



July 2025

HEALERS, HEROES AND HUMANITY

PIS Nashik organises Investiture Ceremony

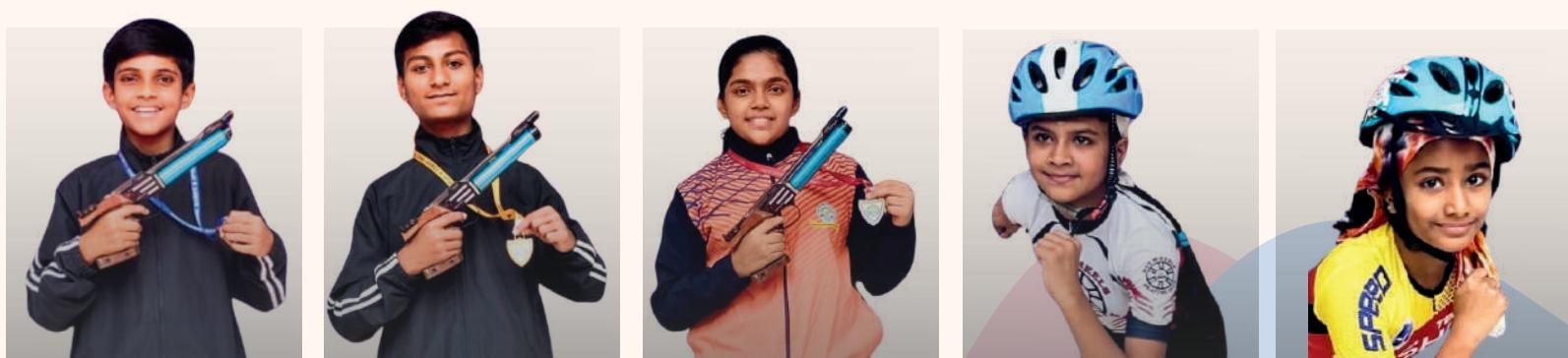


Podar International School Tapovan, Nashik organised Investiture Ceremony with great enthusiasm, pride, and a strong sense of responsibility. The event marked a significant occasion in the school calendar, celebrating the formal installation of the newly elected student council for the academic year. The oath-taking ceremony

was a moment of inspiration, as the council members pledged to discharge their duties with dedication and uphold the school's ideals. The atmosphere was electric with excitement, cheers, and applause from fellow students and proud parents in attendance. The Investiture Ceremony not only celebrated the democratic process through which the student leaders were chosen but also instilled in them a sense of purpose and commitment. The event concluded with the national anthem and a renewed sense of unity among the student body.

Indeed, the day reflected the spirit of Podar International School - nurturing young leaders with vision, courage, and compassion.

CISCE SPORTS ACHIEVERS



Students from Podar International School (ICSE), Nashik, have demonstrated exceptional talent and dedication at the recent CISCE Zonal Level Competitions held at various locations in Nashik. In Air Pistol Shooting, three students brought laurels to the school. Mast. Satvik Sonawane (Grade VIII) secured a Bronze Medal in the U-14 Boys category, while Mast. Devendra Ambekar (Grade IX) also won a Bronze Medal in the U-17 Boys category. The competitions were held at Ashoka School, Arjun Nagar. Adding to the accolades in the same sport, Ms. Mansi Sonawane, also from Grade VIII, secured the Second position in the Air Pistol Shooting (U-14 Girls) category at the competition held at Ashoka Universal, Chandsi. Meanwhile, in Skating, Ms. Dhakshayani Nair (Grade VI) showcased remarkable skill by securing the First

PIS Nashik bags First Prize in Inter-School Group Singing Competition



Podar International School, Nashik, has brought immense pride to the city by securing the first position in the Inter-School Patriotic Group Singing Competition organized by Shri Swami Narayan English Medium School, Nashik, as part of the Sadguru Vandana Mahotsav. The event, held on 30th July 2025, witnessed enthusiastic participation from 30 schools across Nashik, making the victory even more commendable. The talented choir, comprising Ms. Ovee Suryawanshi, Radnyi Rothe, Nooriya Sayyad, Arvika Kulkarni, Jaishnavi Ghuge, Anandi Sonawane, Arnav Alte, Ekaksh Bhor, and Arush Shewale, delivered a mesmerizing performance that won the hearts of the judges and audience alike. Their harmonious rendition of patriotic songs earned them a cash prize of ₹5,000 and widespread acclaim. Adding to the school's glory, Ms. Arvika Kulkarni also secured a Consolation Prize worth ₹1,000 in the Solo Singing Category, showcasing her exceptional vocal talent. The success was made possible under the expert guidance of mentors Ms. Jai Saraf and Mr. Roshan Nikam, whose dedication and rigorous training played a pivotal role in shaping the students' performance.

Rank in Inline Track Rink III (500 mtr) and Rank IV (1000 mtr). Ms. Minal Manannavar (Grade IV) also performed commendably, securing the Second Rank in Quad Rink I (500 mtr) and Quad Rink II (1000 mtr). These skating events were part of the CISCE Zonal (H) Skating Competition 2025, hosted by Ashoka Universal School, Nashik.

