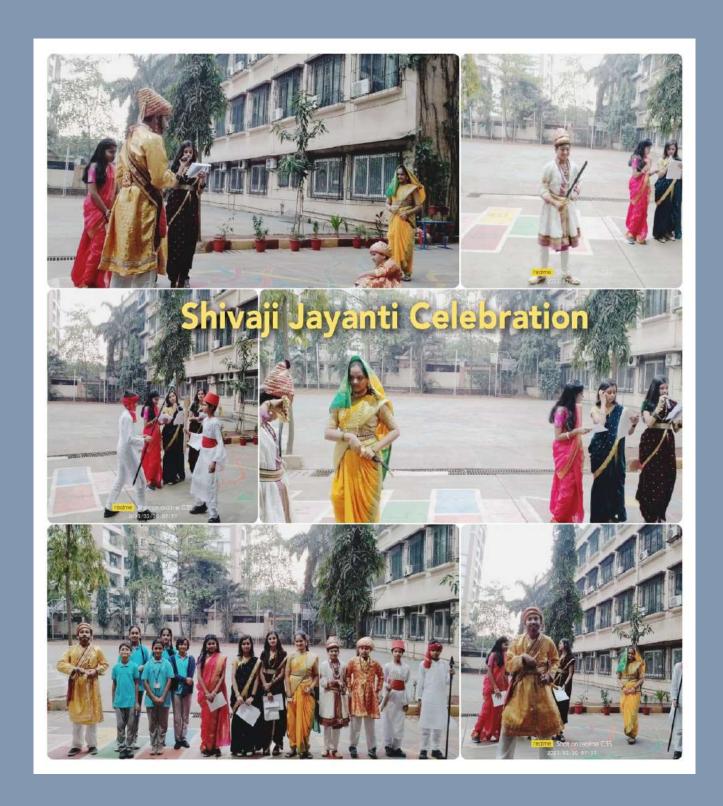




Venue: Stilt area and Terrace

Date: 21st Jan 2023

"Everything is theoretically impossible until it is done." Podar International School (Cambridge International) celebrated MANIFESTA with all the creative and innovative ideas. The event started with welcoming of the guest, National Anthem and lightning of the lamp. The honourable judges are Mr.Dinkar M Rasal - M Sc. D H E, Retired as Vice Principal at B K Birla College, Kalyan, Dr. Rukmini Mardhanan - M.A ,Ph.D(English Literature), Dr. Deepak Tarachand Pogade – BAMS and Ms. Dharti Maitra, with 18 years of teaching experience in Maths and Science, Mr. Niket shah- Microsoft Engineer, Mr. Nitin Gupta- Engineer were introduced by our Head Boy Master Shrishailya Rao. Our Beloved Principal Mr. Sanjay Nandi welcomed all the guest with a saplings as token of love. Later the respective teachers escorted the judges for visiting the projects done by our talented Podarites. Gr 1 and 2 projects were judged by Dr. Rukmini Mardhanan. Gr 3 and 4 by Ms. Dharti Maitra. Gr 5 and 6 by Dr. Deepak Tarachand Pogade. Gr 7 and 8 by Mr. Dinkar M Rasal. Grade 9 by Mr. Nitin Gupta. Students explained their projects well. Few working models impressed the judges. Different Robotics projects were also made by the students which really shows the creative and innovative thoughts of our students. Later the Trophy and Certificate distribution was done by the judges from Grade 1 to 9. Vote of Thanks was given by our Head Girl Miss. Jiya Patel. Overall it was very successful event spreading knowledge and creativity.











Honorable Chief Guest Arjuna awardee Helen Mary is a Hockey Goalkeeper from India, who made her international debut for her native country in 1992 in the test series against Germany. In 2003, she saved two penalty strokes in the final tie-breaker to win the title for India at the Afro-Asian Games in Hyderabad. She also earned the Arjuna Award.

She played for India in various tournaments during her professional career, including the Indira Gandhi Gold Cup, World Cup Qualifiers, Commonwealth Games, Asian Games, and other tournaments. India achieved several notable results, such as coming in first place in the 2002 Commonwealth Games and winning the Afro-Asian Games in 2003. India finished in the 11th position in the 2006 World Cup held in Madrid.

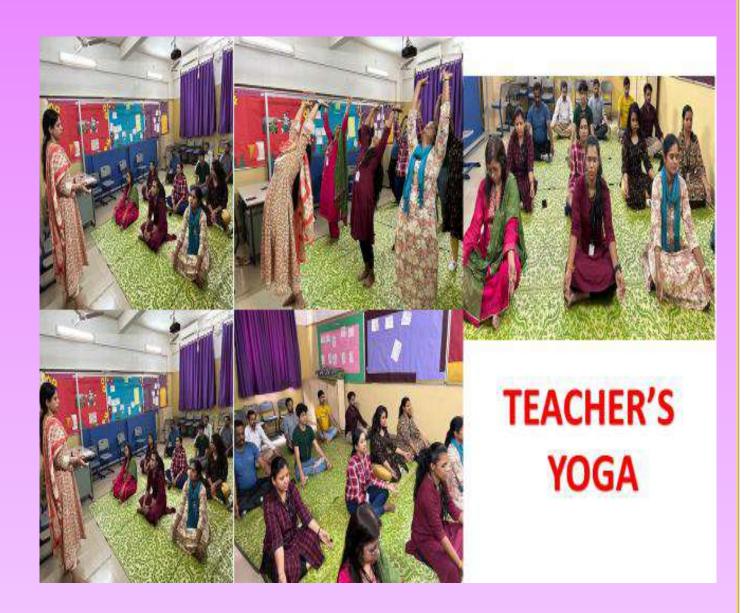






**Check Point Graduation Day Celebration** 





# Teacher's yoga



### **MEDIA COVERAGE**











Front

News

Back

#### **MUMBAI**

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### 'Manifesta', the exhibition



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MUMBAI: Podar International School (Cambridge International) celebrated 'Manifesta', the exhibition displaying models and projects in different subjects with all the creative and innovative ideas. Principal Sanjay Nandi explained how these initiatives can help to bring more scientific temper, innovations to make human life easier. The objectives of the event were - students will be able to develop curiosity in students, this will help them in better learning process, work in groups and thus gives opportunity to the child for developing their social skills. In all 157 projects were displayed and experimented by students.



