

# GUSTO

*Art by Ahan Upadhye  
Grade VII*



## Principal's Message

Dear Reader,

It is indeed a great privilege to be on the leadership team of an educational institution which has sailed through the sands of time. The 'Podar' organizational motto "Traditional Values, Modern Thoughts" are tailor-made to suit the ideologies of modern day education across continents.

Our aim as a part of this rich heritage is to impart education that adheres to international benchmark and to create 'better world citizens'. Our goal is to unite and build a dynamic education system which is innovative, diverse and compassionate towards moulding lifelong learners. The process involves our positive approach towards young minds.

We intend to go beyond the books by creating a society of learners where students are being constantly challenged by teachers as well as their peers so that they outshine in every aspect of their life. Our focus is to ensure that every child has an independent vision. This will help them transform their activities and take onus of their vision.

We encourage possibilities for everyone through integration of teaching and learning, that leads to a holistic development; this is beneficial to adapt to the diverse and ever-changing world.

Let's spread our wings, break limitations and soar to great heights together.

At Podar CIE, Thane

We Think

We Search

Our Motto for ourselves is the 3 E's of Excellence –

*Engage, Empower, and Enlighten*

*Dimicandum, Talem and Illuminare*

### The Elephant Rope

As a man was passing the elephants, he suddenly stopped, confused by the fact that these huge creatures were being held by only a small rope tied to their front leg. No chains and no cages. It was obvious that the elephants could break away from their bonds but for some reason, they did not!

He saw a trainer nearby and asked why these animals just stood there and made no attempt to get away. "Well," said the trainer, "when they are very young and small in size, we use the same sized rope to tie them and, at that age, it's enough to hold them. As they grow up, they are conditioned to believe that they cannot break away. They believe the rope can still hold them, so they never try to break free."

The man was amazed. These animals could at any time break free from their bonds but, because they believed they couldn't, they were stuck right where they were. Like the elephants, how many of us go through life hanging onto a belief that we cannot do something, simply because we failed at it once before?

Failure is a part of the learning process; we should never give up the struggle in life.

Principal,

Aruna Mundiayath

Thane

# Little Writers



## COLOURS

Colours are beautiful, colours are fun,  
Colours are happy and bright.  
Whether pink, purple, violet...  
Red, yellow or white  
They make you cheerful,  
When, they come into sight.  
Colours are musical,  
With different notes of light.  
It's so nice to have...  
Colours in our life!



-By Shiuli Tiwari (Grade IV - CIE)



Mini Saga



### The Seven Coloured

It was a bright sunny morning. I shone across the sky.  
I was very colourful. People were staring at me. They  
say, I have seven colours and I am really lucky. They  
also believe whoever looks at me gains luck. I stayed  
for fifteen minutes and disappeared. They became sad.

--By Tashaa Gaike (Grade VI - CIE)



## Colours



Carrots are Orange and Pears are Yellow,

I love my Dad as he is a jolly good fellow.



Grass is Green and Purple is Plum,

When I am hungry it's always my Mum!

Bear is Brown and Sky is Blue,

Friends are fun, you have no clue.



Black is dark and Red is Cherry pie,

My Dad calls me his 'cutie pie'.



-By Eva Sharma (Grade IV - CIE)

## Mini Saga

### The Machine

He was thrown into the chair, unsure of what to do.  
He could only see the mechanical monstrosities which came from above to attack him. He screamed and shouted as the machine drilled through him relentlessly. Then the pain was finally over and he got 'a sticker' as a gift.

--By Abhishek Bhadkamkar (Grade VI - CIE)





## The cycle of life

The plant that grew in the breeze,  
It will live through the decay of autumn.  
It will survive the rains of monsoon,  
It will endure the cold hard frost of winter.

And when the spring prevails again,  
A fruit shall grow and a flower shall blossom.  
The plant that grew in the breeze,  
Will defy all the troubles of past.

The seed that fell from the tree so old,  
Shall place its root firmly in the ground;  
It will mark a spot in the cycle of life,  
It will grow and reach its peak.

And when it's at its highest point,  
Another seed shall fall and grow again.



-By Abhishek Bhadkamkar  
(Grade VI-CIE)



-By Risha Kanthe (Grade VI - CIE)



## Live your life to the fullest

Rap rap rap ... 'Rap of life'

Let's have a walk,

And talk, talk, talk.



You pack your case,

And shift your place,

We need to go and run a race.

Make a crown with a piece of string,

And become your own kingdom's king,

Make your anthem and sing...

You knock the door,

And stamp the floor,

Don't be coward,

Put your feet forward.



Buddy just don't fret over,

Live your life in a bower.

It really doesn't mean anything,

Because you are the king of everything,

Now let's go, flow like a stream

As life is not an empty dream.



### Baboon living a leisurely life

It was a warm sunny day. Amy and Jacky found a baby Baboon lying on the branch of a tree. Blood was oozing from his legs. The children thought that, the Baboon might have been attacked by someone or something. Amy and Jacky took the Baboon to a vet. The children were from a very rich family, so they took good care of the baby Baboon. Soon, the Baboon grew and Amy and Jacky were in big trouble because the Baboon knew every single corner of their luxurious villa.

Amy taught the Baboon to talk and Jacky taught him skateboarding, football, cricket and many other games. Amy and Jacky named the Baboon as 'Harry'. He still lives with Jacky and Amy. Harry has to visit the vet for monthly check-ups but, both the children feel that Harry doesn't like to go to the vet.

Harry is a naughty Baboon and he enjoys spilling liquids and scattering the pills. He eats two whole bunches of bananas and 10 packets of buns every day and likes to sleep with Amy and Jacky. However, both the children don't like to sleep with him as Harry has a habit of kicking them on their tummy. The children finally made a separate cushiony bed for him. Harry is not good at swinging as he rarely goes out in his natural habitat. Researchers are trying to understand Harry's pattern-of-life.

-By Hriday Goel (Grade VI - CIE)



### My Holiday in Singapore

Last summer my parents gave me a wonderful time. We went for a holiday to Singapore. It is also known as the Lion city. Its name is derived from a Sanskrit word 'Sing-pura' which means the lion town. I am writing this story on my boat ride to Merlian Bay.

I got to see Asia's wild life in Singapore zoo, Jurong Bird Park, Night safari and river safari. It was scary but good fun to ride in an open buggy during night with no lights and all animals around you.



-By Naisha Rastogi (Grade II - CIE)

### **My First School Picnic**



The picnic was within the school hours, so we had to report to school at 8:00 am. I woke up early in the morning and reached school on time. We boarded the bus at 8:30 am. We reached our first destination which was the 'Equestrian Horse Studio' in Upvan at around 9:00 am. To reach the Horse stable, we had to walk for a while. When we reached there we met a man. He told us about the accessories that riders use. After an hour, we got to ride a horse. The horse that I rode was named 'Rocky'. Later, we went to the Butterfly garden at Olekar wadi. The guide at the garden told us about the life cycle of a butterfly. He also showed us different flowers. I had a great time, but was also tired.

-By Aadhya .C. (Grade III - CIE)



### **SCHOOL FUN**

My school is second home for me,  
This is the place every morning I want to be.  
I always thank my lovely teachers,  
They are the knowledge providers and moral preachers.  
Learning, playing and having fun,  
Precious bonding we share with everyone.