The Principal and staff of Podar International School (ICSE), Nashik, have expressed immense pride in the achievements of these young athletes and congratulated them on their success. These victories are a testament to the students' hard work, the guidance of their coaches, and the support of the school in promoting sports and excellence.

"Way to go..."

Ashadi Ekadashi Celebration

Podar International School came alive with devotion and culture as we celebrated Ashadi Ekadashi with great enthusiasm and spiritual fervor! Students showcased their talent and reverence through vibrant dance performances, a heart-touching skit, soulful songs, and impactful speeches highlighting the significance of this sacred day. The event beautifully reflected the essence of Warkari tradition and the spirit of devotion towards Lord Vitthal. A big thank you to our students and teachers for making this celebration memorable and meaningful.

Podar Prep conducts First Portfolio Meet

The first Portfolio Meet at Podar Prep Nashik was successfully conducted, providing parents with a valuable opportunity to engage one-on-one with teachers and discuss their child's progress.

The event was designed to foster meaningful conversations between parents and educators, addressing concerns and celebrating achievements to support each child's growth throughout the academic year. During the meet, parents were presented with their child's Holistic Progress Card—a comprehensive assessment portfolio file that documents developmental milestones, academic progress, and teacher observations.

Parents expressed their appreciation for the initiative, praising the school's efforts in meticulously recording each child's learning journey. The Portfolio Meet not only strengthened the parent-teacher partnership but also reinforced Podar Prep's commitment to holistic education.

P. I. E. Organises Convocation Ceremony

Podar Institute of Education at Podar Prep, Tapovan Road, Nashik, celebrated the Convocation Ceremony of the 2024-25 batch of Podar Institute of Education, Nashik, on Wednesday, 30th July 2025, at the school premises. A total of 12 learners were awarded their ECCEd & A diplomas during the event.

The ceremony commenced with the National Anthem, followed by the lighting of the ceremonial lamp, a welcome address, and a speech by the Headmistress, Ms. Jayanthi Subramanian. In her address, she congratulated the learners and appreciated their dedication and perseverance.

The Chief Guest for the ceremony was Dr. Manohar Mahajan, Principal of Podar International School, Nashik. A certified master trainer in teacher education, Dr. Mahajan commended the learners for their hard work and shared valuable insights on the roles and responsibilities of early childhood educators. He also extended his best wishes for their future endeavors.

The learners were then felicitated with certificates and took the Teacher's Oath, affirming their commitment to the profession. Dr. Swati Popat Vats, Director of Podar Institute of Education, also conveyed her heartfelt congratulations to the graduating batch.

Parachute Play @ Podar Prep

"Success is where preparation and opportunity meet"

Healers, Heroes & Humanity

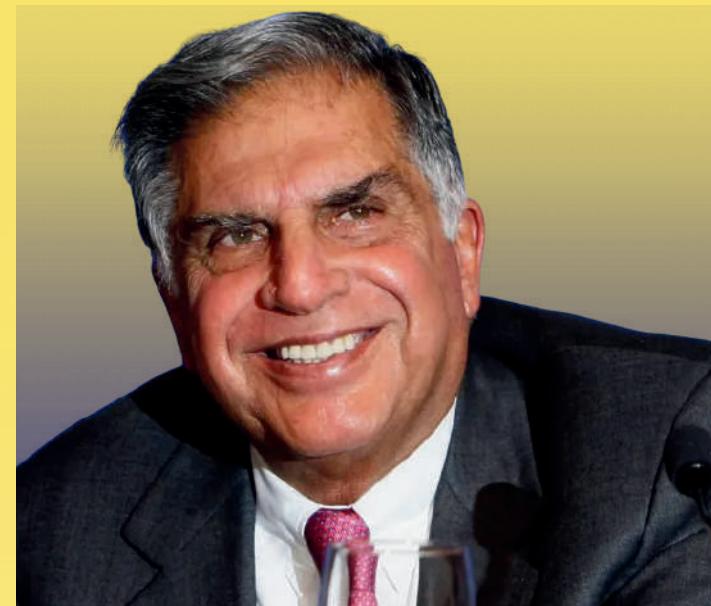
Healers come with smiling face,
Helping others with love and grace.
Doctors, nurses, day and night,
Make us feel better, make things right.
Heroes stand both strong and tall,
Ready to help when troubles call.
Brave in heart, they never fear,
Keeping us safe, always near.
Humanity is love and care,
Being kind and always fair.
Helping people, big
or small,
Spreading goodness
to one and all.

