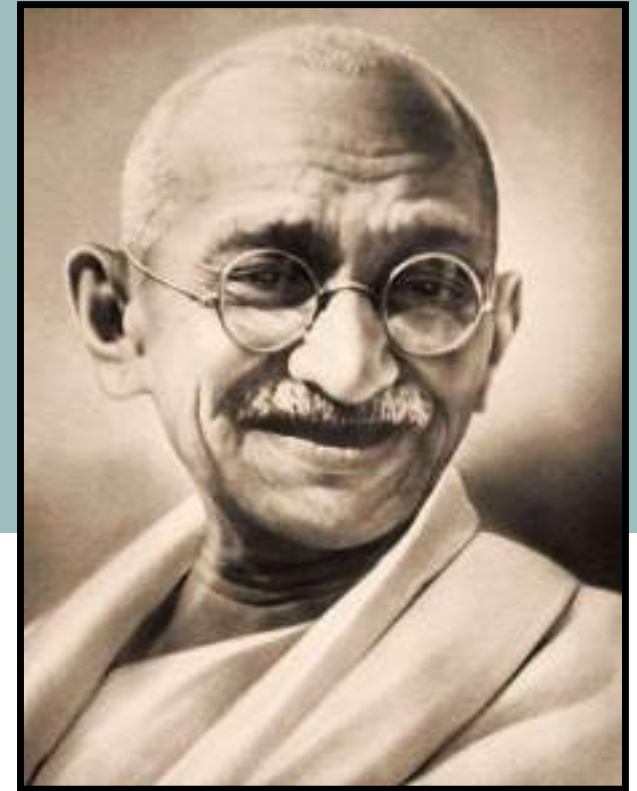




# PODAR INTERNATIONAL SCHOOL, CBSE SUNDARWADI 2024-25



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**PODAR INTERNATIONAL SCHOOL, CBSE  
SUNDARWADI  
CHH. SAMBAJINAGAR**

**6<sup>TH</sup> ANNUAL REPORT  
2024-25**

Podar international school offers a holistic education experience, focusing on academic excellence, skill development, and character building, aligned with our school's mission, vision, and values. We provide a multidisciplinary education that fosters critical thinking, creativity, collaboration, and communication.

We ensure everyone's participation, and each school student should get an opportunity to explore their talent and skills.

**The competency of the School is aligned with the mission, Vision, and Values of the School.**

- Experience-based learning.
- Project-based learning.
- Technology integration and digital literacy.
- Vocational education and skill development.



## MISSION

TO DEVELOP AND EQUIP THE CHILDREN OF INDIA FOR THE CHALLENGES OF THE 21ST CENTURY.

## VISION

TO BE THE BEST AND BE RECOGNISED AS RAISING THE TRADITIONAL STANDARDS OF EDUCATIONAL POSSIBILITIES AND OUTCOMES FOR STUDENTS, PARENTS AND SOCIETY.

## VALUES

INNOVATIVE • OPEN • COMMITTED • LONG-TERM



Since 1927

# GOALS FOR EACH PODAR STUDENT

Based on our experience and approach, we have designed a set of goals that we ensure

our students achieve by the time they are ready for the next level of learning.

## INDEPENDENT THINKERS

At Podar International School, the students from a very young age are trained and encouraged to be independent thinkers and to take on an approach of innovation and ingenuity. Therefore, when faced with a problem or a situation, our students do not simply look for ready answers but **USE THEIR IMAGINATION AND ANALYTICAL ABILITIES** to create pragmatic solutions.



## COMMUNICATORS

We believe that it is not enough for our children to just have great ideas - it is equally if not more important that they are able to communicate these ideas effectively. We train our children to be **EFFECTIVE COMMUNICATORS, ARMED WITH ELOQUENCE, ASSERTIVENESS AND CLARITY IN THOUGHT** to put forth their points with ease and without hesitation, irrespective of the audience or the occasion.

## ADAPTORS

We believe that every Podar student should be able to adapt to the global scenario that they would be a part of - the scenario where change is the only constant. We train our students to be steadfast in an ever-changing environment, using their skill, their **CORE COMPETENCE AND THINKING OUT OF THE BOX** to make sure their success is not a probability but a certainty.

