

INTERVIEW WITH MISS JEENA KARAM (IV JAL)

Q1) Who gave you inspiration for such a good act of charity?

Ans: My mother, my father and my brother are the most inspiring people around me. They motivated me to take part in habitat for humanity.

Q2) How did your parents support you in collecting such a huge amount?

Ans: My parents always taught me to be helpful and kind. When we got this opportunity they just told me to go forward with it.

Q3) What are you feeling after lending a helping hand to the needy?

Ans: It's indeed a great feeling. I am happy to be kind and helpful to people who actually need help. I just wanted to do the best I could do, and I feel I have succeeded in it. I call this as one of my greatest achievement.

Q4) Was the help only from your family members or there from outside sources also?

Ans: Yes, I collected 4000 rupees from all my relatives and I also got a marvelous collection of 1200 rupees from our society people. In all, the help from so many could help me to get the highest of 5,200 rupees.

Q5) So, will you continue the same in the future if you get a golden opportunity like this?

Ans: Yes, for sure. I would like to get involved in such activities in future too and also ask others to get involved in such activities.



- Rutuja Arun More X Aryabhata

EDITORIAL TEAM FOR SEPTEMBER

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“Nothing is impossible, the word itself says ‘I’m possible’!”

—Audrey Hepburn

CHILD DEVELOPMENT: ROLE OF TEACHERS AND PARENTS

The concept of child development is neither concise nor precise and lacks clarity. The basic questions are what is a child? What is child development? Child is a stage in life and not a parking lot to get into the future. Development is the function of learning, adapting and changing. Role of teachers and parents in child development is very important. Among the greatest of all services that can be rendered by men to Almighty God, is the education and training of children, so that they can foster by grace in the way of salvation, growing like pearls of divine bounty in the shell of education and will be one day the jewel in the crown of abiding glory.

An effective teacher understands that teaching involves wearing multiple hats to ensure that the school day runs smoothly and all students receive a quality education. While the teacher acts as the primary educator, that doesn't mean that the parent doesn't have a role in the learning process. When both worked together effectively, child becomes self-confidence, self-esteem and initiative.



- Pratibha Patil

समय का सदुपयोग

काल करै सो आज कर, आज करै सो अब।
फल में परलै होयगी, बहुरि करेगा कब ॥

उपर्युक्त पंक्तियां समय की महत्ता को बताती हैं। समय ही सफलता की कुंजी है। विकास की राह में समय की बरबादी ही सबसे बड़ा शत्रु है। एक बार हाथ से निकला हुआ समय कभी वापस नहीं आता है। हमारा बहुमूल्य वर्तमान क्रमशः भूत बन जाता है जो कभी वापस नहीं आता। सत्य कहावत है कि बीता हुआ समय और बोले हुए शब्द कभी वापस नहीं आ सकते। हमें किसी भी काम को कल पर नहीं टालना चाहिए क्योंकि आज का काम कल पर और कल का काम परसों पर टालने से काम अधिक हो जायेगा। बासी काम, बासी भोजन की तरह अरुचिकर हो जायेगा। जिस प्रकार धन के बदले में इच्छित वस्तुएँ खरीदी जा सकती हैं, उसी प्रकार समय के बदले में भी विद्या, बुद्धि, लक्ष्मी, कीर्ति, आरोग्य, सुख - शांति, मुक्ति आदि जो भी वस्तु रुचिकर हो खरीदी जा सकती है। ईश्वर ने समय रुपी प्रचुर धन देकर मनुष्य को पृथ्वी पर भेजा है और निर्देश दिया है कि इसके बदले में संसार की जो वस्तु रुचिकर समझे खरीद ले। समय जैसे बहुमूल्य धन को सोने-चाँदी की तरह रखा नहीं जा सकता क्योंकि समय तो गतिमान है।