Shanaya Agrawal
IV Akash



The Visionary Titan : RATAN TATA

Ratan Tata is a symbol of integrity and purpose in a profit-driven world. He is known for his hard work and compassion, earning



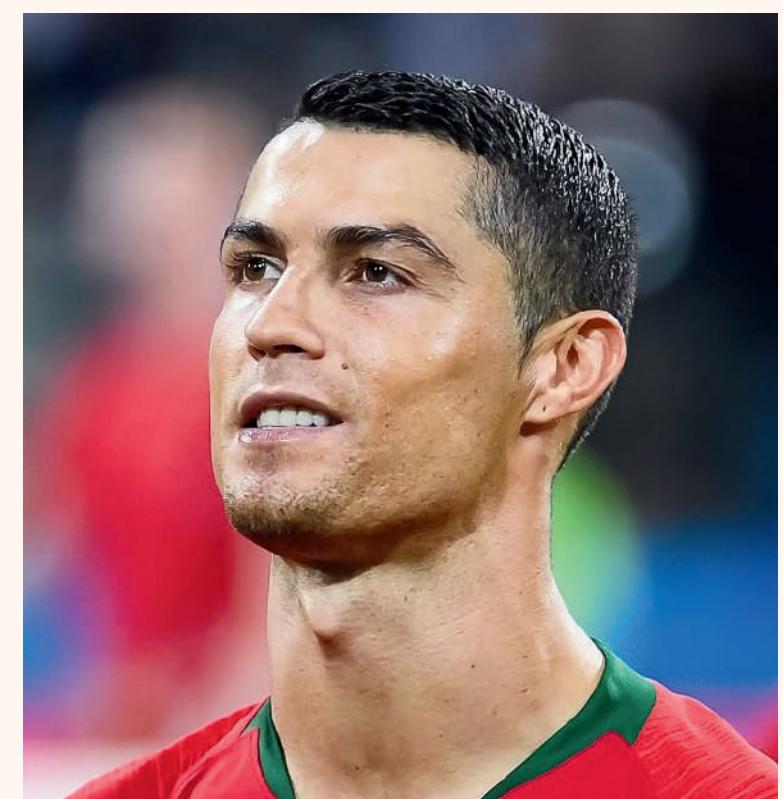
Ratan Tata is a respect beyond his famous family name. As the former chairman of the Tata Group, he led the company to global success while prioritizing ethics and humanity. He launched the affordable Tata Nano and acquired iconic brands like Jaguar and Rover with thoughtful intentions. Tata's deep empathy and philanthropy stand out as he consistently prioritized people over profit and supported social causes during crises. Ratan Tata embodies qualities that make him a great leader, an exceptional thinker, and above all, exemplary human.

Ratan Tata embodies qualities that make him a great leader, an exceptional thinker, and above all, exemplary human.

Ms. Pooja Agrawal, Parent

Cristiano Ronaldo: A Modern-Day Hero

Cristiano Ronaldo is not just a footballer; he is a symbol of hard work, dedication, and excellence. Born on February 5, 1985, in Madeira, Portugal, Ronaldo's journey from a small island to the grand stages of world



Cristiano Ronaldo is football is nothing short of heroic. He embodies the spirit of resilience, overcoming poverty and criticism to become one of the greatest athletes of all time. What makes Ronaldo a hero is not just his countless trophies or records, but his attitude toward life and his influence off the field. He is known for his relentless discipline, rigorous training, and unwavering focus.

Off the pitch, Ronaldo is also a humanitarian. He has donated millions to children's hospitals, funded surgeries for ill children, and supported disaster relief efforts.

To many young people, including myself, Ronaldo represents what is possible when you combine talent with effort. He teaches us to never give up, to believe in ourselves, and to work harder than anyone else to achieve our dreams. Whether scoring goals or helping those in need, Cristiano Ronaldo is a true hero of our time.

Harsh Navgire
VIII Topaz



Florence Nightingale is considered the founder of modern nursing, and her work during the Crimean War led to significant improvements in healthcare.

"Believe you can and you are half way there"

माणुसकी

दयाळूपणाच्या छोट्या कृतींची मोठी ताकद



आपल्या दैनंदिन जीवनात आपण कितीतरी गोष्टी करत असतो – शाळा, अभ्यास, खेळ, स्पर्धा. पण याच दरम्यान काही वेळेस अशी संधी येते की जिथे आपण आपल्या छोट्या कृतीने एखाद्याचा दिवस उजळवू शकतो. हीच गोष्ट म्हणजे माणुसकी, आणि त्यातून व्यक्त होणारी दयाळूपणाची शक्ती. कधी कधी वाटतं की मोठं काही केल्याशिवाय समाज बदलत नाही. पण खरं पाहिलं तर एक छोटीशी दयाळू कृतीही एखाद्याच्या आयुष्यात मोठा बदल घडवू शकते.

माझ्या वर्गतील एका विद्यार्थ्याची वही हरवली होती. तो खूप चिंतेत होता. मी त्याला माझी जुनी वही दिली. त्याच्या चेहऱ्यावरचे हास्य पाहून माझ्या मनाला समाधान मिळालं. ती काही मोठी गोष्ट नक्ती, पण त्याच्यासाठी ती खूप मोलाची ठरली. हीच माणुसकीची खरी ताकद आहे – कुणाच्या चेहऱ्यावर हास्य फुलवणं. अशा असंख्य लहान कृती आपण रोज करू शकतो – अपंग व्यक्तीला मदतीचा हात देणे, झाडांना पाणी घालणे, अन्न वाया न घालणे आणि गरजूंसोबत वाटणे. हे छोटे वाटणारे कृतीचे कण आपल्या माणुसकीचे मोठे रूप घडवतात. आजच्या तणावग्रस्त जगात एकमेकांच्या भावना समजून घेणं खूप महत्त्वाचं आहे. दयाळूपण ही कमजोरी नसून तीच आपल्या व्यक्तिमत्त्वाची खरी ताकद असते.