-By Shiuli Tiwari (Grade IV - CIE)



## A report on the CIE 'Spannual day'

"Spannual day -Podar is here, to make a change!", this is how we started spannual day at Podar CIE Thane. This was a unique mix of sports day and annual day. We enjoyed a lot in our spannual day. We not only had dance, race and other sports but also had other unique activities.

We started with welcoming the parents, followed by a dance performance by the primary and the secondary sections. There was an acrobatic performance by the grades V, VI and VII. This performance leads to a healthy mind, body and soul. Later we had the march-past by both the houses namely 'Waratah' and 'Banksia'. It was well co-ordinated.

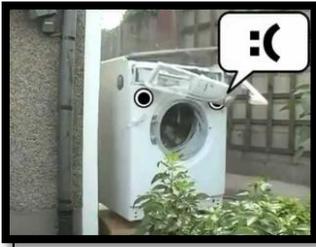
Although Waratah had better co-ordination amongst them, Banksia too tried their level best. After the march-past, we started various races like fun race, relay and many more. We had unique theme based fun races this year amongst which the highlight for me was the 'Kung-Fu Panda' race. This fun race was a relay with a difference where the baton was passed by each student who made movements based on their characters derived from the movie Kung-fu panda.

Finally, it was time for the prize distribution ceremony. 'Waratah' was declared as the winner of the house trophy and the best athlete award was bagged by Ahan Upadhye of Grade VII.

The spannual day, gave a chance to parents as well as the guardians to participate in a football match against the senior most class in the school. It was a tough fight between the two teams. Overall the entire spannual day was filled with Zest and Zeal. It was a memorable event from the year 2016-17 at Podar CIE Thane.

-By Neel Patel (Grade VII - CIE)





Mini Saga

### The Helpless Machine

The clothes were in and I began rolling. I started shaking. I started to get dizzy. The clothes started grabbing me. My owner was so careless that I started breaking apart. I squeezed, I rubbed and I tumbled in with 'HO' detergent. When the clothes dried, I took some rest.



-By Divyansh Jain (Grade VI - CIE)

### Google Self Control Car

How about a man who doesn't have a license and still drives a taxi!

Well, this problem is solved with the 'Google self control car'. This car has many sensors, so it is totally safe to travel in this vehicle. Hope we have this high-end technology all across the world soon.

-By Shruti Jain (Grade VI - CIE)



### The Halloween party



Everyone was excited when we got the circular for the Halloween party and so was I. I was the first one to fill up the form and give it to the teacher. The two days left for the party, felt like two months.

The party was in the evening, so I still had to wait for few hours. I got my costume ready and kept on checking my watch every two minutes! After some time I wore my costume and painted my face and set off with my mother (who was dressed as a witch). When we reached, I looked out for my best friend. I found her in the Art room. There we coloured pictures of ghosts and witches. After that we got a tattoo done AGAIN-OF A GHOST! Then we went to the games room and played ghost games.

We later went to the 5<sup>th</sup> floor. It was a spooky graveyard and it had dry leaves everywhere. Next, we went to the Island of dolls. The character over there told us a scary story and we had to find three keys to get out of the room. Luckily I found one key. Then we went to the assembly hall. It gave me the creeps. I was very curious to know who the mummy was because he acted like a real mummy. I saw a rocking chair at the centre of the room, which was rocking on its own! Then I went down to have food. I didn't really like the rose syrup as it was too sweet for me. Overall I had a great time at the Halloween party.



-By Aadhya .C. (Grade III - CIE)



Once in a while...

Once in a while,

I walked a mile.

The sight was beautiful,

To see it 'I' was excited.

The mountains were high,

They seem to touch the sky.

By the way,

I don't know why?

The trip was not at all light,

It was filled with excitement.

I wish I could visit there again.

For a longer time!

-By Risha Kanthe (Grade VI - CIE)



## CONCENTRATION

Once upon a time there was a farmer, whose only prized possession was a golden watch. He used to wear it all the time. One day when he was working in his field, he noticed his golden watch was missing. He saw some kids playing nearby. He asked them if they could find his watch. The farmer said, "Whoever finds it will get a gift".

All the kids searched for half an hour but still could not find the watch. All of them went back home except for one boy who asked the farmer, if he could try again. The farmer agreed. The boy searched and then came with the watch after 5 minutes. The farmer asked the boy how he managed to find it in 5 minutes, while ten kids searched for the watch for half an hour.

The boy said that because it was calm, he could concentrate and find the watch.

Similarly, if we focus on something and work hard towards it, we will be able to achieve it.

-By Karnika Muralidharan (Grade VI - CIE)

## My School



I love my School as we are taught all the subjects in an interesting way. I especially like Math, Chess and Table Tennis Classes.

In Table Tennis, we learnt about backhand serve, forehand serve and foul. I also learnt new moves in chess.

In Art, the teacher taught us spray painting, bishop napkin and modelling with clay.

We go on the ground to play football and Kho-kho.

In dance class, we enjoy and learn Western dance and Indian classical dance.

We act and give speeches in speech and drama class.

In our school we have exciting competitions. Its fun and I enjoy a lot in my school. I like my school!

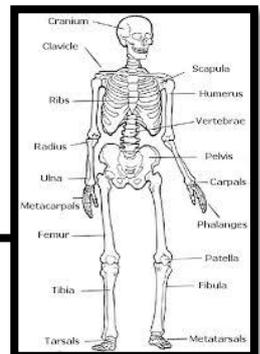


-By Tanmay Lagoo (Grade V - CIE)

### Fact File

- Human skeleton has 300 bones at birth but many fuse together to form 206 bones at maturity.
- Majority of the bones in our body are in our hand, consisting of 54 bones.
- The longest bone in the human body is the 'Femur' which is  $\frac{1}{4}$ th of our height.
- The smallest bone in the human body is the stapes, which is found in the ear.
- Bones contain empty space and contain bone marrow that makes red and white blood cells.
- Adult human bones are responsible for 14% of the body's weight.

By Siddharth Podder (Grade VI - CIE)



Did you know?

BONES

FACT FILE

Name - Siddharth Podder

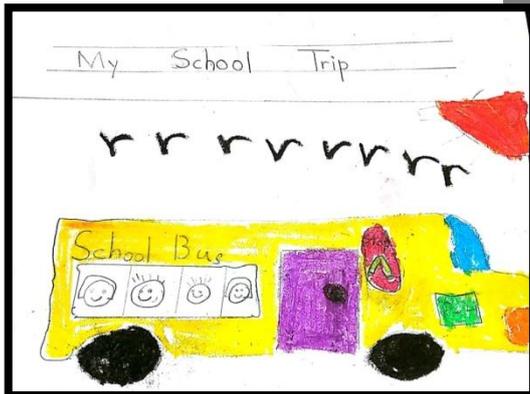
### Medium of entertainment

I was bought in a mansion and was set on a table.

At the end of every day I used to get tired, as I was watched by children in the mansion.

One day my owner regretted buying me because I stopped working and I was thrown in the garbage.