विद्यार्थी जीवन में ही मनुष्य अपने भावी जीवन की तैयारी करता है। मानसिक और शारीरिक रूप से अपने को सक्षम बनाता है जो व्यक्ति इस काल का सदुपयोग न करके अन्य कार्यों में व्यस्त होता है, वह अपने जीवन में असफल हो जाता है। ऐसा व्यक्ति कोई भी काम ठीक प्रकार से नहीं कर पाता। सफलता उससे दूर भागती है। उसका भावी जीवन कठिनाइयों का शिकार हो जाता है। समय के सदुपयोग न करने से मन चंचल हो जाता है। जो व्यक्ति इस काल में समय का सदुपयोग करता है, उसका भावी जीवन संकट हीन बनता है। वह उन्नति के मार्ग पर निरंतर बढ़ता जाता है। विजय उसके चरण चूमती है। समय के सदुपयोग से कई लाभ हैं। जीवन उन्नत मार्ग पर अग्रसर होता है। जीवन में समन्वय होता है। पारिवारिक जीवन सुख-शान्ति से विकसित होता है। जीवन में शान्ति मिलती है। समाज में आदर होता है। जीवन में उन्नति और सफलता की कुंजी समय का सदुपयोग ही है। प्रत्येक मनुष्य को चाहिए कि वह अपने समय का सदुपयोग करके जीवनको सही मार्ग पर ले चले और अपने भावी जीवन को सुखमय बनाकर देश की प्रगति में भागीदार बनें। किसी ने ठीक ही कहा है -

समय के साथ चल प्यारे ।
नहीं तो हाथ मल प्यारे ॥
समय बलवान सुन प्यारे ।
“प्रखर” इससे सभी हारे ॥



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“I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.” — Maya Angelou

जीवन लक्ष्य

जिसका कोई लक्ष्य नहीं
उसका जीवन स्वच्छ नहीं
लक्ष्य हीन भटकता है।
आंखों में खटकता है।
जिसमें है लक्ष्य साधा
राह में है न बाधा
अर्जुन में थी प्रखर मेघा
तभी तो उसने लक्ष्य भेदा
लक्ष्य में है ध्येय निष्ठा
कोई अग्रज न कनिष्ठ
जो होते कृति दक्ष
धन्य होता जीवन लक्ष्य
सरस्वती का है लक्ष्य
जग को देना नैतिक शिक्षा
प्यारे भैया गुरु बिन स्वयं
लेते है गुरु दीक्षा
जीवन के चार सच
धर्म अर्थ काम मोक्ष
है जीवन का अन्तिम लक्ष्य।

- अंशु पंडित सातवीं न्यूटन

RIYA'S UNIQUE TALENT

From earlier times, English subject is taught strictly in schools. So every child knows English alphabets. But English alphabets, that too in reverse order!

A 10 year old girl named Riya Darshan Wani, studying in grade 7th of PIS Nashik, hailing from an educated family was blessed with an amazing talent right from the age of 3. She could speak alphabets from A to Z in reverse order. She is now a winner of many competitions held in school for this remarkable talent. She can speak Z to A, 15 times in just one minute without taking a break. And also numbers from 100 to 1, reverse tables, spell anyone's name reverse. She gives the credit of this astounding talent to her family, friends and relatives.

- Riya Wani VII Kalam

FRIENDSHIP



When you look at me, I feel I'm fine,
When you call me, I feel I'm good,
When you ask me, I feel I'm intelligent,
When you see me, I feel I'm beautiful,
When you give me a smile, I feel I'm happy,
And finally when you are not with me, I feel I'm nothing!

