PODAR INTERNATIONAL SCHOOL ,MANGALORE

THE CAMPUS ROOTS.

Vol-7 / Issue-1

Kaushala Dina






Students of grade 1 to 8 enthusiastically participated in Kaushala Dina on 20th June 2026 and 21st July 2026 through a variety of skill-based activities such as Lippan Art, Crochet, Flower Making, Communication Skills, and more. These hands-on sessions fostered creativity, practical skills, and confidence while encouraging teamwork and self-expression.






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Editor's Message

Dear Readers,

Welcome to the latest edition of our newsletter!

We are delighted to present this edition of our school magazine, thoughtfully put together to celebrate the achievements, creativity, and experiences of our school community.

Every article and feature reflects the enthusiasm and dedication of our students and teachers. We hope these pages keep you informed, inspire new ideas, and remind you of the many wonderful moments we share together.

This magazine belongs to all of us, and your encouragement, feedback, and contributions help make every edition more meaningful.

Thank you for being an important part of our journey. We hope you enjoy reading this edition as much as we enjoyed creating it.

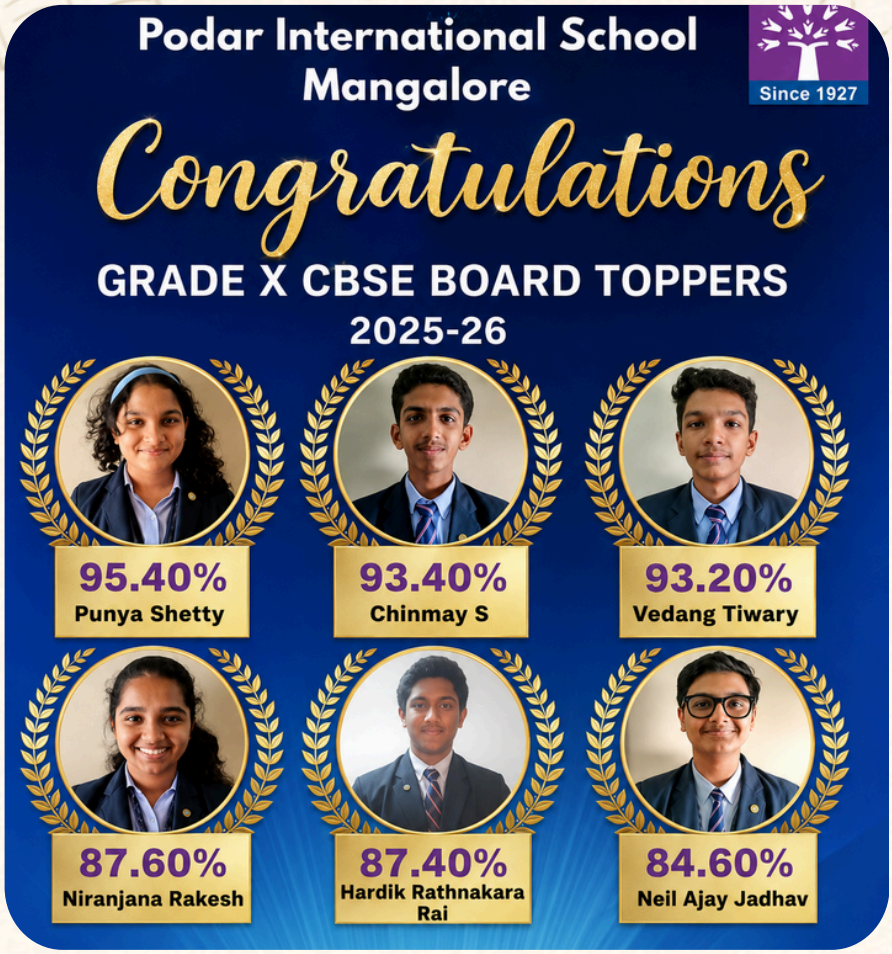
Warm regards,

Shiv Prajapati - Grade 10 (Student Editor)
Tanay Rajesh - Grade 9 (Student Editor)
Arhaan Imaam Sheikh - Grade 6 (Student Editor)
Jasleen Kaur - Grade 6 (Student Editor)
Ms. Navya N (Chief Editor)
School Editorial Team

Edited by: Tanay Rajesh, Shiv Prajapati, Vivaan Ajay Ravindran.