-By Hriday Goel (Grade VI - CIE)



### My School Trip

I went for the school trip on 9<sup>th</sup> Feb 2017 with my classmates and teachers. We visited two places. First we went to the horse stable. We met the horses called Barbie, Phantom and Rocky. I sat on Rocky for a horse ride. We fed Barbie with fenugreek leaves and carrot. We showered Barbie and gave her water to drink.

Then we went to the Butterfly garden. In the 'Butterfly garden', I saw different types of butterflies. We all sang 'Happy Birthday' for the new born butterfly. The butterflies were divided into different categories like India Wonders, Blue tiger, etc.

I had lots of fun in the trip.

-By Shambhavi Kasar (Grade II - CIE)





## My experience with the shining stars of Grade II

“There is no seven wonders of the world in the eyes of a child.”

“There are seven million.”

It seems that the year had just begun. But, in a wink of an eye we are reaching the end of the academic session. I still remember the first day of school, there was a tinge of apprehension and anxiety. The children were excited to be back after a long and refreshing break. I was equally excited and awaiting eagerly to receive my new batch of students.

I began the year with a promise to myself that, “I would see in my children not what is missing, but help them recognize and build on their strengths”. We have managed to maintain a healthy classroom environment. Here all students feel safe to venture, respond, make a comment or ask a question, no matter how trivial or wrong it sounds to me or any other students. We had many brain storming sessions, group activities and hands-on learning as part of our learning. There are positive dynamics that comes into play when students work in groups. There have been various occasions when my students made me proud. The story writing, dressing up as a national hero for fancy dress competition, conducting morning assembly, showcasing the best of their talents in events like Pflasterspektakel are to name a few. The enthusiasm, involvement, interest and dedication showed during their Spannial day performance were commendable.

I always believe that teaching is an art. As an artist, I must always try and create new pieces of art. This constant effort of an artist will eventually create a masterpiece. There is one lesson I have always learnt from my children, “Tell me and I forget, teach me and I remember, involve me and I learn”. And with this thought I hope, I can bring in a positive change in all my children for years to come.

The following poem sums up the awesome and exciting joy ride in our class

A is for adjective, adverbs, arrays, we know to say.

B is for busy bodies-at work and play.

C is for colours- red, yellow, blue and green.

D is for drawing pictures, the best you have ever seen.

E is for exercise that kept our bodies strong.

F is for the fun, we have had, as we have gone along.

G stands for the good friends we made throughout the year.

H is for the happy faces filled with love and cheer.

I is for the imagination used at every turn.

J is for good jobs and praises we have earned.

K is for the kindness we showed each day.

L is for learning - more and more each day.

M is for minding and showing our respect.

N is for numbers we are learning it correct.

O is for obstacles we learned to overcome.

P is for puppets and playing rhythms on the drum.

Q is for all the questions we have asked throughout the year.

R is for reading stories, even those that bring a tear.

S is for different snacks, several we have tried.

T is for talking, it's not to be denied.

U is for unusual; it fits some things which we have done.

V is for volunteers- parents and everyone!

W is for the world of words, we have dipped into.

X is for extra special kids- it's him, it's her, and it's you.

Y is for YES! It's been a great year.

Z is for the zest for the next year!

-By Ms. V. Bhuvaneshwari



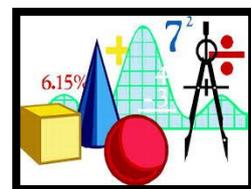
## A Pedagogical approach

Mathematics is the backbone of modern science and a remarkably efficient source of new concepts and tools to understand the real world.

Learning of mathematics begins with number sense, operational skills and incorporates aspects of language. Students are motivated to persevere through problems that are challenging.

The Mathematics Primary curriculum is presented in four content areas:

- Numbers
- Measure
- Handling Data
- Geometry



The secondary Mathematics curriculum is presented in six content areas:

- Number
- Measure
- Geometry
- Algebra
- Handling Data
- Problem solving

The building of concepts is taken care in the primary years where teachers use different manipulatives like Abacus, 3D objects, board games, sports, visual aids, music and stories to make the children understand the concept and to create a connection to real life objects.

While learning Integer addition and subtraction, children of grade VI were taught the rule through a poem 'Same Sign Keep an Add...' in the tune of 'Row Row Your boat...'

The Fibonacci sequence was taught by showing a video on how objects in real life like petals of sunflower, honey comb, etc are in the sequence of 0,1,1,2,3,5,...

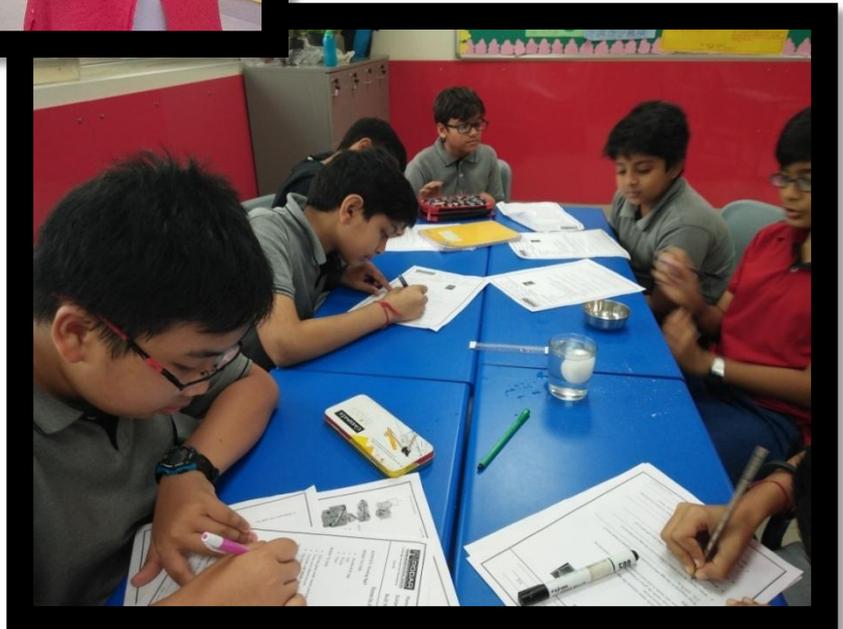
Fractions were introduced through a hands-on learning activity with pizza. Making connections to real life or previously taught lessons makes the learning more fruitful.

Math is all about problem-solving using strategies. Sometimes, there's only one way to solve a problem, but many times there are multiple ways to the answer. While teaching we model several strategies to understand and explore a concept. We encourage students to apply high-level skills to find the solution of a problem. Students discuss ideas and methods with their classmates and faculty, which develop their mathematical skills and understanding. The uniqueness of CIE curriculum builds learners' confidence on solving problems and presenting and interpreting results.

Similarly, in a Physics class, different pedagogical approaches are used like demonstration, hands-on experiments, and questions that require students to ponder upon 'what will happen in an experiment and why?'

Different activity based worksheets are prepared to understand different concepts in physics. Example: floating egg activity for density, parachute activity for air resistance, light etc. In the classroom, children are given the worksheet where they design a hypothesis. Such inquiry based learning helps the child to retain the concepts throughout.