श्रुती आजलकर - ८ वी पर्ल

Dear Doctor....

My name is Sonika and I am in second standard. I study in Podar International School. I want to say a big thank you to you. You made my tooth feel better. I was very scared before, but you were so kind and gentle. You made me smile again without pain. I liked the chair that goes up and down. Thank you for giving me a gift every time I come. I love the toys that you have given to me after every visit. You always make me happy. I will always brush my teeth properly. You are the best dentist in the whole world!

Thank you,

Doctor!

With love,

Sonika Patil,
II Litchi



QUIZ TIME

“

Who is known as the "Father of Medicine"?

- A) Hippocrates
- B) Florence Nightingale
- C) Albert Schweitzer

”

"In the world where you can be anything, be kind"

My Experience of "Daadi Maa Ke Gharelu Nuskhe"

If I had to narrate one of the incidents of so called "healers", I would like to share my experience...One day, after light rain, I decided to play cricket with some friends on the damp ground outside my house. Things were going great until I slipped while trying to catch a ball and hurt my head. I went home, feeling bummed out, and my grandma, Aaji, came to the rescue. She whipped up a homemade remedy using aloe vera, turmeric, and water, then carefully applied it to my bruise. After a few days, I was feeling much better and was back to playing cricket again, thanks to my grandma's amazing healing technique!

Savya Vaishnav - VIII Pearl



The Kneeling Mother

After a massive earthquake devastated Japan, rescue teams rushed to help amid the destruction. In a collapsed house, a team found a woman in a kneeling position, lifeless but shielding a small bundle beneath her. This bundle was a three-month-old baby, miraculously alive thanks to the mother's sacrifice. The unit leader felt compelled to dig deeper despite the efficiency required in such situations, discovering the infant and igniting a sense of renewed purpose in the team.



The baby was quickly taken to a medical unit, where Dr. Arisato, a caring pediatrician, examined her. While inspecting the baby, a folded note fell out, which read, "If you can survive, remember that I love you." This heartfelt message highlighted the depth of a mother's love and became a symbol of hope and resilience for everyone involved, proving that even in dark times, life and love can endure.

Aadishree Pagar - IX Venus

Mental health is like a car's engine; it drives everything we do, even if we don't notice it daily.

- It affects our thoughts, feelings, and how we interact with others.
- Good mental health helps us handle stress, connect with people, and chase our goals.
- Neglecting it can make even simple tasks feel overwhelming.
- Talking openly about mental health helps break the stigma and encourages seeking support.

Trupti Muddalkar, Teacher



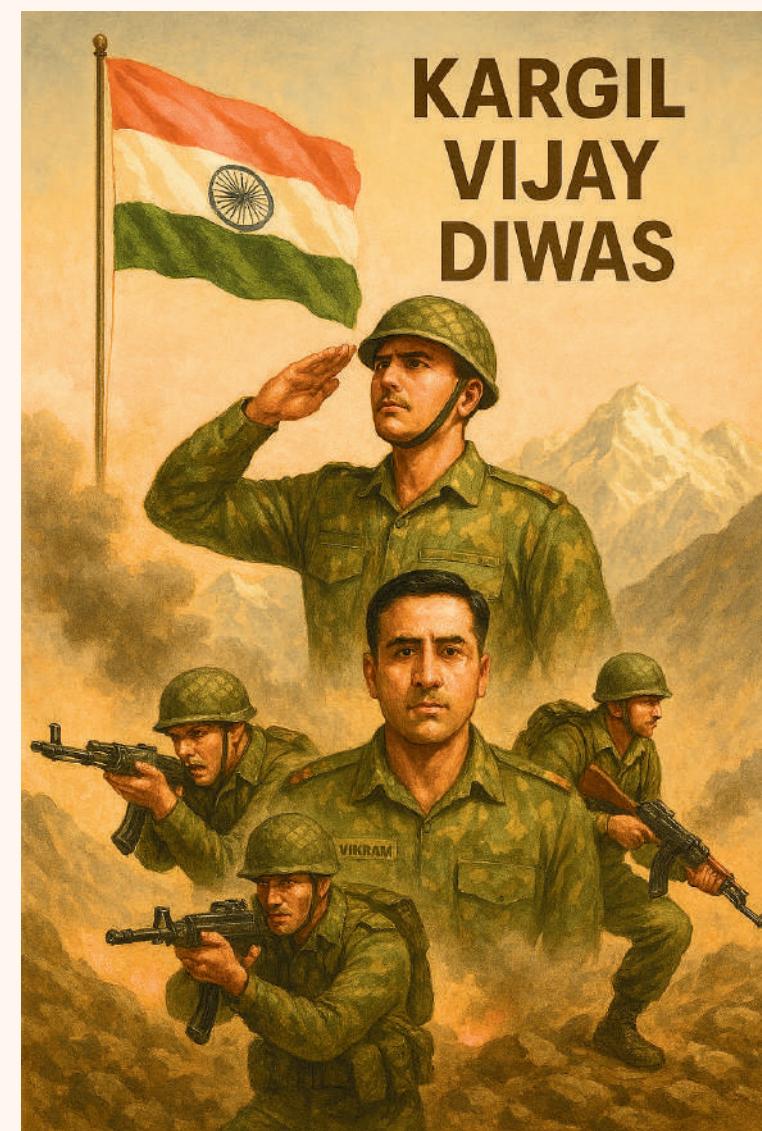
"Healing yourself is connected with healing others"