GRADE X CBSE BOARD

TOPPERS2025-26



OLYMPIAD ACHIEVERS 2025-26



Samar Kundar Grade: VI

Samar Kunder secured an outstanding Zonal Rank 7 in International English Olympiad, along with a voucher of ₹500, and received a Certificate of Merit in International Mathematics Olympiad at Level 2 of the 2025-26 Olympiads.



Shiv Narayan Pillai Grade:IV

Shiv Narayana Pillai secured Zonal Rank 23 in IMO (International Mathematics Olympiad), Rank 15 in NSO (National Science Olympiad), along with a Certificate of Merit in IEO (International English Olympiad 2025-26) Level 2 organized by Science Olympiad Foundation.

OLYMPIAD ACHIEVERS 2025-26



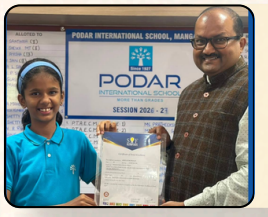
Avika Bhat Grade: IV

Avika Bhat Kalkar emerged as a Green Olympiad topper with an impressive score of 94, earning a Certificate of Distinction.



Dhanayush Pathak Grade: VIII

Dhanayush Pathak participated in the Green Olympiad and secured a score of 64, earning a Certificate of Merit.



Adhya Guruprasad Grade: VII

Adhya Guruprasad showcased commendable performance in ISSO (International Social Science Olympiad) Level 2, securing an impressive Zonal Rank 24 in the 2025-26 Olympiads.



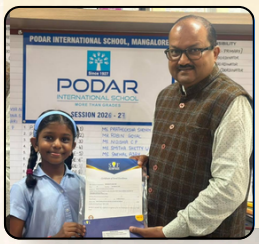
Siddharth Vasanth Acharya Grade: X

Siddharth Vasanth Acharya excelled across multiple Olympiads, securing Zonal Rank 2 in IMO (International Mathematics Olympiad), along with a Silver Medal and cash prize. He also achieved Rank 15 in International Computer Science Olympiad and Rank 11 in International English Olympiad 2025-26.



Spruha Jaiswar Grade: IV

Spruha achieved an impressive Zonal Rank 18 in National Science Olympiad Level 2, 2025-26.



Bhairavi Deepak Grade: IV

Bhairavi Deepak secured Zonal Rank 8 in International Social Science Olympiad and Zonal Rank 20 in National Science Olympiad at Level 2 of the 2025-26 Olympiads. She was also awarded a ₹500 voucher for her achievement in ISSO.



Sherwin Sequeira Grade: VI

Sherwin Sequeira secured an impressive score of 94 in the Green Olympiad and was recognised with a Certificate of Distinction 2025-26.

Special Achievers 2025-26



Rithwik Balaya

He performed at the Monsoon Cross Country Race & Kids Athletic Meet 2026 held in Udupi on 7th June 2026. He secured 1st Place in the Running-Relay Event and 2nd Place in the Long Jump in the Under-12-athletic category.



Vahin Srikarthikeya T

He secured 3rd place in the 1 Lap - Quad Category (Rink) at the Speed Roller Skating District Selection Trials 2025 held at Skate City and qualified for the 41st State Roller Skating Championship.



Aysha Mehnaz NM

Aysha Mehnaz NM of Grade 1 has achieved Zonal Rank 13 in the Olympiad organized by LoglQids.



Bhavith Pradeep Shetty

secured 4½ points and achieved 5th place in the Under-11 Boys Category at the PTCA Open Rapid Chess Tournament organized by the Puttur Taluk Chess Association on 31st May 2026.



Ridhit Bhandary

Secured 7th place in the open category at the Rao's chess corner competition.



Vihaan Shetty

District Champion - He secured 1st place in the DK District Chess Championship (Under-13 Open Category) held on 15th February 2026.



Anvith Shetty P

He excelled in chess, securing 5th place with a cash prize in the Best DK Player category at the 1st Puttur International Open FIDE Rapid Tournament. He also placed 5th in Rapid and 4th in Blitz at the SDM Roto Lawyers International FIDE Rated Chess Cups.

Congratulations!

Special Achievers 2025-26



Yoga Achievement!