## MODERN CITIZENS

We live in an age where technology has pervaded every single space, right from agriculture to aerospace, economics to policy. The Podar approach to learning imparts our future generations with the necessary **TECHNICAL KNOW-HOW AND THE AWARENESS OF THE FUNDAMENTALS** of each technology so they are unfazed by changes and always up to the challenge.



## GOOD HUMAN BEINGS

Last but not least, we understand that integrity, values, and standards are what distinguish the successful from true success. It is a matter of pride for Podar International School that we do not just make our children knowledgeable - we nurture them as little saplings, **INCULCATING VALUES AND LIFE SKILLS** that will help them achieve not just numerical success but also win the hearts of the world along the way.





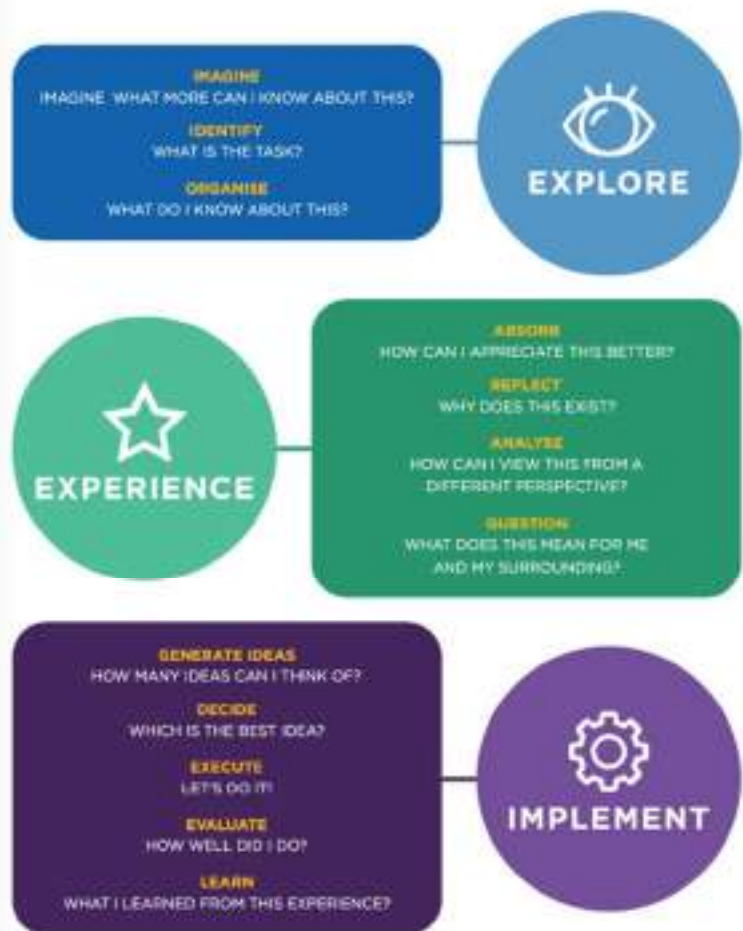
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We have realized that our objective at Podar Education Network is not merely to train students and get them to clear examinations but to encourage their scientific temper, foster creativity and most importantly inculcate the values and standards that are required to make them proud citizens.

This belief has led us to adopt a pervasive and learner-centric teaching methodology that focuses on the following model of learning that is practiced at all levels of the organisation:

**EXPLORE**  
**EXPERIENCE**  
**IMPLEMENT**

## THE RIGHT APPROACH





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## EXPLORE

Stage one of learning starts with exploration. The neurons in the brain of young children are connecting at a furious pace and need stimulation from the five senses. In this stage, learning is based on hands on experiences that lead to thinking and logical skills. Exploring ideas, thoughts, shaping and reshaping projects are all integral aspects of this stage. For a learning based project it is important that children immerse in the idea and explore it from all angles. Our model helps support this exploration in children.

## EXPERIENCE

Stage two of learning is shaped with experience. Having already explored with the senses, in this stage children connect that exploration with past knowledge and create their thoughts and shape their ideas that leads to knowledge and understanding of the world around them. Analyzing, optimizing, restructuring are some of the high end pre-frontal skills developed at this stage. John Dewey's model of "project based learning" along with Jean Piaget's "cognitive learning theory" are incorporated at this stage to help children experience knowledge with understanding.

## IMPLEMENT

Stage three of learning, implementation, is the goal of all education. Knowledge is not complete unless it is applied and used to bring about a change both in the individual and the society. At this stage, students are encouraged to implement their ideas and bring about a change in their practice and their thinking. Implementation also helps the students understand "what works" and "what does not work" so that they can work on restructuring and redesigning the idea to suit the needs of the project.







