

PODAR INTERNATIONAL SCHOOL

Behind ACC Cement Warehouse,
Shambhupatti, Tajpur Road,
Samastipur - 848 129

Tel.: 63664 37882 / 89280 78976

E-mail: principal.samastipur@podar.org

www.podareducation.org



PODAR
INTERNATIONAL SCHOOL

Ref No: PIS/Cir/2025-26/0004

Date: 31/03/2025

Sustainable Birthday Celebration Policy

At Podar International School, Samastipur, we believe in celebrating special moments while being mindful of our environment and promoting values of sustainability, simplicity, and inclusivity. To ensure birthday celebrations align with these principles, we have established the following guidelines:

1. **No cakes, candies, or packaged sweets** – Students are encouraged to celebrate their birthdays in an eco-friendly and meaningful way rather than distributing chocolates, cakes, or packaged sweets.
2. **Sustainable gift options** – Instead of distributing return gifts, students may donate a book, plant, or stationery item to the class library or to an underprivileged child. Handwritten notes or a simple thank-you card promoting kindness and gratitude are encouraged.
3. **Simple & meaningful celebration** – The birthday child may wear decent casual clothes. The school will acknowledge the birthday by announcing the student's name in the classroom by their class teacher and singing a collective birthday song in class.
4. **Green practices** – No plastic decorations, balloons, or wrapping papers will be allowed, as they contribute to environmental pollution. Any birthday-related activity should promote zero waste, such as planting a sapling or pledging an act of kindness.
5. **Healthy eating culture** – Instead of chocolates or sweets, students may distribute fruits, dry fruits, or healthy snacks in minimal or biodegradable packaging if they wish.
6. **Birthday bums are strictly prohibited** – Any form of physical mischief or rough behavior in the name of celebration will not be tolerated, and strict disciplinary action will be taken.
7. **Community contribution** – Families who wish to celebrate their child's birthday in a meaningful way can donate to the school's social initiatives, such as books for the library, educational kits, or resources for students in need.

Warm Regards,
Principal