कारगिल विजय दिवस

कारगिल विजय दिवस हर साल २६ जुलाई को मनाया जाता है। यह दिन भारत के शूरवीर सैनिकों की वीरता, साहस और बलिदान को नमन करने का दिन हैं। इन शूरवीरोंने १९९९ में कारगिल युद्ध में पाकिस्तान की सेना को पराजित करके भारत की भूमि पुनः प्राप्त किया।

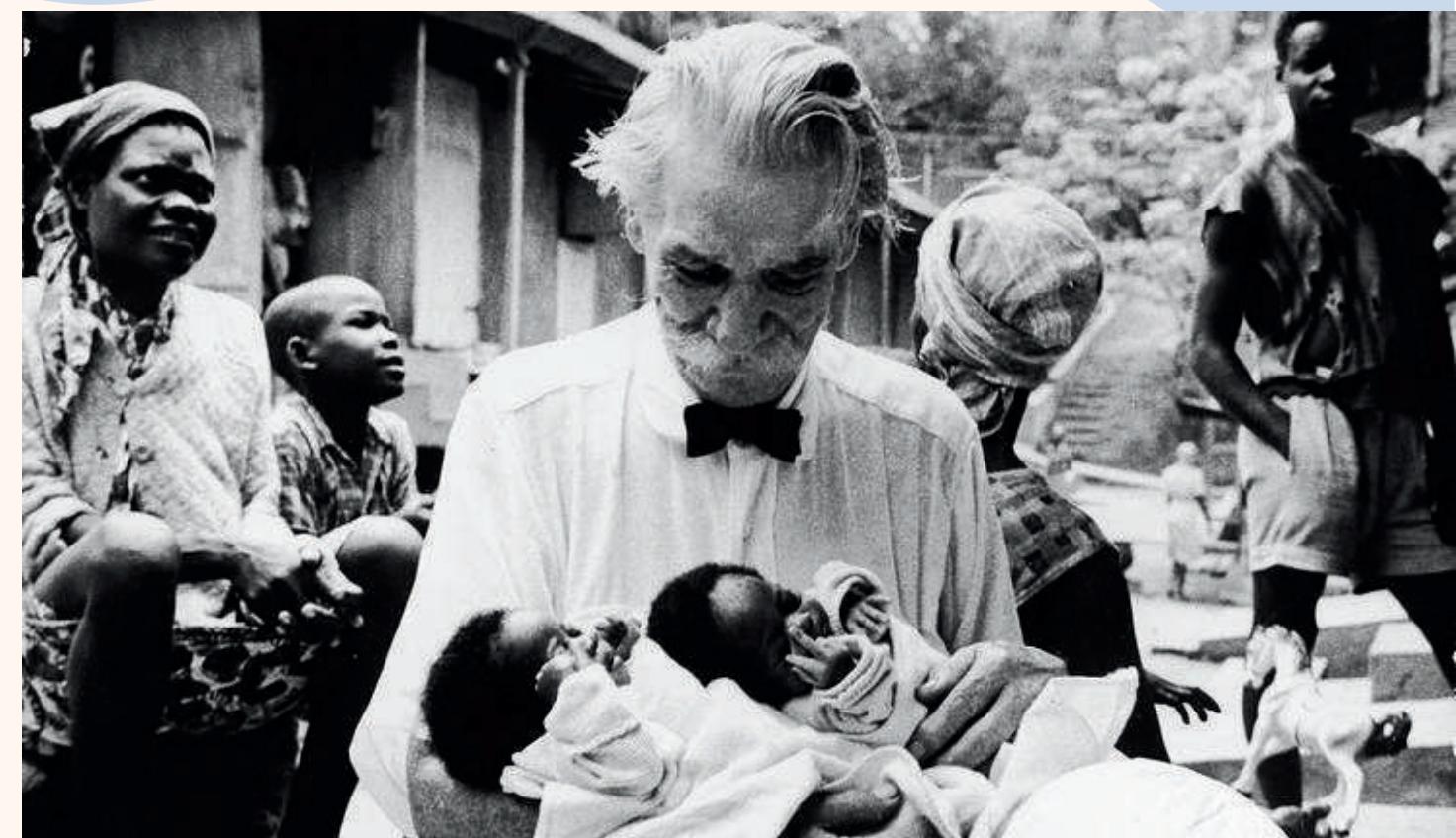
कारगिल विजय दिवस हर साल २६ जुलाई को मनाया जाता है। यह युद्ध मई १९९९ में शुरू हुआ था। पाकिस्तान के सैनिकों ने जम्मू-कश्मीर के कारगिल सेक्टर पर कब्जा करने की कोशिश की थी। उन्होंने चुपके से भारतीय क्षेत्र में घुसकर, वहाँ बंकर बना लिया था, जब यह बात भारतीय सैनिकों को पता चली तब उन्होंने ऑपरेशन विजय शुरू किया। यह ऑपरेशन दो महीने चला था। हमारे कई वीर जवानोंने उनके प्राण गवाए, पर पीछे नहीं हटे। कैप्टन विक्रम बत्रा, लेफ्टिनेंट मनोज कुमार पांडे, ग्रेनेडियर योगेंद्र सिंह यादव जैसे अनेक सैनिकों ने अपने शौर्य का प्रदर्शन किया और हमें विजय दिलाई थी। यह दिन हमें यह सिखाता है कि देश की सुरक्षा के लिए हमारे जवान हर परिस्थिति में तैयार रहते हैं। हमें उनके बलिदान को कभी नहीं भूलना चाहिए और हमेशा उनके प्रति सम्मान और गर्व की भावना रखनी चाहिए।