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# HIGHLIGHTS OF THE PODAR CURRICULUM

A few of the strategies & programs that are currently implemented at Podar International Schools that are focused on giving the ownership of learning to our students:



## **Symphonics**

An in-house phonics program for students from Pre-school onwards that aims to develop a strong foundation in the English language by integrating phonics into learning, reading, and writing with the use of colourful flashcards, interesting stories and melodic rhymes to make learning joyful!



## **Power Math**

We believe that Math is a subject best learnt by doing. Therefore, we've designed Power Math, our in-house program for primary classes based on the CPA model (concrete, pictorial and abstract teaching), NEP 2020 and NIPUN.



## **The Integrated Learning Program**

The program aims to foster 21st-century skills in critical thinking, communication, collaboration, and creativity through school-wide, theme-based modules. Students develop the ability to research, collaborate, and communicate their thoughts and ideas with a strong sense of personal and social responsibility.

The Earth Avengers Action (EAA) is an initiative by our students to focus on sustainable means of living for the long-term survival of life on Earth. Every year, the initiative focuses on different issues related to sustainability. For example, in the current academic year, the students will be agents who will act to reduce plastic use and find ways to dispose of plastic responsibly.



## **Digital Citizenship program**

In today tech-dominated world, even non-technical skills rely on technology, making digital literacy an essential educational tool. The Digital Citizenship Program is designed to provide students with an in-depth understanding of the digital world, enabling them to use technology knowledgeably, safely and responsibly. It is a grade-wise program encompassing various aspects of digital literacy, awareness, and usage.

## **FOCUS ON LIFE SKILLS**



## **Mindful Me program**

The 'Mindful Me' Program is a new perspective on life skills and value education that aims to provide students with life-long self-management skills. It focuses on building compassion, empathy, resilience, perspective, and essential qualities for navigating the complexities of modern life. Through this program, they learn:

- **Self-Awareness:** Understanding one's emotions, strengths, and weaknesses.
- **Self-Management:** Regulating emotions, thoughts, and behaviours in different situations.
- **Social Awareness:** Showing empathy and understanding for others.
- **Relationship Skills:** Building and maintaining healthy relationships through communication and conflict resolution.
- **Responsible Decision-Making:** Making ethical and constructive choices about personal and social behaviour.
- **Understanding Gratitude** and being a good citizen of the country by doing our duties and taking responsibilities.



## **Good Project**

Aligned with Podar's philosophy of nurturing responsible and versatile learners, Podar Education Network has implemented the 'Good Project', a certification program developed by Harvard Graduate School of Education and customised by the Podar Innovation Center for its teachers and students. This initiative focuses on helping students deliver 'Good Work' by engaging them in collaborative activities that address daily dilemmas through ethical practices and high standards.



## **Project Synthesis**

This program is created to develop thinking skills in young learners which is a crucial ability for future success. Traditional education often emphasises correct answers over the thinking process, limiting creativity and encouraging rote memorization. Project Synthesis addresses this by developing their minds and giving them opportunities to hone their logical and lateral thinking skills.





# SCHOOL ASSEMBLIES AND EVENTS

The school assemblies are the best platform and opportunity for our students to express their ideas, views and present the performance on respective assembly topics. In assemblies, we commemorate birth anniversaries of great personalities and celebrate numerous national and international days. We also celebrate many events through ILP (Integrated Learning Program), yielding practical and experiential learning for our students.

Let's hear more about it from our students.



Back to  
School













Dr. B.R  
Ambedkar  
Jayanti









# Shree Ram Navami









# Gudi Padawa









# Plastic Game Changer























# ACADEMICS

Academics is the core competency of Podar Education Network which gives opportunities to the students to explore themselves.



















# PANCHKOSH GUIDES

Our Podar Prep School's Panchkosha guides our education approach, going beyond academics.





# PANCHAKOSHA: FIVE ELEMENTS OF COMPREHENSIVE GROWTH



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## Panchakosha

The Panchakosha description in the Taittiriya Upanishad is one of the earliest articulations of the different domains of development.

Physical Development, or  
annamaya kosha and  
pranamaya kosha

It includes bodily awareness  
and embodied learning  
through active engagement  
of all sensorial perceptions.