- Ayman Khan VIII Ruby

वचन से दूर बहुत दूर हुए हम।

छीनकर खिलौनों को बाँट दिया गम।
वचन से दूर बहुत दूर हुए हम।

अच्छी तरह से अभी पढ़ना न आया
कपड़ों का अपने बदलना न आया।
लाद दिए वस्ते हैं भारीभरकम
वचन से दूर बहुत दूर हुए हम।

अंग्रेजी शब्दों का पढ़ना
घर आके दिया हुआ काम निवटना
होमवर्क करने में फूल जाए दम।
वचन से दूर बहुत दूर हुए हम।

देकर के थपकी न माँ मुझे सुलाती
दादी भी अब कहानियाँ नहीं सुनाती
विलग्न रही कैद बनी जीवन सरगम।
वचन से दूर बहुत दूर हुए हम।

इतने कठिन विषय कि छूटे पसीना
रार्तदिन किताबों को घोटघोट पीना
उस पर भी नम्बर आते हैं बहुत कम

भचपन से दूर बहुत दूर हुए हम।

- अनिशा जोंधाले आठवीं रूबी

‘भारत माझा देश आहे’

‘भारत माझा देश आहे’ असे आपण नेहमी म्हणत असतो. परंतु या भारत देशाची आणि या देशाच्या इतिहासाची जाणीव कोणाला आहे का?

या देशाचा इतिहास हा संघर्षवादी असा इतिहास आहे. अनेक कांतिवीरांनी आपल्या प्राणांची आहुती देऊन तसेच महापुरुषांनी आपले हित न पाहता या देशातील जुन्या रूढी परंपरा जातीभेद असे अनेक महाभयंकार आजार मुळापासून नष्ट करण्यासाठी या महापुरुषांनी संघर्ष केला. मनुष्याला माणुसकीची जाणीव करून दिली शिक्षणाचा प्रसार केला. परंतु आज कोणालाही या महान वीरांच्या संघर्षाची जाणीव राहिलेली नाही.

भगतसिंग, सुखदेव, राजगुरु, चंद्रशेखर आझाद या सारख्या अनेक महान कांतिवीरांनी आपल्या प्राणाची आहुती देऊन गोंया इंग्रजांपासून आपली सुटका केली. आता इंग्रजांपासून आपली सुटका कोण करणार?

या प्रश्नाचं उत्तर आपल्याकडेच आहे.....

विचार करा अंधश्रद्धेच्या दिशेने आणि देवांवर अवलंबून राहू नका. वाईट विचारात बदल करा आणि विज्ञानाच्या दिशेने धावणारा भारत उभा करा. जय भारत !...

- आनंद वाझुलकर आठवीं रूबी

उन्हाळा माझ्या आवडीचा!

तुमचा आवडता ऋतु कोणता? असं विचारलं तर आपल्यापैकी अनेकांचं अगदी हमखास उत्तर असतं पावसाळो. रंगात रंगवुन टाकणारा निसर्गाला सुंदर हिरव्या सृष्टीचं देखणं रूप दाखवुन तिच्या प्रेमात पडायला लावणारा आणि मनुष्यप्राण्यासहित सगळ्या चराचर सृष्टीत एक चैतन्य निर्माण करणारा पावसाळा सुंदर ऋतु. या प्रश्नाचं उत्तर अनेक जण थंडी असंही देतील. बोचरी पण तन नि मन उल्हासित करणारी थंडी पण माझं उत्तर याहुन वेगळ आहे. मला आवडतो तो उन्हाळो. आता लेक त्याच्या नावानं कितीही बोटं मोडत असताना दिसले तरी मला मात्र उन्हाळाच पसंत आहे. कदाचित असं असेल की माझ्या लहानपणीच्या अनेक आठवणी उन्हाळ्याशीच निगडीत आहेत म्हणुनही वाढलेल्या तापमानाबरोबर उन्हाळ्याची सुट ! उन्हाळा घेऊन येणारा अंग भाजुन काढत असला तरी कलिंगड खरबुज संत्री अशी सुंदरसुंदर फळं चाखविणारा वेगवेळ्या प्रकारची सरबतं फळांचे रस शरीराला थंडावा देत असे. नंतर पंख्याखाली काढलेल्या त्या झोपा क्रिकेटचे डाव संपले की तातडीने बाहेर येण्या गाद्यांवर लोळुन वाचलेली ती गोष्टीची पुस्तके उन्हाळ्याच्या या स्मृती किती रमणीय आहे!