जय हिंद !! वंदे मातरम् !!



स्वरा कुलकर्णी - ८ पर्ल

Did You Know?



Albert Schweitzer (1875-1965) was a German-French theologian, musician, and medical missionary who dedicated his life to serving others. After achieving success as a Bach scholar and organist, he trained as a doctor and established a hospital in Lambaréne, Gabon (1913), where he worked for decades under challenging conditions. His philosophy of "Reverence for Life" and humanitarian efforts earned him the 1952 Nobel Peace Prize. Schweitzer's hospital remains operational today, symbolizing his enduring legacy of compassion.

Aryan Ahire - VII

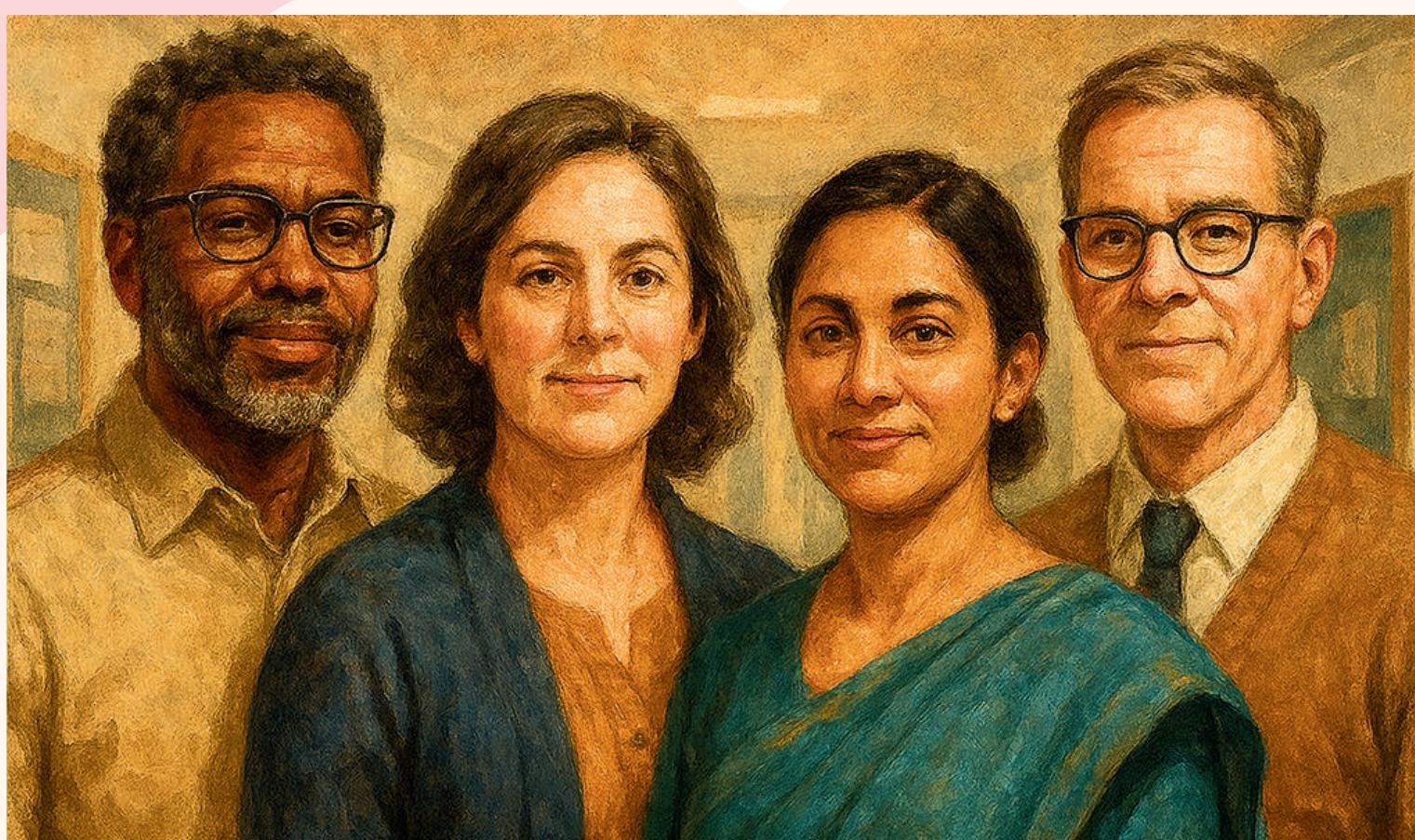


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दुनिया की सबसे शुद्ध जगह ग्रीनलैंड है। ग्रीनलैंड में शुद्ध हवा और पानी है। ग्रीनलैंड दुनिया की सबसे कम आबादी वाले देशों में से एक है, और वहाँ बहुत कम कारें और उद्योग हैं। एक वेबसाइट के अनुसार, आप वहाँ गहरी सांस ले सकते हैं और किसी भी नदी या झरने का पानी बिना फिल्टर किए पी सकते हैं। ग्रीनलैंड हमारे ग्रह पर पीने के पानी के सबसे स्वच्छ स्रोतों में से एक ग्रीनलैंड में स्थित है। यह पानी कभी न पिघलने वाली बर्फ की परत से आता है जो पृथकी के सबसे बड़े द्वीप के 80% क्षेत्र को ढकती है।