Podar International School, Mangalore secured First Place in the Under-14 category at the Inter-School Yoga Competition 2026, organized by Sri Sri Ravishankar Vidya Mandir, Mangalore on 30th June for schools of Dakshina Kannada.



in image (left to right): Dhanayush Pathak (VIII), Ishanvi S (VI), Sohalia (VI), Mohammed Rezaan (V), Tanush Raval (VII), Mohammad Ameen (V), Anvith Shetty P (VIII), Simrah Jameela (VIII).

under-17



in image (left to right): Tanmay Jain (IX), Akshaj (IX), Siddharth Vasanth Acharya (X), Shreyas Bhat.(IX)

Congratulations to our Table Tennis team!

Our students secured 2nd Runner-Up in the AICS Table Tennis Competition: U-14 Boys and U-17 Boys categories happened on 31st July in SDM school,Mangalore competing against participants from 25 other schools.

under-14



in image (left to right): Rithwik Balaya (VII), Tanush Raval (VII), Anvith Shetty P (VIII), Vihaan Karanth (VIII).



In image(from left):Prathyaksh Raj Pai (VIII), Aryan M.N. Gowda (VII)

Literary Fest Triumph

Competing against participants from 38 schools, Prathyaksh Raj Pai and Aryan M. N. Gowda secured Second Place in the Word Reveal (Unscramble) event under the Junior Category (Grades 6-8) of CAN-MANTHANA 2026 - AICS Literary Fest, held on 6th August 2026.

In the Loop @ PISM

Parent Orientation Programme 2026-27

Podar International School, Mangalore conducted the Parent Orientation Programme for the new parents on 19th May 2026. It gave valuable insights about Kaushal Bodh, Kaushal Vikas, 3-language system, elective and skill subjects like artificial intelligence and computational thinking.





School reopening AY 2026-27

A joyful beginning to the academic year 2026-27 at Podar International School, Mangalore! The school reopened on 21st May 2026 with smiles, excitement, and warm welcomes. Students started the day by watering plants and pledging their growth journey.

Nukkad Natak

Students of Podar International School performed a powerful Nukkad Natak on Road Safety and Kindness at Bondel Circle 26th February 2025. This impactful street play aimed to raise awareness about road safety and promote kindness among the community. A proud moment of learning and contribution for our students









KAUSHAL BODH

As a part of Kaushalabodh; the Skill Development & Employability Initiative, Grade 8 students participated in an industry exposure experience of 'Media & Broadcasting' at 'Daijiworld Television' on 21st July 2026. The students got hands on experience on video recording, anchoring and visual media roles.

Integrated Learning programme:

Theme: Mind to Mic -Where thoughts find a voice

Jumpstart activity: Mirror of confidence, Ideas that can change the world on 21 May 2026

Special assembly: The courage to speak (skit) on 16 June 2026.

Culminating event: The big pitch-off-one minute speech on habits for better learning and ideas on 10 July 2026.





In the Loop @ PISM

All India Radio Broadcasts

Podar International School, Mangalore is proud to share that two special educational programmes were broadcasted on All India Radio. '*Books Are Our True Friends*' was aired on 8 June 2026, and '*Youth of Today*' and '*The thoughts of Swami Vivekananda (Parts 1 & 2)*' was broadcasted on 22 June 2026, with the second part rebroadcasted on 29 June 2026.







Teachers Training

Our faculty participated in a professional development programme '*Empowering Educators – A journey towards academic excellence*' to strengthen teaching practices, embrace innovative strategies, and enhance student learning. The training was organized in PIS Udupi on 11th April 2026. Ms Hema Shetty, Mr George Menezes, Ms Sushma B trained the teachers of PIS Mangalore and PIS Udupi.



Eye Check-up Camp

Our school conducted a two-day Eye Check-up Camp on 13th and 14 July 2026 for all students. The initiative aimed to promote eye health and ensure early detection of vision-related concerns.

The Scout and Guides Summer Camp 2026

Students were introduced to the basics of the movement through simple demonstrations on scout salute, handshake, uniform, badge knowledge, and flag etiquette from 1st April to 10th April, 2026. Fun team-building games were also conducted, making the first day a meaningful blend of learning and enjoyment.





In the Loop @ PISM

Fun-Filled Educational Excursion to UVA Meridian Amusement Park

60 Students of Grade I to V visited UVA Meridian Amusement Park near Udupi on 30th March 2026 for an exciting day of recreation and enjoyment.











Podar Volunteer Service

Visit to *Balasamrakshana Kendra*, *Kuthar* and *Asare animal care trust* for their monthly donation drive on 1st July 2026 and 29th July 2026. Students from all the classes contributed specific grocery items allocated to each class.