- आशुतोष पाचवी ब्रह्मोस

“Whether you think you can or you think you can't, you're right.”

— Henry Ford

Experiences- Movie Screening

As the part of the theme-‘Explorers and Adventurers’, the students at Podar International School, Nashik were shown the movies relating to exploring and adventuring where they experienced the adventures and thrill through the characters of the films. The movies that were shown to the students as per the grades are:

- Grade I :- Jake and the Neverland Pirates – Season 2
- Grade II :- Jake and the Neverland Pirates – Season 2
- Grade III :- Scooby Doo Pirates Ahoy
- Grade IV :- Scooby Doo Pirates Ahoy
- Grade V :- Scooby Doo Pirates Ahoy
- Grade VI :- Scooby Doo Pirates Ahoy
- Grade VII :- Treasure Island
- Grade VIII :- Treasure Island

- Tejas Morkar (X)



GYNAECOLOGICAL ASSOCIATION INTERACTS WITH GIRLS AT PODAR..!!



We aren't aware of the girl power. We cannot imagine what wonders a girl can bring to her family. She has immense power of which the world is not aware of. So shouldn't she be given some attention and told about her importance? She faces many problems till she transforms into a woman but she is never given the care she needs. But Podar cares for its each and every girl child present in the school.

So on 25th of August, Gynaecological association of Nasik, visited our school and discussed various problems faced by girls in their teenage. The interaction was very useful as the doctors even gave the solution for controlling our emotions, anger, and concentrating on our studies. Sessions for 9th and 10th were held separately while sessions for girls of STD 6th, 7th, 8th were held separately. These sessions were really helpful and made us aware of the mistakes we do. We also got the solutions and we even applied them. Our Principal sir heartily thanked them for their contribution. I wish such sessions are held in every school of our country so that a girl is made aware of her powers..!

- Miss Amisha Shirgave X Ramanujan

HABITAT FOR HUMANITY!

Every human deserves a home. Despite that many live on streets. The ‘Habitat for Humanity’ association works for the same cause. This month they were at our school educating the students and making them aware about the conditions of some poor Indians unable to afford homes. Their campaign came in with a slogan, ‘Rupee for a change’. They screened various videos and there was a question-answer session. The winners were given prizes. The children too got to contribute and show their feelings for the needy. The students donated a certain sum of money as per their likings and presented their art works. This instilled a feeling of realization of the good in our lives among the students of standard 3rd to 7th. This event took place at Podar International School on 25th August.

- Vijay Somwanshi X Aryabhata



“Perfection is not attainable, but if we chase perfection we can catch excellence.”

— Vince Lombardi

HINDI DIVAS CELEBRATIONS!

Hindi, the national language of our country India is one of the most detailed languages by my view. It holds a great deal of tradition. Hindi is now on the verge of becoming one of the official languages of the UN. This month we celebrated the Hindi Divas. At Podar International School, we do not miss a thing, nor did we miss this auspicious day to celebrate the language of languages, 'Hindi'.

There was a special assembly held during which the children were made aware about the Hindi language. The theme during this activity was 'Young Explorers'. After all the class periods, students from class 1 to class 8 were given a zero period during which class wise activities were conducted by the respective teachers.

- Vijay Somwanshi X Aryabhata



HOUSE COMPETITION

Let's Set Sail!

In the theme of 'Explorers and Adventurers' a House competition was conducted through a wall talk. All the four houses participated and students of all the houses contributed to their display boards bringing to light the 'Most adventurous places of the World. Ventus House was adjudged as the best house for the competition.

- Vijay Somwanshi X Aryabhata



LITTLE EXPLORERS DAY.

Various themes in school result in an all round growth of the child. Some people believe that themes shape the students in becoming more wiser citizens of the country. This month at Podar International School, the theme was 'Explorers and Adventurers'. A special day conducted called "Little Explorers Day", wherein the students depicted the various explorers of the world. There were classwise activities as well. The excitement showcased by the students proved the fact that this theme was the best at Podar International School. We hope for much more exciting themes in the coming future.