"Be brave, Be strong, Be fearless."

Our Unsung Heroes!



I'm not quite sure how to start this thank-you note because how do you express gratitude to someone who has had such a profound impact on your life with just chalk, markers, and unwavering support? You aren't just teachers; you're healers who mend both mistakes and insecurities. You show up every day, regardless of our tardiness or homework forgetfulness, embodying kindness and patience. You helped me understand that mistakes are a part of learning and always pushed me to reach my true potential, even when I doubted myself. I appreciate your attention when I was struggling and your ability to laugh with us instead of at us. You never gave up on us, even when we felt like giving up on ourselves. Because of you, I speak clearly, think kindly, and act responsibly today. You might not wear capes, but you are true superheroes in my eyes. This letter is my way of saying thank you for everything, always. With endless respect and a bit of mischief.

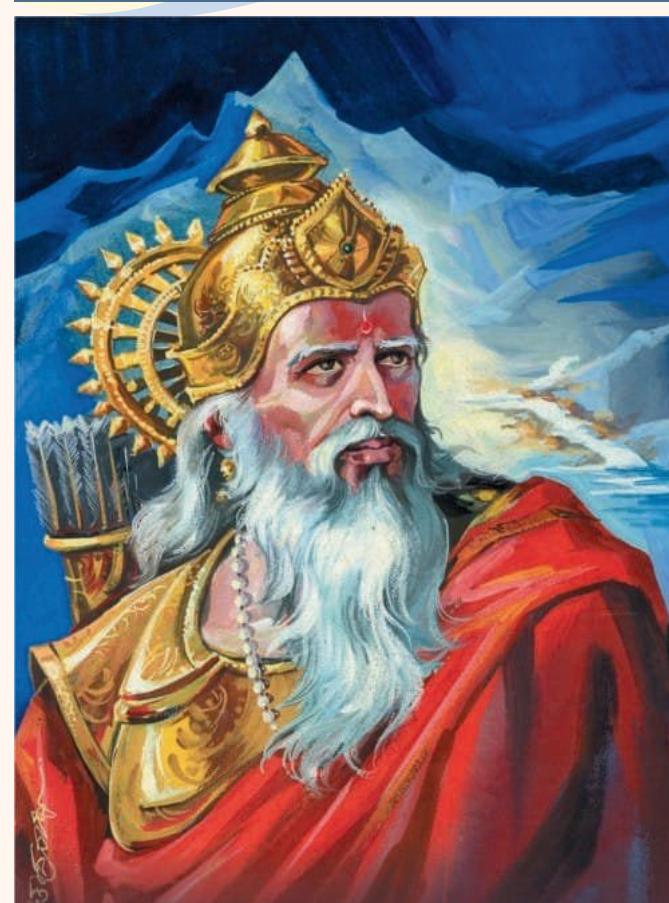
Nitya Kshirsagar - VIII Pearl



Riddle Time!

"Our power is great,
our bodies are frail.
What am I, tested when
kindness prevails?"