Student Council Election 2026-27

The council election was on 1st June 2026. It was carried out smoothly through nominations, campaigning, and voting, ensuring active student participation and a fair democratic experience. The candidates selected through this election will be provisional till 15 August 2026.









In the Loop @ PISM

World Environment day celebration

At Podar International School, Mangalore, students celebrated World Environment Day on 5th June 2026 by embracing the values of Reduce, Reuse, and Recycle. Through creative reuse projects and green initiatives, they discovered how small actions can make a big difference for our planet.





Grooming sessions

Podar International School, Mangalore conducted engaging grooming sessions in 20 June 2026 and 21 July 2026 to help students build confidence, develop essential life skills, and practise good etiquette. These interactive sessions were conducted by students of grade VI and VIII.

World No Tobacco Day

Podar International School, Mangalore observed 'World No Tobacco Day' on 29th May 2026 through awareness activities that encouraged students to choose a healthy, tobacco-free lifestyle. The session was taken by Grade X.





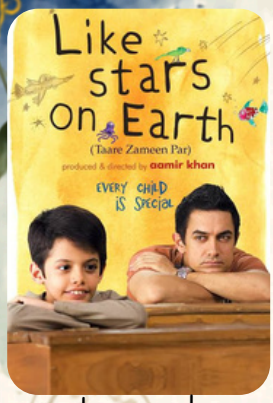
Thematic Learning

The Thematic learning at Podar International School, Mangalore brought learning to life as students of Grade I to IV showcased their creative presentations, performances, and hands-on projects under two themes '*marvellous me*' and '*In my city*' on 31st January.