We implement this through-

- Yoga and breathing exercises
- Music and movement
- Jambe snack menu
- Sensory spa
- Being, Becoming and Belonging activities

Emotional and spiritual  
development or the  
manomaya kosha

It involves becoming aware of  
and skillfully regulating our  
emotions. The domain of **Socio-  
emotional and Ethical  
Development**, thus emerges as  
an important domain of  
development both from the  
Indian traditions and current  
research.

We implement this through-

- Mindfulness activities
- Songs and rhymes that teach  
children how to respond to  
different emotions
- Stories that help them with  
perspective taking
- Kindness culture

The development of the  
intellect, or  
vijananamaya kosha,

It is emphasized to engage  
meaningfully with the cognitive  
and conscious aspects of  
human experience. The domain  
of **Cognitive Development**  
captures this aspect of  
development

We implement this through-

- Literacy
- Numeracy
- S.T.R.E.A.M. activities
- Science experiments
- Learn to do activities

Anandamaya kosha, or  
experience of transcendence.

Is best addressed for this age  
group through arts and  
culture. Thus, including the  
domain of **Aesthetic and  
Cultural Development**, makes  
the educational experience  
holistic and complete.

We implement this through-

- Creative art activities
- Indian art forms in activities
- Technology and art  
integration
- Coding and Mandalas

## 5 KOSHAS

Annamaya Kosha

Physical body



Pranamaya Kosha

Energy body



Manomaya Kosha

Emotional body



Vijananamaya Kosha

Wisdom body



Anandamaya Kosha

Bliss body





# SCHOOL CLUBS AND ENRICHMENT ACTIVITIES

Our school offers a vibrant array of school clubs and hobbies, including music, dance, and art classes. These co-curricular activities foster creativity, teamwork, and holistic development.

We have well-equipped labs that provide hands-on experience, audio-visual aids, and smart classes that facilitate a clear understanding of concepts. We also engage in project-based learning, creating charts and exhibits to demonstrate our understanding. Learning at our school extends beyond the classroom walls.





## School Clubs And Enrichment Activities

































































# MATHS EXHIBITION

Our school gives an opportunity for the students to prospect their potential and gauge it in the forms of projects, working models and demonstrate their skill in a novel way. Math, Science, and Art Exhibition is the best platform for the students to showcase their skills and learnings.

















# SCIENCE EXHIBITION















# ART EXHIBITION













# CAMPUS CLUB MUN

The school not only provides an opportunity to develop our personalities on the school premises but on a higher platform as well. 14 students from our school participated in the Campus Club MUN and performed well. Miss. Prapti Thakur (X) clinched “The Best Delegate” among almost 25 schools across Chatrapati Sambhaji Nagar.

She shined like the Northern Star throughout the MUN conference.







# WELFARE SESSION

The school has well-designed committees like the Girls Welfare Committee and the Boys Welfare Committee. The teachers take care of our emotional, physical, and social well-being through these committees.

Our school emphasizes the importance of social responsibility and empathy, encouraging us to make a positive impact.

Through various community service initiatives, we engage with the community and develop compassion and understanding.

These experiences not only benefit the community but also help us grow as individuals, fostering a sense of social responsibility and empathy.



















# SAFETY — PHYSICAL AND MENTAL

We Podarites are on the toes for the safety and well-being of our students, let's listen to it from our messengers:

A healthy soul lives in a healthy body so our school takes initiatives to ensure that we stay healthy through various camps.

A dental and Eye check-up camp was organized for Grade I to X students, a team of experienced doctors examined and suggested students to look after their dental and eye health.















## Dental Check Up

























# Fire Drill









# PODAR

## INTERNATIONAL SCHOOL





# SCHOOL COUNCIL

Students who are a part of the school council are provided with opportunities to lead, it instills values and builds resilience. Student councils are groups of students who are elected by their peers democratically. Let us hear their learning through out the year. The school council wishes to share their learnings with you today.





# Investiture Ceremony



























Since 1927







# DANDIYA AND WINTER FUN FAIR

Our school hosts the Dandiya and Winter Funfair events for both students and parents, providing them with the opportunity to come together and celebrate our rich traditions. These events are filled with zeal and enthusiasm, allowing everyone to spend quality time enjoying the festivities and fostering a sense of community.



