

**PODAR INTERNATIONAL SCHOOL**

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**PODAR**  
INTERNATIONAL SCHOOL

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**Birthday Celebration Guidelines – A Sustainable and Meaningful Approach**

Dear Parents,

Warm greetings from Podar International School!

As you are aware, our students have begun presenting morning assemblies based on the Sustainable Development Goals (SDGs). In continuation of this meaningful initiative, and as per our previous circular where the distribution of chocolates and toffees was made optional, we now propose a more value-driven and environmentally conscious way of celebrating birthdays at school.

We encourage you to guide your child to celebrate their special day by engaging in constructive, sustainable, and thoughtful actions, such as:

-  Bringing and planting a sapling in the school garden, with their name and date tagged on it.
-  Donating storybooks to the class library or friends.
-  Contributing to the needy (such as stationery, clothes, or food items).

We believe this shift will help our children learn about the value of giving, environmental responsibility, and compassion – principles that align with our school's core values and the global vision of sustainability.

Henceforth, we request that students refrain from distributing chocolates, toffees, or return gifts on their birthdays in school.

Let's work together to instill in our children the joy of meaningful celebrations that make a difference in the world around them.

We sincerely seek your cooperation and support in this noble endeavor.

Warm regards,

Principal