Movie Recommendation



Taare Zameen Par



Dhanak



Stanley ka dabba



My neighbor Totoro

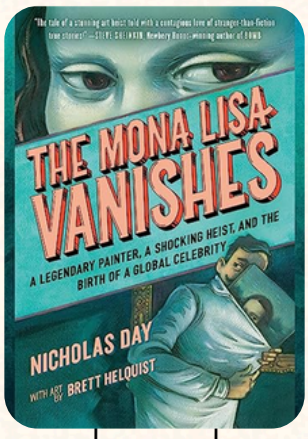


Paddinton 2

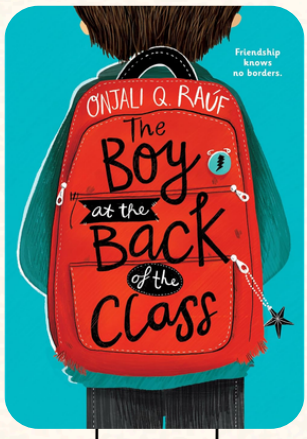
Book Recommendation



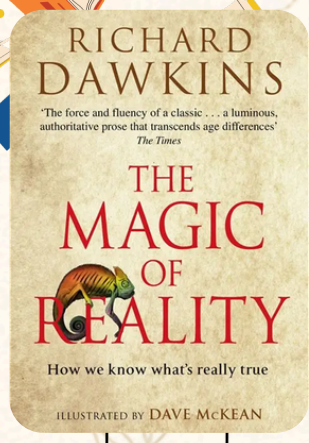
Impossible Creatures



The Mona Lisa Vanishes



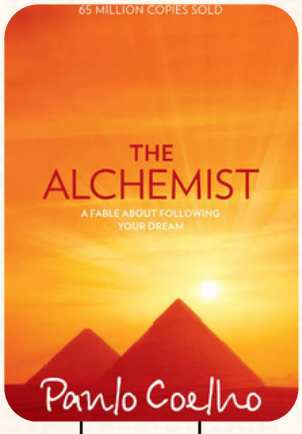
The Boy at the Back of the Class



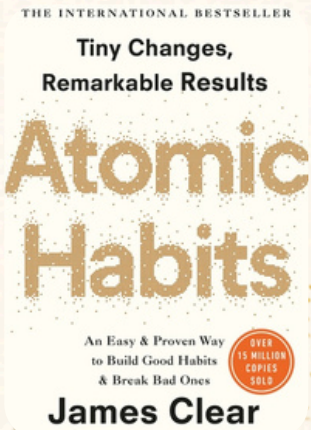
The Magic of Reality



The Last Bear Hannah Gold



The Alchemist



William H. McRaven



Percy Jackson & the Olympians

Ashley

Once upon a time, there was a girl named Ashley who lived in a village. She had many friends. One day, her mother asked her to move to the town and start working. At first, Ashley was hesitant, but her parents encouraged her, so she decided to go. She soon found a stable job and made three close friends—Riya, Lila, and Mira. One day, their boss gave them ten days off. Mira wanted to visit her grandmother in Delhi but didn't want to travel alone. She asked her friends to come along, and they happily agreed. Lila searched for a place to stay for two days before finding a beautiful villa at a very low price. The four friends packed their luggage and travelled to the villa. That night, Ashley heard a strange noise coming from the closet in her room. Curious, she opened it and screamed in fear. The other girls rushed into her room. Ashley was suddenly lifted against the wall by an unknown woman who was holding a baby and singing a creepy lullaby. Riya bravely asked, "Who are you?" The woman sadly explained that she had fallen from the second floor while hanging clothes and had lost her life. Mira gently asked, "What will help you leave this place?"
The woman replied, "If you bring me a grey and black cat, I will leave peacefully." The next day, the girls found a grey and black cat nearby. They brought it to the mysterious woman.
As soon as she received the cat, she smiled and disappeared forever. The friends finally felt safe and returned home with an unforgettable story to tell.

~ By Swati
Grade 4

Our Saturday Sleepover

Saturdays are my favourite because the next day is Sunday, so I can play without worrying about school. My cousins Udhvika, Diara, and Utkarsh sleep with me. Sometimes we sleep on my bed under a big pink mosquito net. Other times, we spread mattresses on the floor with pillows. Before bedtime, we talk, laugh, and tell funny stories. We love playing Passing the Secret and Building a Story, where each of us adds a new idea. The funniest part is when Diara goes to her mother's room, and we keep guessing whether she will come back to sleep with us. If one cousin is absent, it does not feel complete. I learned that instead of spending time with technology, being with my family is much better. I wish our pink mosquito net could take us to a magical world every Saturday night.

~By Bamini,
Grade 5

My Mother

Mother like you is no other.
You are sweeter than sugar.
You make my life sweeter.
Every day every second

You are there for me.
Whenever i want you to be.
When i feel that i am in a mess,
You gave me a gentle kiss.

You were the one i saw.
After my first cry.
I fell in love.
The very first day i saw you.

You fill my life with joy.
Just because i can enjoy.
I can't repay your love.
All i can do is love you more.

~Aathish Anantha
Kotian Grade 5

ಹನಿಗವನಗಳು

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ಸೂರ್ಯ ನ ಆ ಗತ್ತು

~ಆತೀಶ್
4ನೇ ತರಗತಿ

Food Frenzy

White Sauce Pasta - 2 servings



Ingredients:
- Pasta: 1 cup penne/fusilli/spaghetti
- Water: for boiling + 1 tsp salt + 1 tsp oil
- Veggies optional: 1/2 cup sweet corn, capsicum, mushrooms, carrots, broccoli

Instructions

1. Boil pasta

Boil water with salt and oil. Add pasta and cook 8-9 min till all dente. Drain, keep 1/2 cup pasta water. Toss with a little oil so it doesn't stick.

2. Make white sauce
- In a pan, melt butter on low-medium heat
- Add garlicand sauté 10 sec. Then add maida. Cook 30 sec till it smells nutty but don't brown it
- Slowly pour warm milkwhile whisking so no lumps form
- Cook 3-4 min till it thickens. If too thick, add more milk
- Add salt, pepper, oregano, chili flakes, cheese. Mix till cheese melts

3. Combine

Add boiled pasta + sautéed veggies to the sauce. Toss well.

Add reserved pasta water little by little if you want it creamier.

4. Serve hot. Garnish with more cheese, oregano, and chili flakes.

Prepared by Sayalakshmi Sujith

Cucumber Veggie sushi Rolls with Fresh Veggie Salad.



Ingredients:

• Cucumber (long sticks), Multigrain bread (edges removed and flattened) ,Yogurt ,Fresh cream Carrot, beetroot, and onion (cut into thin strips),Garnish: Black sesame seeds and grated carrot.

Instructions:

1. Wash the cucumber and cut it into thin, long sticks. Lay them out on a baking sheet and spread a thin layer of yogurt over the sticks.
2. Take your flattened multigrain bread slices and place them on top of the yogurt-coated cucumber sticks.
3. Spread a thin layer of fresh cream onto the bread. Arrange the carrot, beetroot, and onion strips in a line near one edge.
4. Roll the cucumber tightly around the vegetables. Cut into bite sized pieces. Garnish with black sesame seeds and grated carrot.

