

PIS Davanagere | **Smart Parenting: Advice Checklist**

- ✓ **♥ Heart First, Logic Later:** Don't just give orders. Explain how their actions affect you and others emotionally (e.g., "It worries me because I care about your safety").
- ✓ **Check the "Signal":** Never advise when you or the child is angry. Wait for the "cool-down" period so that the child's mind is open to listening.
- ✓ **Be a Partner, Not a Boss:** Use "We" instead of "You." (e.g., "Let's find a solution together").
- ✓ **Private Correction:** Always correct mistakes in private. Never shame or criticize them in front of guests or relatives.
- ✓ **📢 Public Praise:** Celebrate their efforts and small wins in front of others to build their self-esteem.
- ✓ **🚫 No Comparisons:** Avoid mentioning other children (like "Ramesh next door"). Focus only on your child's unique strengths.
- ✓ **🎯 One Issue at a Time:** Don't bring up a list of past mistakes. Stay focused on the current problem and keep it brief.
- ✓ **★ Praise the Effort:** Acknowledge how hard they are trying, even if the result (like marks) isn't perfect yet.
- ✓ **Have Patience:** Change doesn't happen in a day. Be prepared to repeat your guidance gently multiple times.
- ✓ **💡 Show the Way:** Don't just say "Stop doing that." Tell them what they *should* be doing instead and offer to help them start.

**“To be in our children’s memories tomorrow,
we have to be in their lives today.”**



Together Let's Build the Future of our Children.



Disclaimer: Above content is for educational purposes only; not a substitute for professional, medical or psychological advice.

With Regards,
Principal and Podar Team of PIS Davanagere