-By Ms. Praseeja Nair



## "नए शिखर की ओर हिंदी"

हिंदी साहित्य के एक महान कवि भारतेन्दु हरिश्चन्द्र ने कहा था कि---

"निज भाषा उन्नति अहै, सब उन्नति को मूल।

बिन निज भाषा ज्ञान के ,मिटै न हिय को शूल।।"

अर्थात् यदि आपकी मातृभाषा की उन्नति हो रही है, तो आप हर क्षेत्र में प्रगति कर रहे हैं और अगर आपकी मातृभाषा का विकास नहीं हो रहा है तो आपके संस्कृति का विकास नहीं हो रहा है। अतः आप विकास की दौड़ में आगे नहीं बल्कि पीछे जा रहे हैं।



भारतेन्दु हरिश्चन्द्र की बातों से सीख लेते हुए हम कह सकते हैं कि हिंदी की विकास यात्रा में पिछले कुछ वर्षों में कई महत्वपूर्ण परिवर्तन देखने को मिले हैं। वास्तव में अब हिंदी अपने लिए नई क्षितिज तलाश कर रही है। इसी क्षेत्र में "पोदार इंटरनेशनल स्कूल CIE थाने" ने एक बहुत सराहनीय कदम उठाया है। जैसे कि यह एक अन्तरीष्ट्रीय विद्यालय है, यहाँ पर भिन्न राज्य और भिन्न देशों से विद्यार्थी आकर शिक्षा प्राप्त करते हैं। अतः उन विद्यार्थियों को हिंदी भाषा का बिल्कुल भी ज्ञान नहीं है, ऐसी स्थिति में हिंदी विषय को एक भाषा समझकर छोड़ दिया जाता है या विद्यार्थी के ऊपर एक बोझ डाल दिया जाता है कि आप जिस कक्षा में हैं उस कक्षा की हिंदी पढ़नी पड़ेगी। ऐसी ही समस्याओं को दूर करने के लिए पोदार CIE थाने में विद्यार्थी को उनके स्तर की हिंदी पढ़ाई जाती है न कि कक्षा के हिसाब से। इसके अलावा गद्यांश के लिए, "कथा-कथन पद्धति, नाटक पद्धति, चर्चास्पष्टीकरण पद्धति" और पद्यांश के लिए, "गायन पद्धति, चर्चास्पष्टीकरण पद्धति, तुलनात्मक पद्धति" इत्यादि के द्वारा हिंदी विषय को पढ़ाया जाता है, जो बहुत ही रुचिकर लगता है।

आज भी देश के एक हिस्से को हिंदी बेल्ट कहा जाता है, क्यों? क्या यह भाषा सिर्फ उत्तर की होकर रह गई है? शायद इसी एहसास को दिखाने के लिए "हिंदी दिवस" को मनाया जाता रहा है लेकिन यह भ्रम अब टूट रहा है और लोग समझ चुके हैं कि-"राष्ट्र गान के मस्तक पर सदियों से अंकित बिंदी है,

यह सबकी जानी पहचानी भारत की भाषा हिंदी है।"

20 साल पहले जब अक्सर यह सुनने को मिलता था हिंदी में-"मिले सुर मेरा तुम्हारा, सुर बने हमारा" तो यह पूरे देश को जोड़ने की बात करता नजर आता था। तभी से हिंदी के प्रति लोगो का नजरिया बदला है।

आज हमारे यहाँ युवा वर्ग की इतनी बड़ी संख्या है कि हम उन्हें नजरअंदाज नहीं कर सकते। उन तक हिंदी की पहुँच बनाने के लिए हमें उनकी ही स्टाइल की हिंदी में अपनी बात को कम्युनिकेट करना होगा। जहाँ "मुगले-ए-आजम "के डायलाग आज के युवा को भले ही इतने सहज न लगे, लेकिन "रंग दे बसंत"के डायलाग उनकी पसंद होग। "मुन्नाभाई एमबीबीएस"के डायलाग मुंबई स्टाइल की हिंदी का प्रतिनिधित्व करते है।

बहरहाल, आज हिंदी का भविष्य हमारी युवा पीढ़ी के हाथों में है। हिंदी रुपी बगिया में अपने तरीके से हिंदी की बागवानी कर हिंदी को एक नया शिखर प्रदान कर रहे ह, क्योंकि युवावर्ग भी अब तक समझ चुका है कि यदि देश की भाषा की उन्नति नहीं होगा तो देश का भी विकास नहीं होगा। जरूरत है हमें सिर्फ अपनी मातृभाषा की ममता को समझने की उसके अपनत्व को अपने मे समाहित करने की। क्योंकि-----

"भारत की भाषा है हिंदी

सबके मन की आशा है हिंदी

भारत का गौरवगान है हिंदी

साहित्य का भगवान है हिंदी

जीवन का आधार है हिंदी

कबीर वाणी का सार है हिंदी

मेरे लिए वरदान है हिंदी

मेरी तो पहचान है हिंदी

सबको अपना बनाती है हिंदी

गिरती है, संभलती है

फिर भी अपनी राह पर चलती है हिंदी।"



-By Ms. Sakshi Shukla

## Stumbling upon the endless possibilities

When a child regularly reads but later cannot recollect the profound knowledge that was accumulated it means that somewhere the learning has taken a back seat. The traditional chalk and talk method was what many of us were exposed to but, with changing times the need for a holistic development of a child became crucial. In this competitive world where everyone tries to climb the ladder of success only few can reach the pinnacle.

With passing times and my daily experiences, I realised that those who benefited most from a language or social studies class were those young minds that had practically learnt and experienced the concept rather than those who had rote learnt it. The global world we live in is diverse. Thus, to survive with time and to be a stand-out amongst the chaotic crowd one's language and practical skills become significant. While working with the young explorers, I always stumbled upon instances where the child would learn and retain the knowledge better if taught with hands on learning and other interactive methodologies. I realised that the imagination and creativity is slack today amongst many of us. I saw the tremendous benefit of the CIE way of learning and hence brought those dimensions in the CIE classroom.

In CIE we learn the crux of the concept to understand the content. This pedagogical approach helps the learner to then use the knowledge in any practical situation. A day in an English language classroom involves a lot of imagination, variety of structural and language activities, role-playing, along with more formal exercises. The students are encouraged to communicate with each other using the structures and vocabulary they've learnt. This improves their four basic language skills of listening, speaking, reading and writing thus meeting the global benchmarks.

In classroom we work on major fundamentals that employ a variety of stimulus, conducive learning environment, diverse teaching aids, and creative techniques to enhance knowledge. This year the topic of structure of Earth in humanities grade VI was taught by making a food model with biscuits, berries and candies. The Roman civilization was learnt through a song 'Like a Roman'. The stories of 'Horse Sea-biscuit' and 'Jaguar' were experienced through imagination and role-play. Poems were enacted, blogs were drafted, maps were seen through 3D elevation, and stories were made through story cube and story mat techniques. The students of Grade VII felt what the American colonists felt during Boston Tea Party incident when they threw the tea chests and captured the British ship in their classroom.

It's not touch and go,  
The way we go.  
It's to carve and engrain,  
In the budding brain.

The opportunities here are skylarks,  
The possibilities shine like bright sparks.  
Sky is the limit given to explore,  
The progressive discovery here thus soars.  
How meek is man for not reaching enlightenment;  
For here is the opportunity of an unending enrichment.