02

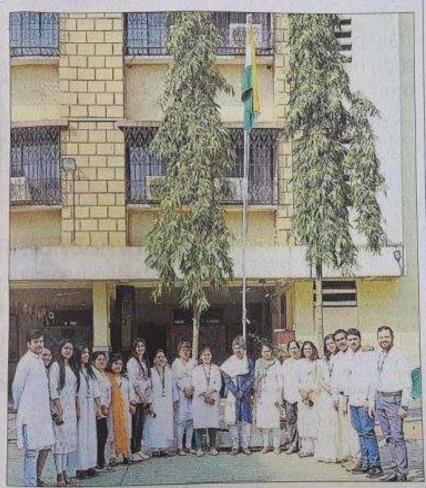
Hindustan Times KALEIDOSCOPE

100A001 10052011 1101.110 HEADWARF

### Patriotic fervour at Podar Int'l School

MUMBAI: The people of India celebrate Republic Day every year with a great sense of patriotism and pride. We celebrated this joyful event at Podar International School Kalyan, with all three boards taking part with great pomp and enthusiasm presenting their talent in a fun-filled event. The event commenced by escorting the honoured guests to their respective places. The national flag, the tiranga. is the first thing people relate with India; it was a gratifying moment to see our symbol of honour, patriotism and freedom gently waving to us due to the light breeze. Soon after, we witnessed a memorable march past by the students of CBSE.

Our beloved principal from CIE, Mr. Sanjay Nandi, parted great wisdom with us in the form of a short speech. To pay a tribute to this auspicious day. Misha Sirnani, a grade 9 student from CIE, spoke on the importance and history of Republic Day. Then started the spontaneous events, starting with a music performance by the students of ICSE. It was soon followed by a spectacular skating dance by the students of CIE. There was then an incredible and interactive Karate/Taekwondo dance by the students of CBSE, Followed by this, melodious music performance by the music band consisting of CIE students. After that, there was an informative speech in Hindi by a student of CBSE. We then listened to



The event ended with the distribution of sweets.

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02

Hindustan Times BEYOND BOOKS

## Robotics, scientific projects on display by genius kids

MUMBAt Podar International School CIE, Kalvan celebrated MANIFESTA (Exhibition displaying models and projects in different subjects) with all the creative and innovative ideas. The event started with the welcoming of the guest, national anthem and lighting of the lamp. The honourable judges were Mr. Dinkar, M Rasal, Dr. Rukmini Mardhanan, Dr. Deepak Tarachand Pogade and Ms. Dharti Maitra, Mr. Niket Shah, Mr. Nitin Gupta were introduced by our Head Boy Master Shrishailya Rao.

Our Principal, Mr. Sanjay Nandi welcomed all the guests with sapling as a token of love and explained how these initiatives can help to bring more scientific temper, innovations to make human life easier. The objectives of the event were students will be able to develop curiosity within themselves in a better learn-



The objectives of the event were students will be able to develop curiosity within themselves in a better learning process HT PHOTO

ing process.

Total 157 projects had been displayed including a few robotics works. Students explained their projects well Few working models impressed the judges, Later the Truphy and Certificate distribution was done by the judges. A vote of Thanks was given by our Head Girl. Overall it was a very successful event.

















### **Education Icon Award - 2023**



Ashraya Awards Change makers in Education

25th February 2023, Grand Hyatt Mumbai



### NATIONAL EDU CONFERENCE AS A PANEL SPEAKER





Healthy Trophy Winner (Jan'2023) - Grade 4 🏆





Reading Trophy Winner (Jan'2023) - Grade 5 🏆



Cleanliness Trophy Winner (Jan'2023) - Grade 2 \*\*

### **CLASS PHOTOS 2022-23**























## **OUR FACULTY**



We congratulate all teachers and students for the successful completion of E-Magazine Issue-15. I need further research, to make our school magazine suitable worthwhile that people would enjoy reading.

Suggestions and advices are welcome for E-Magazine.

Email: principal.ciekalyan@podar.org





## KINDLY FOLLOW THE LINKS FOR MORE INFORMATION

Information Desk | Podar International School (podareducation.org)

**Association with British Council (podareducation.org)** 

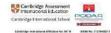
Best CIE School in Kalyan, Maharashtra - Podar International School (podareducation.org)

Why Cambridge International at Podar (podareducation.org)

Microsoft Word - 1608280006149 FAQs About Cambridge Curriculum (podareducation.org)

why-cambridge.pdf (podareducation.org)

<u>Information Desk | Podar International School</u> (podareducation.org)



### **ANNOUNCEMENT!!!!!!**

#### **Dear Students and Parents**

We would like to announce that from AY 2023-24 we would start encouraging students with Award/Trophy by recognising their efforts in the following category -

1. Designing the most creative cover page for E-magazine The above award would be dedicated to the fond memory of Ms. Vanshika Shetty, the Cheerful, Vibrant and Lively Podarite who will continue to stay in our Hearts Forever.



Creative Cover Page award winner Shlok Ghop (Gr 6) for e-Magazine Issue-14