- Vijay Somwanshi X Aryabhata



JANMASHTAMI

Krishna Janmashtami, also known as Krishnashtami, is an annual celebration of the birth of the Hindu deity, Krishna, the eighth avatar of Vishnu. This auspicious day was celebrated at Podar International School, Nashik with great enthusiasm. The Govindas of the school created a human pyramid and carried out the celebration of the Dahi Handi. To add on to the delight, the drummers played the melodious beats of their drums. All the students, from class 1st to class 10th enjoyed the merriment of the day on the school playground.

- Tejas Morkar (X)



"Life is 10% what happens to me and 90% of how I react to it."

— Charles Swindoll

INTER SCHOOL DEBATE COMPETITION HELD AT PIS, NASHIK

Various activities in school ensure the complete growth of the child. A Debate is one of them. It leads to progressive arguments resulting in a conclusion best suited for time. One such event was organized by Mrs. Edna Fernandes at Podar International School where 11 schools participated. The topic for the debate was, 'A sound Health & Education system ensures a nation's security more than military strength'. Judged by two very capable men, Mr. Shubhash Chandra Sood and Col. Sampath Gopalan the program started by lighting the lamp. All of a sudden, there was zest of excitement among the participants. One by one after the students gave their speeches; they were given a break and taken to the cafeteria after which the results were to be announced. Certainly the best wins... Sacred Heart convent high school were declared the winners and the runner ups was the Wisdom High International School. All participants left with a smile on 'cause that day cert everybody got to learn something.

- Vijay Somwanshi X Aryabhata



WE LOVE YOU TEACHERS...!!



“The aim of education is the knowledge, not of facts, but of values.” As

we all know that teaching is the only profession which creates all other professions. The person may be great but the value of teacher in his life is even greater. A teacher is the one who works selflessly and gives out her best to the student but never takes the credit. We the students of PIS, Nashik are proud to have such teachers at our school for whom a day is not enough to thank. This year teacher's day was celebrated for three days in our school starting from 3rd of September.

The students from grade one to grade ten gave wonderful performances in the assembly, thanking all the teachers for always being there with them. There were dances, acts, songs, stunts performed marvelously by the students. At the end of the program our very own Principal sir thanked all the students for their efforts and promised to return the same on children's day.

We the students of grade tenth are in the last year of our school life and wanted to thank all the teachers specially for making us capable and for preparing us for the challenges ahead. On 4th of September, students of grade ten presented a short and sweet program which was enjoyed by everyone. It even brought tears into our eyes as we celebrated the last teacher's day in our school life.

Then on 5th of September, there was a holiday for all the students. Teachers came to school and enjoyed themselves on their day. They had a short program among themselves which included dance, songs and games. At the end, all the teachers received a gift from the school for their selfless contribution to the school.

- Miss Amisha Shirgave X Ramanujan



“If you look at what you have in life, you'll always have more. If you look at what you don't have in life, you'll never have enough.” — Oprah Winfrey

RESPECT YOUR ELDERS



In today's society, and at younger and younger ages, people are increasingly horrified by the rude attitude and foul language used by young people of all ages. From the five year old who defiantly puts her hands on her hips, lifts one eyebrow and

declares to her mother, "you're stupid, and I don't have to do what you say" to the four letter words that erupt from the mouths of teenagers, lack of respect for one's elders appears to be increasingly prevalent. How then do we engage (or even demand) the respect of our children? And how do we encourage them to show respect to others as well?

A wise man once said "Respect is something you have to have in order to get." Let's take a look at what, exactly, that phrase means and how we, as parents, can put it to practical use in order to garner respect and improve our relationship with our children. So, how can we make this practical? What are the things that parents can do to feel respectful towards their children and to communicate that respect on a daily basis? If you need to work on feeling more respectful towards your children, try the following:

* Separate who your child is from his behaviour. Even when your child misbehaves, understand that he is always a human being and as such deserves respect even if his behaviour requires that you discipline him.