-By Ms. Mrinali Arora

### **Physical Education a must in schools...**



As a Physical educator, I implement events and programs (e.g. Spannual day, Interdisciplinary Units etc...) which enhance the quality of physical education in Podar CIE. Rarely are these practices disseminated to other physical educators. The best practices implemented in Podar CIE is freedom of thought and action in an innovative way in order to share high quality practices, simultaneously providing recognition to the dedicated physical educators.

A day at Podar CIE starts with a healthy session of Yoga thereby increasing student participation, activity levels, and their subsequent enjoyment of PE class, helping their teachers implement a standard-based approach to instruction.



-By Mr. Bipin Nevse

### Importance of reading in schools

As fondly said by Dr. Seuss,

“The more that you read, the more things you will know.

The more you learn the more places you will go”.

True to the above quote, reading is imperative to a child as much as socialising with peers is.

Hasn't there been a time in our lives when our parents have emphasised the need for reading a book? It used to be nagging and for a moment we would have said “Oh! Leave me alone”.

They were so right is what I realise today.

Reading helps children perform better in the skills of reading, writing, listening and speaking. It also helps develop a broader vocabulary, increases knowledge and gives a multicultural perspective. Reading not only helps to develop the mind, but it also helps a child to comprehend and connect to the society and further it develops the imagination of the child.

Reading builds the confidence of the child and thus the child will be able to perform better.

“Reading is to the mind what exercise is to the body” – Joseph Addison

- By Ms. Pavitra Karthik



## Interdisciplinary studies

Study that allows the student to make connection between ideas and concepts across different disciplines is interdisciplinary study. Students learn to apply the knowledge gained in one discipline to another discipline thereby deepening the experience.

We as facilitators at Podar CIE thane, encourage studying the topics thematically to bring ideas together resulting in meaningful learning.

This method of teaching and learning is maximised when professionals from different disciplines work together to serve a common purpose and to help learners make the connections between different disciplines.

Such interactions are the support of the constructivist paradigm which allows the learners to grasp new concepts with an ease.

This type of approach helps these young explorers resulting in-

- Giving an authentic purpose for the learning and connecting it to a real world context. And hence, the learning becomes meaningful, purposeful and deeper resulting in learning experiences that stay with the student for a lifetime.
- Students cover topics in depth because they are considering the varied perspectives through which a topic can be explored.
- Critical thinking skills are used and developed as students learn to consider other's viewpoints.
- Exploring topics across a range of subjects motivates learners to pursue new knowledge in different subject areas.
- Interdisciplinary knowledge and application can lead to greater creativity, critical thinking, synthesis and excellent research ability, thus moulding the future learning experiences.



-By Ms. Dhanashri Kulkarni



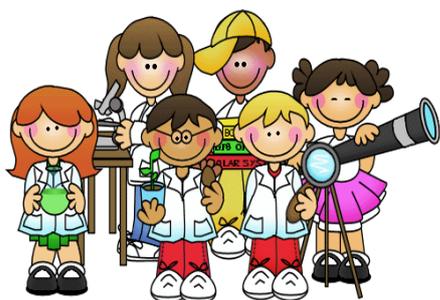
Kids love learning through simple science experiments. Scientific explorations teach kids patience, analytical thinking and scientific temper.

There are numerous opportunities for exploring science with the child. For example, the child is learning about the basic properties of light when he notices the size and shape of his shadow changing as the sun appears to move across the sky. Observing his reflection in a mirror, window, or pool of water explains the phenomena of light. Similarly, we use simple objects such as balloons and paper planes to help the child explore the properties of air. Traditional science lessons have often begun with teachers presenting students with science vocabulary words and asking them to write the words, find the definitions in a dictionary or the glossary of the textbook, match the words to definitions, or use the words in a sentence. In this model of instruction, words are often presented in isolation and students are tested on the words alone, without application to concepts.

Many of us were “taught” this way, so we remember how these practices have contributed to our conceptual development. These traditional strategies stem from the assumption that students absorb the meanings of scientific terms, by writing the words and their definitions.

Results reveal that although learning scientific language remains a primary hurdle, there are several other ways to overcome the hurdle. One such way is ‘the CIE way of learning’.

-By Ms. Preeti Pasricha



## Technology at its Zenith

ICT has become an integral and accepted part of every subject. The use of ICT in appropriate contexts in education can add value in teaching and learning, by enhancing the effectiveness of learning, or by adding a dimension to learning that was not previously available. It may also be a significant motivational factor in students' learning, and can support students' engagement with collaborative learning. The ICT framework provides opportunities for cross curricular work.

Through research, students of Grade VII have designed a website on "Solar System". This activity helped them to study the science topic in depth and also developed ICT skills of designing a website.

English and ICT subjects were collaborated to impart language and ICT learning amongst the students of Grade VI. Pupils composed an Email to a teacher, thanking her for her guidance. Such activities help students learn the skills of formal letter writing and Email techniques.

ICT contributed in other subjects in the following ways:

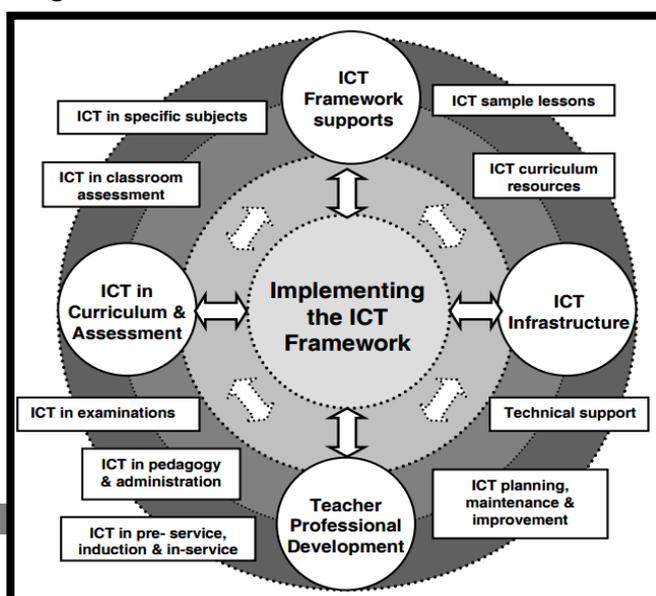
- collaborative email projects with students
- exploring and researching on the Internet
- Presentations, Audio – visual videos, etc.

ICT is most effective with students and it supports:-

- active involvement in learning
- development of higher order thinking skills
- interest and engagement in learning
- differentiated learning
- collaborative learning



It is important for teachers to incorporate ICT in all subjects as it can enhance learning and develop universal skills involved with using technology that children can carry with them throughout school and life.



-By Ms. Radha Kaur Bhullar

## Curriculum the CIE way

“Give the pupils something to do, not something to learn, and the doing is of such a nature as to demand thinking, learning naturally results.”