Fresh Veggie Salad:

Ingredients:

• Corn, beetroot, cucumber, carrots, and purple cabbage.
• Yogurt, salt, and pepper (for dressing).

Instructions:

1. In a bowl, combine the corn, beetroot, cucumber, carrots, and purple cabbage.
2. Add yogurt, salt, and pepper to taste; toss well until evenly coated.

Plate and Serve:
• Arrange the cucumber rolls neatly on a plate.
• Place the salad alongside, garnishing with edible flowers and black sesame seeds for that vibrant look.
• Serve with small bowls of soy sauce, sweet chili sauce, or your favorite spicy dipping sauce on the side.

By: Hayaan Kumar

Career You Can Choose—Cybersecurity & Ethical Hacking

Cybersecurity & Ethical Hacking

Cybersecurity and Ethical Hacking focus on protecting digital systems from cyber threats. Ethical hackers identify security weaknesses and help organisations strengthen their digital defences. With increasing cybercrime, this field offers excellent career opportunities in IT, banking, healthcare, defence, government, and multinational companies.

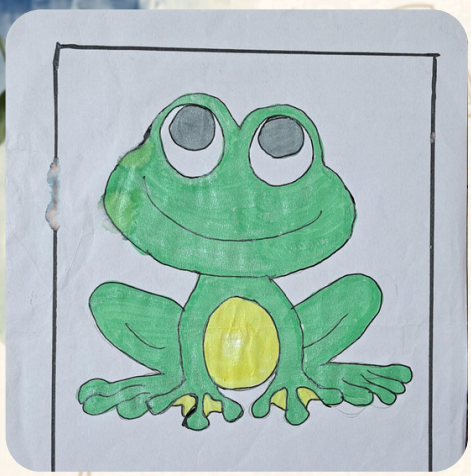
Subject Choices (XI-XII): Mathematics, Computer Science/Informatics Practices, Physics, and Artificial Intelligence.

Academic Pathways: B.Tech/B.E. or B.Sc. in Cyber Security, Computer Science, or Information Technology, followed by higher studies and certifications like CEH, CompTIA Security+, and CISSP.

Top Institutions: IITs, IIIT Hyderabad, NITs, VIT, SRM, Amrita University, Carnegie Mellon University, MIT, Stanford University, Oxford, and NUS.
Career Roles: Cybersecurity Analyst, Ethical Hacker, Penetration Tester, Security Consultant, Digital Forensics Expert, and Security Engineer.

Future Scope: One of the world's fastest-growing careers, offering high demand, competitive salaries, and excellent global opportunities.

Gallery @ PISM



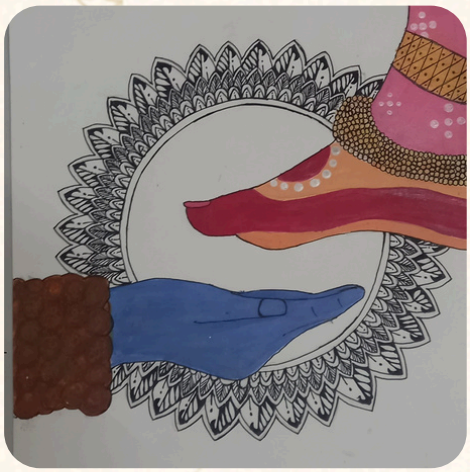
Hiranya N R -



Ayan Mallya 2nd



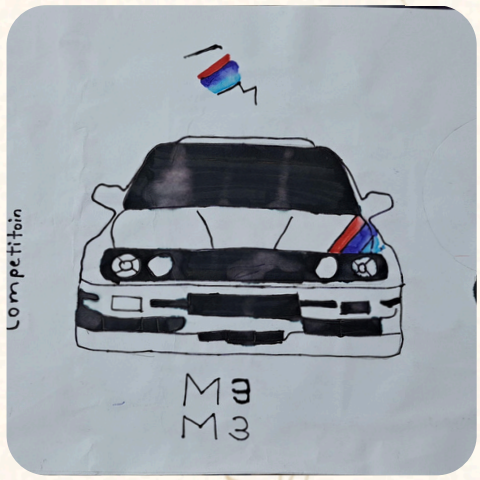
Riyansh R Poojary - 1st



Harshika H.R- 10th



Shreyas- 9th



Saud Shaheed - 5th



Aadhya Rao - 1st



Naman Bangera- 5th



Hayaan Kumar - 1st