# Navratri























# FIELD TRIP (EXPERIENTIAL LEARNING)

Our school organizes field trips and educational excursions to help us understand the sectors of the economy and market. Please lend an ear to the mesmerizing experiences of our students about Field trips

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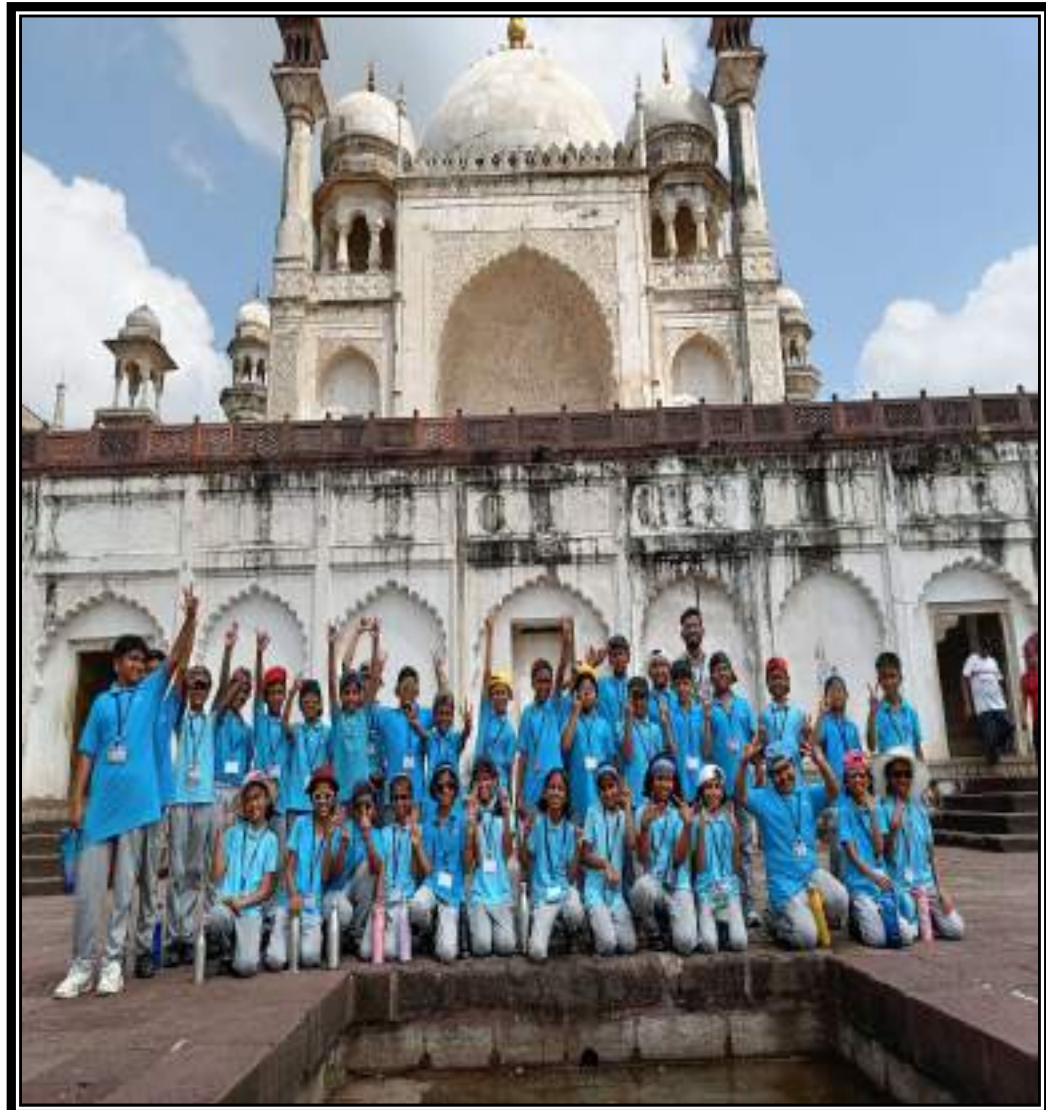
## BiBi-ka-Makbara















## Chh. Shivaji Maharaj Museum















## FIELD TRIP (EXPERIENTIAL LEARNING)





# PODAR VOLUNTEER PROGRAM

Podar Volunteer Program makes the students feel good about yourself and your life. This program develops a lot of emotions amongst students across the grades. Students can feel a sense of pride and identity from helping others and the community. The school actively engages in volunteer programs developing the sense of empathy. They can feel a sense of purpose and belonging by working towards common goals.





