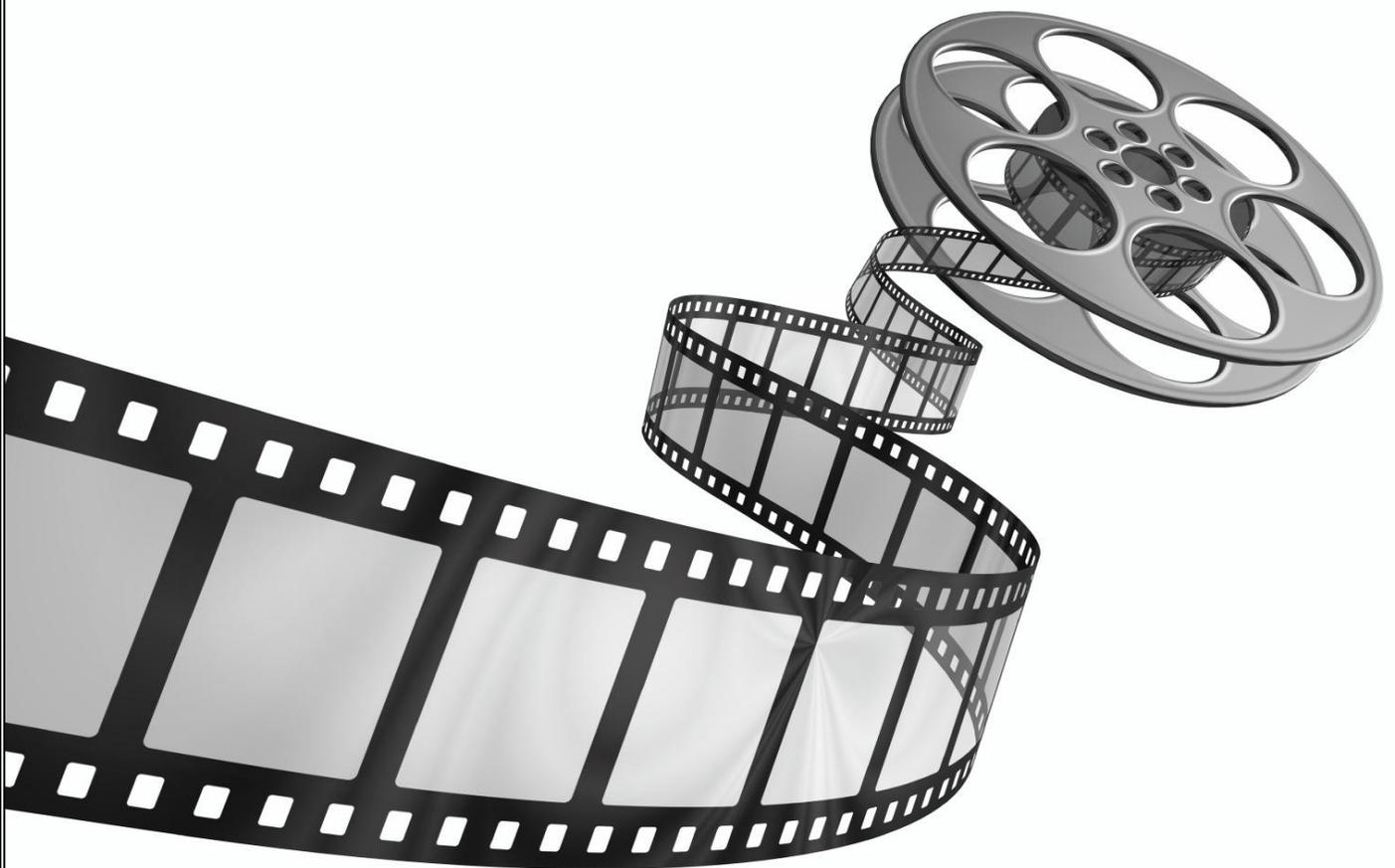
-By John Dewey

This is what CIE curriculum explicitly extends to the holistic development of a learner. The curriculum is designed in a manner which enhances the higher order thinking skills. It keeps connectivity grade-wise and caliber-wise through vertical and horizontal articulation in every subject. Academic rigor involves activities which allow the child to think for himself and develop problem solving skills. This makes them expressive, inquisitive and creative in their approach to every learning challenge.

- By Ms. Deepika .P. and Ms. Vishakha. S.

# GALLERY

## Walk



Inside classrooms different pedagogical approaches are used like demonstration, hands-on experiments, and inquiry based learning that require students to ponder upon what will happen in an experiment/situation.

Podar International School  
CIE  
Classroom Activities



Grade I



Grade II



Grade III



Grade IV



Grade V



Grade VI



Grade VII

Podar International School  
CIE  
Events



Habitat for Humanities



Investiture Ceremony



Halloween



Christmas



Navratri



International Yoga Day



Sports Ground



Computer Lab



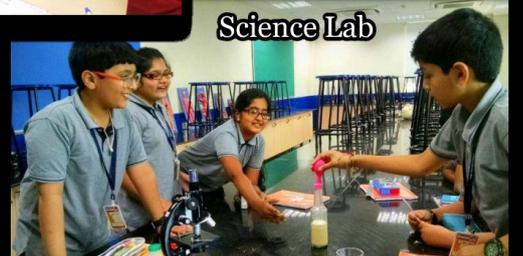
Speech and Drama



Library



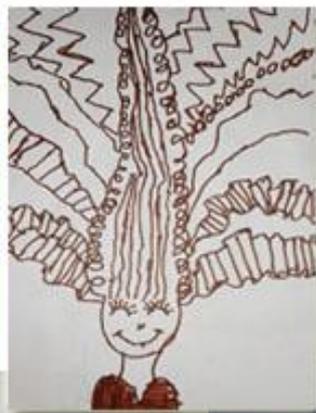
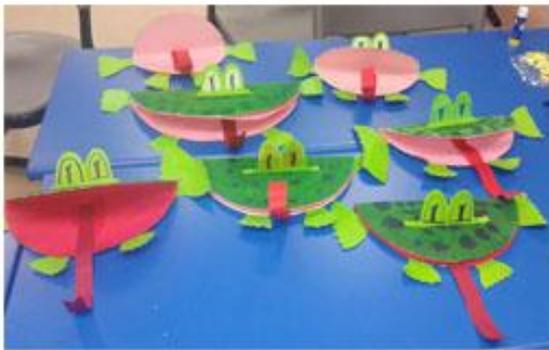
Science Lab





**PARENTS  
ON BOARD**





# Awards & Accolades...



*for our matchless and  
considerable efforts!*



## OLYMPIAD WINNERS

### Complete Result of 2<sup>nd</sup> Level 2016-17

Many students qualified for level 1 Olympiad examination. Given below is the status of level 2 achievers who made us proud.