* Make a list of your child's strengths. Avoid naming the things.



- Manasi Bapat

AMAZING FACTS YOU DON'T KNOW ABOUT YOUR BODY



We hang out with our body all the time so we tend to take them for granted but if you stop and think about everything your body does you just might consider how great it is.

- (1) Cracking sound of knuckles, neck and other joints is made by bubbles popping in your joints fluid
- (2) Just one drop of blood contains 10,000 white blood cell and 250,000 platelets
- (3) Your brain is very wrinkly organ! If you spread it out your brain would be about a size of a pillow
- (4) Our liver has an amazing ability to grow back if a part of it is injured in any accident
- (5) Your salivary glands produce 3-6 cups(1.5l)of saliva in a bay
- (6) About 10,000 human cells can fit on the head of a pin



Smita Chawhan
Parent of Srushti Chawhan IX Venus

"Remember no one can make you feel inferior without your consent."

— Eleanor Roosevelt

PODAR INTERNATIONAL SCHOOL, NASHIK STUDENT'S ACHIEVEMENT AUGUST 2015

AKANSHA SHINDE

EVENT :- Judo

POSITION :- Participation

STD :- 6thPARTICIPATED IN :- 1st National Judo
ChampionshipORGANISED BY :- Judo federation of
India

(Vijayawada), Andhra Pradesh.

**MOHHAMAD HASAN ANSARI**

EVENT :- Karate

POSITION :- 3rd (Bronze)STD :- 7thPARTICIPATED IN :- Independence cup
All India Invitation karate championshipORGANISED BY :- World funakoshi
shotokan karate, Nashik

DISTRICT :- Nashik

**AKANSHA SHELKE**

EVENT :- Football Tennis

POSITION :- 1st (Gold)STD :- 5thPARTICIPATED IN :- District Sports
Office (DSO) CompetitionORGANISED BY :- Chatrapati shivaji
stadium, C.B.S Nashik

DISTRICT :- Nashik

**BALMEET SINGH**

EVENT :- Karate

POSITION :- 2nd (Sliver)STD :- 6thPARTICIPATED IN :- Independence cup
All India Invitation karate championshipORGANISED BY :- World funakoshi
shotokan karate, Nashik

DISTRICT :- Nashik

**SNEHAL SINGH**

EVENT :- Karate

POSITION :- 2nd (Sliver)STD :- 7thPARTICIPATED IN :- Independence cup
All India Invitation karate championshipORGANISED BY :- World funakoshi
shotokan karate, Nashik

DISTRICT :- Nashik

**SHLOK DAHAKE**

EVENT :- Skating (Quads)

POSITION :- 1st (Gold)STD :- 2ndPARTICIPATED IN :- Monsoon District
roller skating championship Nashik 2015ORGANISED BY :- District roller skating
Association, Nashik

DISTRICT :- Nashik

**DHRUVI THAKKAR**

EVENT :- Karate

POSITION :- 2nd (Sliver)STD :- 8thPARTICIPATED IN :- Independence cup
All India Invitation karate championshipORGANISED BY :- World funakoshi
shotokan karate, Nashik

DISTRICT :- Nashik

**ARCHIT SAMEL**

EVENT :- Skating (Quads)

POSITION :- 2nd (Sliver)STD :- 2ndPARTICIPATED IN :- Monsoon District
roller skating championship Nashik 2015ORGANISED BY :- District roller skating
Association, Nashik

DISTRICT :- Nashik

**JAI NAIDU**

EVENT :- Karate

POSITION :- 2nd (Sliver)STD :- 2ndPARTICIPATED IN :- Nashik District
karate CompetitionORGANISED BY :- Nashik District karate
Association, Nashik

DISTRICT :- Nashik