# SPORTS ACHIEVEMENT

Sports and physical education are integral to our educational experience. Our school offers hobby classes, sports sessions, and inter/intra-school matches, utilizing top-notch facilities and guided by experienced coaches. We provide a diverse range of sports and activities, including:

In addition to outdoor sports, we also have various indoor games, with chess being a notable highlight, where podarites have excelled in numerous tournaments.





MISS. ABHILASHA NIKAM STATE LEVEL 100 & 200 METER



BAGGED III POSITION IN THE RELAY RACE AT TALUKA LEVEL DSO MATCHES





DSO FOOTBALL MATCHES UNDER 14 GIRLS FOOTBALL TEAM SECURED II  
POSITION IN DSO TALUKA LEVEL



**DSO CRICKET MATCHES UNDER 17 GIRLS DIVISIONAL LEVEL**





**DSO BASKETBALL MATCHES UNDER 14 GIRLS SECURED  
III POSITION DISTRICT LEVEL**





**DSO BASKETBALL MATCHES UNDER 14 BOYS SECURED III  
POSITION DISTRICT LEVEL**





**DSO BASKETBALL MATCHES UNDER 17 GIRLS SECURED III  
POSITION DISTRICT LEVEL**



HIGH JUMP AND LONG JUMP DSO - APOORVA BHOPALE





**HIGH JUMP AND LONG JUMP DSO , 200 M RUNNING DISTRICT  
LEVEL — SHRAVANI KATHULE**



**DIVISIONAL LEVEL SHOT PUT ACHIEVER MISS. SOUMYA  
KUMARI VIII ACHIEVED III POSITION**





DIVISION-LEVEL KARATE CHAMPIONSHIP MISS. YASHIKA  
SHARMA PULLS OFF II POSITION

## DSO CHESS TOURNAMENT DISTRICT LEVEL



MISS. ANVI PANDAV VII



MISS. SHERYA NACHAN VI



## INTER PODAR TOURNAMENT



MAST. SWANAND KALE



SHREYAS YEWALE



# ACADEMIC ASSESSMENT PATTERN

Academic assessment of the school is aligned with the National Education Policy (NEP). Our Assessment laid great emphasis on the need for revamping students assessment through examinations for bringing quality and confidence in the system of education. The journey of student assessment is a gradual and long way passing through oral testing, written testing, internal and external. assessment, continuous and comprehensive evaluation, and competency-based assessment.





# OPEN HOUSE

Parental involvement is required to observe their ward's progress in holistic areas. Parents dream of their child's education and want to establish a collaboration with teachers and the school, to shape their ward's career.

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# TEACHER TRAININGS

To upgrade students' desired outcomes and to enhance teachers' professional skills, our school conducts training to meet the need for educational changes. The school has conducted multiple training sessions for teachers this academic year.

- 1.The Symphony of Learning- Creating Harmony in Classrooms
- 2.Loop Learning Training
- 3.Strengthening Assessment and Evaluation Practices.
- 4.Experiential learning
- 5.POSH Training

## EDUCATORS CONCLAVE MIT BY HONA'BLE DISTRICT COLLECTOR, CHH. SAMBHAJINAGAR





## EDUCATORS CONCLAVE MIT BY HONA'BLE DISTRICT COLLECTOR, CHH. SAMBHAJINAGAR























# ACHIEVEMENTS AND RECOGNITION

In conclusion, I am proud to emphasize that our school is committed to delivering a holistic education that nurtures academic excellence, personal skill development, and strong character. This dedication has been recognized by Athos Edu Solutions, who awarded us the prestigious MIMANSA Award for being the Best School in Holistic Development Programs for students. This accolade serves as another feather in the cap of our school, further highlighting our continued efforts in shaping well-rounded individuals.





# MIMAMSA A PRINCIPAL'S CONCLAVE & AWARD 2025 - MUMBAI





Podar International Schools was awarded as the Most Respected Education Brand in India 2024-25 by Education World



Podar International School was awarded the Most Trusted Brands of India 2024-25 by Marksmen Daily



Podar Education Network has been recognised as the Best Education Brands 2024 by The Economic Times



School with best holistic development for student Mimamsa school award 2025





# THANK YOU