Subject	Roll No	Name	Marks	Class	State	All India
Science	46129002001	NAISHA RASTOGI	35.714	2	62	119
Mathematics	46129002001	NAISHA RASTOGI	63.281	1	116	130
Science	46129002003	HARINI ARAVIND	55.814	1	36	73
SSGK	46129002007	DHEER GUPTA	43.682	1	50	59
English	46129003002	SAMARTH BISHWAL	70.523	1	29	42
English	46129004001	EVA SHARMA	78.186	1	8	15
Mathematics	46129006001	HRIDAY GOEL	47.600	1	46	102
English	46129006003	RISHA KANTHE	72.203	1	12	15
Science	46129007004	RUSHABH DHARAMSHI	45.193	1	46	83
Mathematics	46129007004	RUSHABH DHARAMSHI	47.296	1	33	75

ABACUS WINNERS

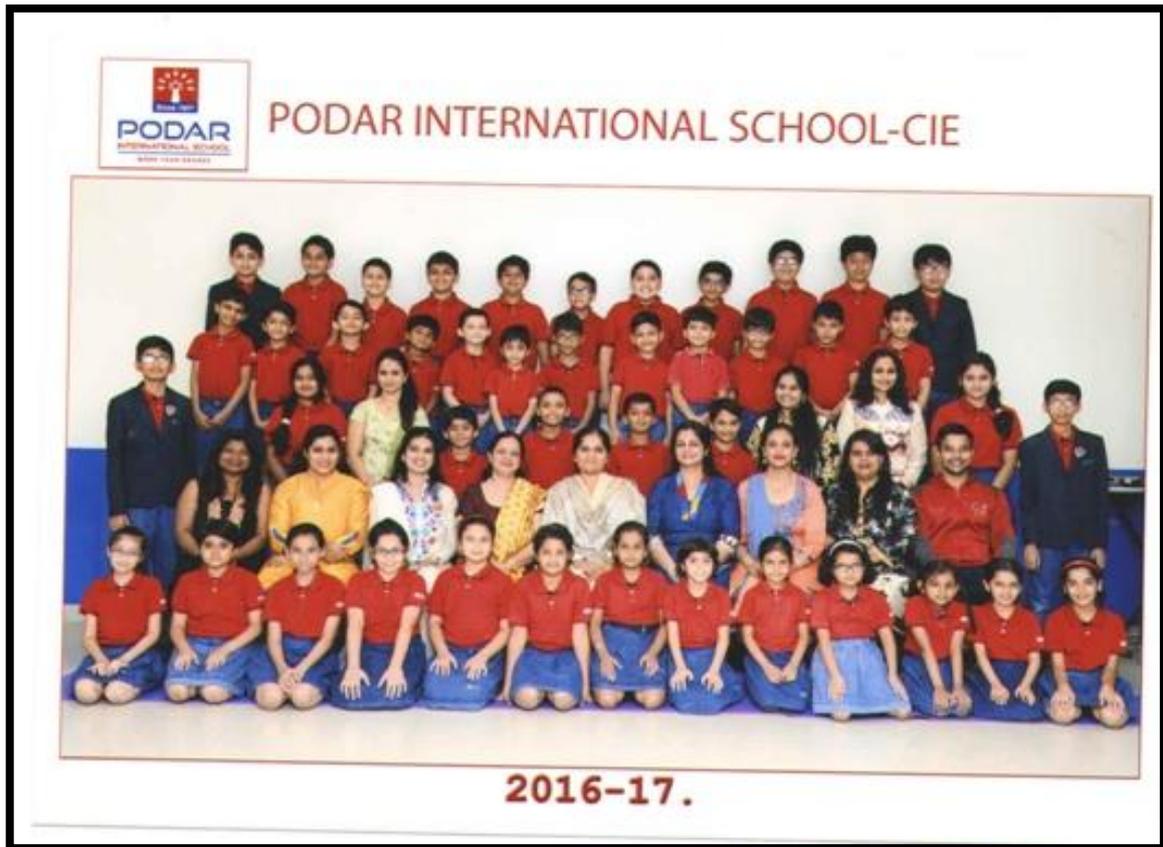
Grade	Student Name	Trophy
III	Yuvraj Singh	RUNNER UP-1
IV	Eva Sharma	RUNNER UP-2
I	Arnav Pisharody	CONSOLATION
II	Eashan Senect	CONSOLATION
VII	Ahan Upadhye	RUNNER UP-4
VI	Risha Kanthe	MERIT

SPEECH AND DRAMA TROPHY

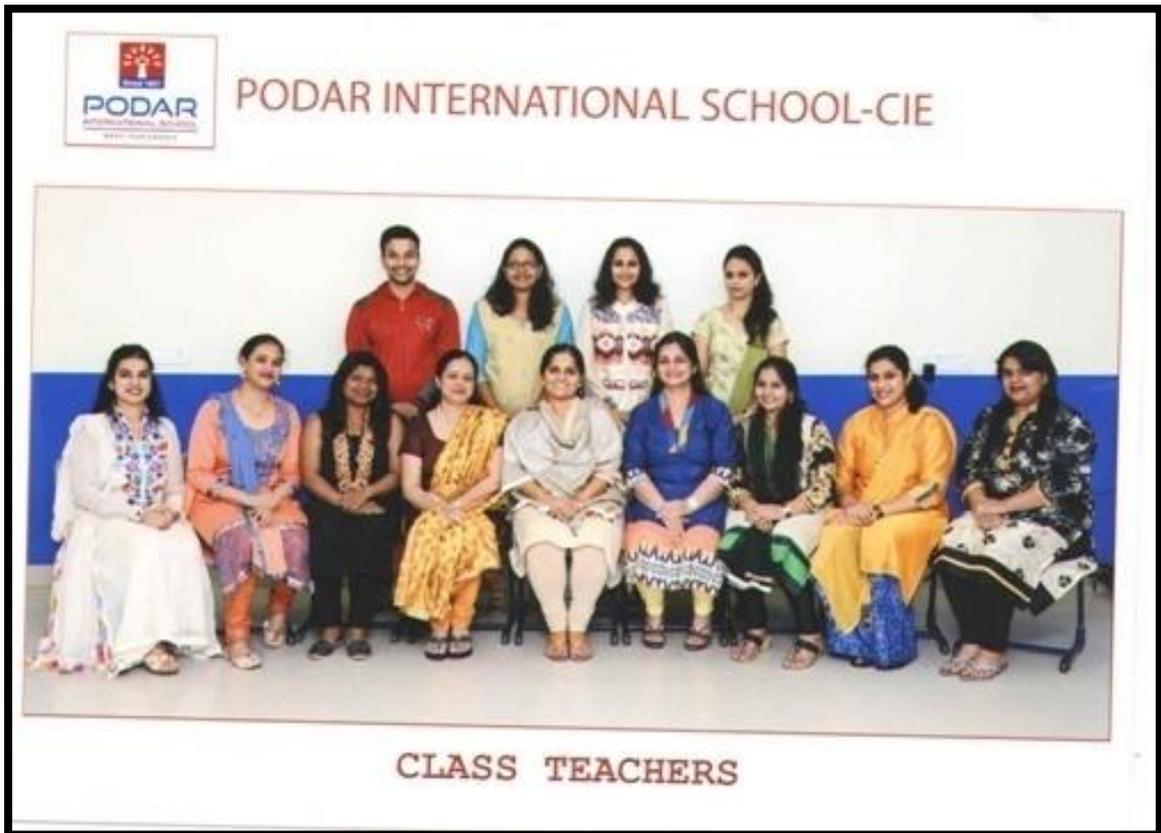
Year	Students Name	
2015-16	Aanya Das	Tanmay Lagoo
2016-17	David Lijaya	Abhishek Bhadkamkar