Bhishma Pitamah

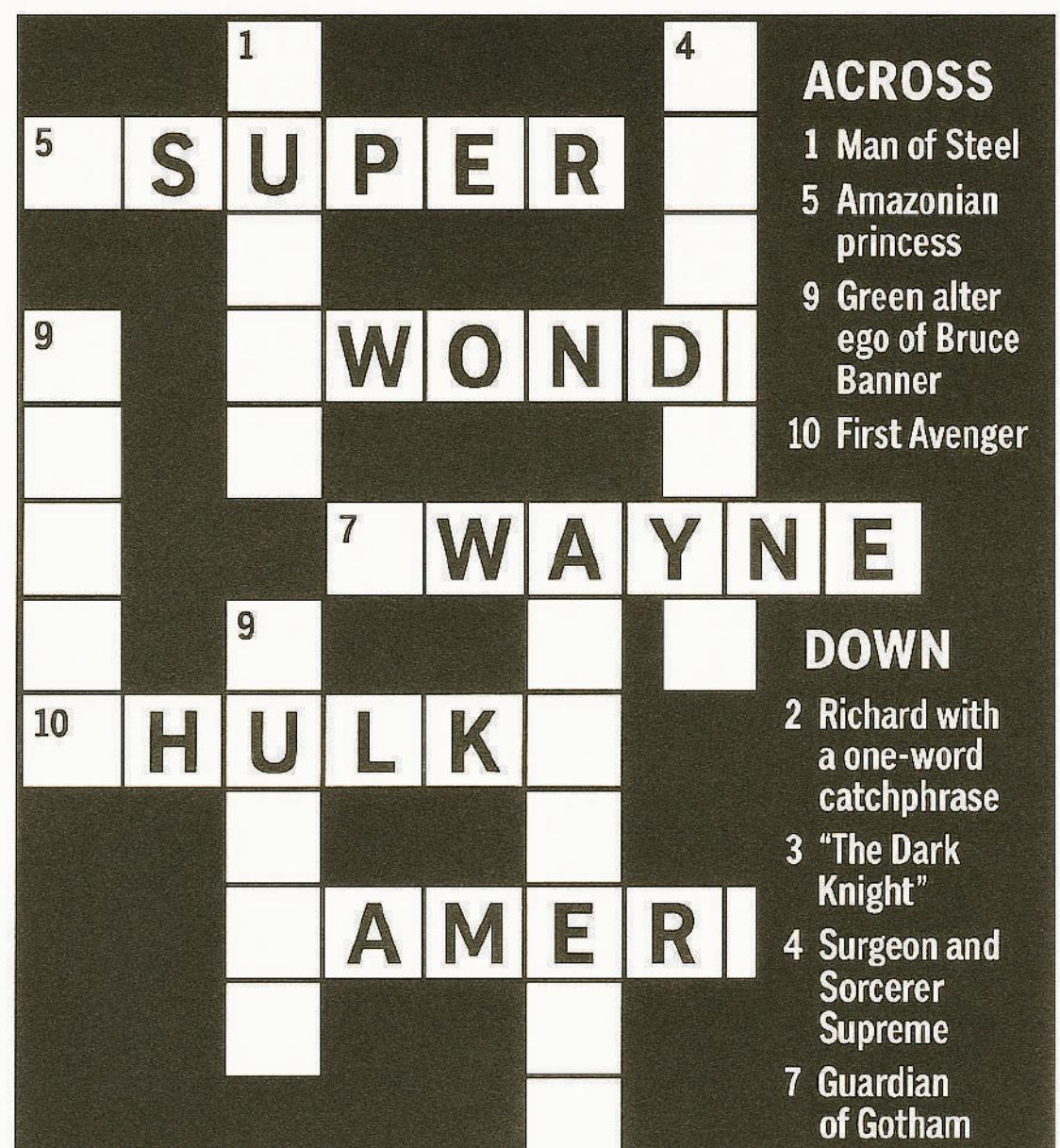


In the great epic Mahabharata, Bhishma Pitamah stands out as a symbol of strength, sacrifice, and compassion. Born Devavrata to the river goddess Ganga and King Shantanu, he chose a life of celibacy and renounced his

claim to the throne, becoming known as Bhishma, which means "the one who took a terrible vow." His bravery wasn't just in warfare; it was in his unwavering commitment to dharma, even when it meant fighting against the beloved Pandavas. Bhishma epitomized heroism through his wisdom and desire for peace, seeking to heal the rift between the Kauravas and Pandavas and offering guidance on kingship and compassion in his final moments. His legacy reminds us that true heroism includes understanding and making sacrifices for others, highlighting the need for both strength and kindness in our world. We could all use a little more Bhishma in our lives!

Daksh Laddha - X Ramanujan

SUPERHEROES AND COMIC BOOK DOCTORS



॥श्रीमद्भगवद्गीता ॥

श्रीमद्भगवद्गीता, जिसे गीता भी कहा जाता है, जो भगवान कृष्ण और अर्जुन के बीच हुए संवादों का संग्रह है। यह युद्ध के मैदान में भगवान कृष्ण द्वारा अर्जुन को दिए गए उपदेशों का संग्रह है, जो कर्म, धर्म, और ज्ञान के बारे में गहरी बातें सिखाते हैं। कुछ अध्याय और उसके भावार्थ कुछ इसप्रकार हैं।

Chapter 6 - Connect to the higher consciousness daily. हमेशा उच्च चेतना के साथ तालमेल में रहें। **Chapter 7** - Live what you learn. जो सीखा उसका अभ्यास करो। **Chapter 8** Never give up on yourself. हार मत मानो और पीछे मत हटो। **Chapter 9** - Value your blessings. आपको प्राप्त आशीर्वाद की सराहना करें। **Chapter 10** - See divinity all around. अपने चारों ओर दिव्यता को महसूस करें।

Nitu Agnihotri, Teacher



"Let your faith be bigger than your fear"

QUIZ TIME

What is the term for a person who helps others without expecting anything in return?

- A) Altruist
- B) Humanitarian
- C) Philanthropist



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