SCHOOL PHOTOGRAPH 2016-17



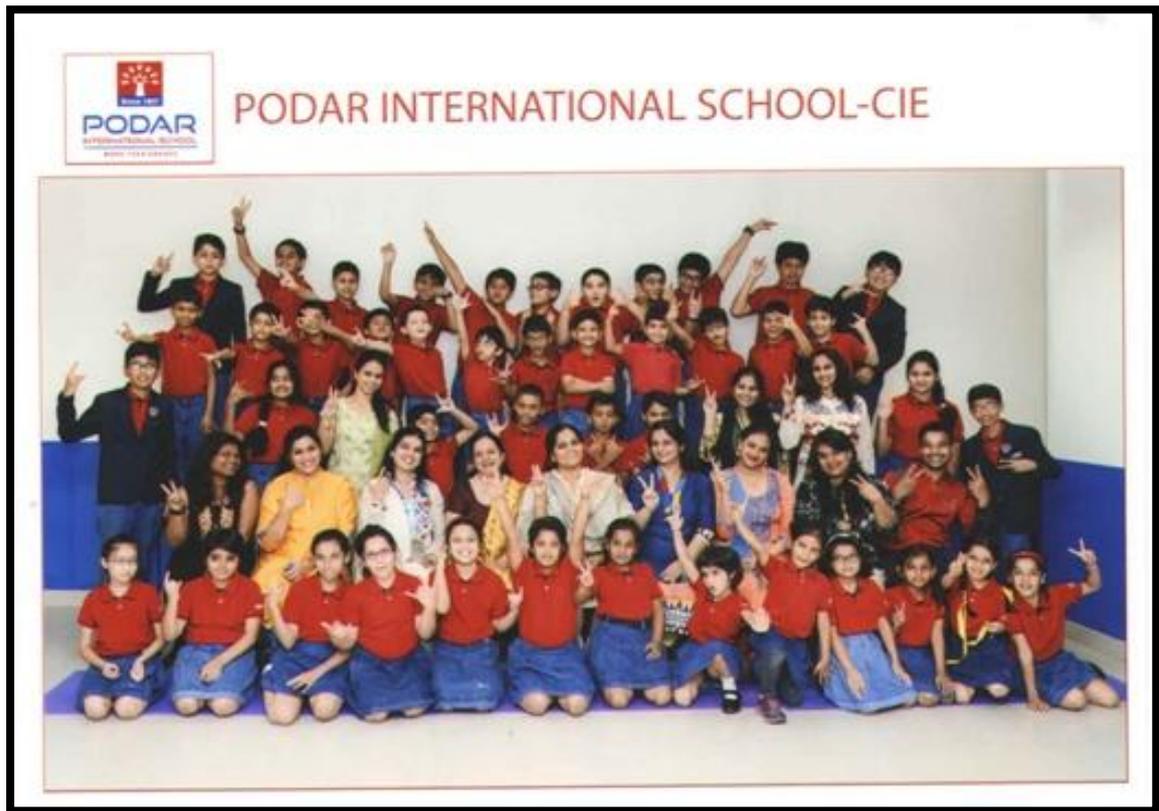
## STAFF PHOTOGRAPH 2016-17



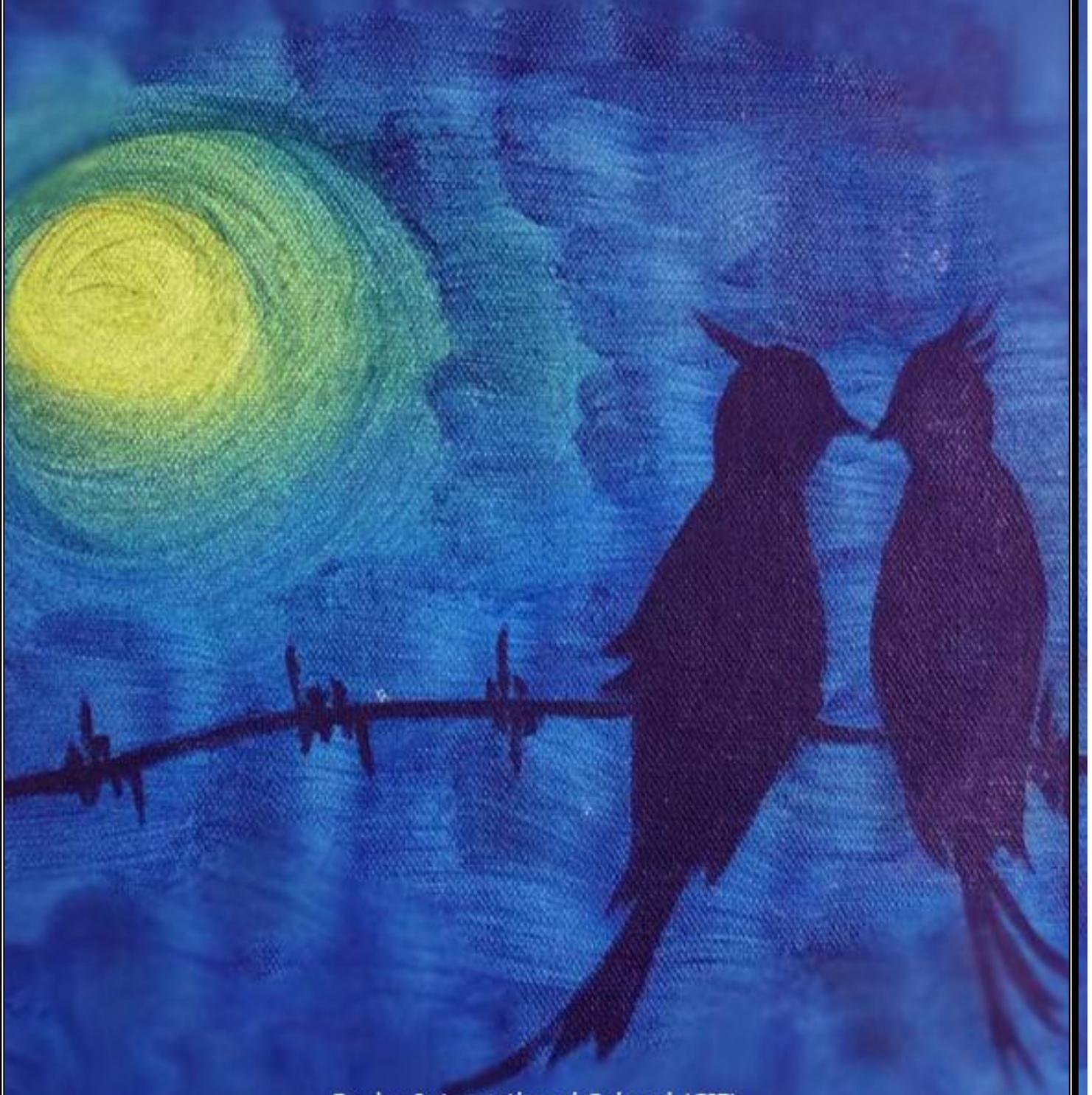
## SUPPORT STAFF PHOTOGRAPH 2016-17



# PHOTOGRAPH 2016-17



*Art by Eva Sharma  
Grade IV*



Podar International School (CIE),  
'A' Wing Hamilton building, Hiranandani Estate, Patlipada, Ghodbunder road,  
Thane (w)-400607.  
Tel: 022 - 25682581  
Web: [www.podarinternationalschool.com](http://www.podarinternationalschool.com)